

HEALTH PROMOTION IN MIDWIFERY

Principles and Practice

FOURTH EDITION



Edited by
**Jan Bowden and
Sam Bassett**



Health Promotion Principles And Practice

Angela Scriven



Health Promotion Principles And Practice:

Principles and Practice of Health Promotion and Public Health Sally Robinson, 2022-12-30 *Principles and Practice of Health Promotion and Public Health* brings together the disciplines and fields of study that inform the work of promoting health into one book and provides many examples of practice. It starts with understanding ourselves and our health and continues with chapters on working in health promotion and public health, epidemiology, research methods and evidence based practice, health psychology, communicating health, health education, health promotion, public health, health protection, arts and health, tackling tobacco, alcohol and drugs, tackling overweight, promoting health in workplaces and promoting health within the National Health Service. Together these communicate the core principles of how to prevent disease and promote health when working with individuals, communities and populations in any country across the world. The book focusses on adults' health and includes international and UK examples. *Principles and Practice of Health Promotion and Public Health* complements *Priorities for Health Promotion and Public Health* published in 2021. Both are core texts for those studying health promotion or public health and supplementary texts for students of healthcare and social care. They are ideal for public health practitioners and members of the wider public health workforce. **Health Promotion** Rachael Dixey, 2013 Health promotion is a key mechanism in tackling the foremost health challenges faced by developing and developed nations. Covering key concepts, theory and practical aspects, this textbook focuses on the themes central to contemporary health promotion practice on a global scale. Social determinants, equality and equity, policy and health working in partnerships, sustainability, evaluation and evidence based practice are detailed and the critical application of health promotion to practice is outlined throughout the book. *Health Promotion Settings* Angela Scriven, Margaret Hodgins, 2011-11-11 *Health Promotion Settings* combines the theoretical discourse of the settings approach covering a wide range of fundamental principles, concepts and policy issues with real life examples of settings including workplaces, schools, neighbourhood, cities and prisons. Frameworks and processes that are actively shaping health promotion in settings in the 21st Century are documented and the ideas and research covered will provide a vital set of indicators for those who promote health in settings. Combining theory with practical examples and case studies, the authors show how a settings approach can work in practice drawing on a range of local, national and international initiatives and coordinated projects. *Health Promotion Settings* provides a rich source of ideas and case examples which highlight the challenges for promoting health in a range of contexts. Special attention is given to the workplace as both a priority area for health promotion and a key determinant of health. Written by a highly experienced team of health promotion and public health professionals, academics and researchers, this book is essential reading for both students and practitioners working towards the improvement of health using a settings approach. Online Resources are provided. **Health Promotion** Mary-Louise Fleming, 2020-07-16 An excellent introduction to the theory and practice of health promotion in a developed country such as Australia. From the foreword by Professor

Brian Oldenburg This widely used text offers a comprehensive overview of the field of health promotion Drawing on current Australian and international research the authors provide a detailed review of health promotion principles They demonstrate how these principles fit into the broader public health context and how they can be integrated into practice in a range of settings including the workplace schools rural communities Indigenous communities and health care organisations The authors also include a step by step guide to program management from planning to evaluation This third edition includes new material on the use of evidence in health promotion practice and on the increasing importance of an ecological perspective The text has been fully revised with new data and case studies and planning models have been updated to reflect current practice Health Promotion is an essential text for students and a valuable resource for health professionals

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Health Promotion in Midwifery Jan Bowden, Sam Bassett, 2024-11-29 The fourth edition of Health Promotion in Midwifery explores the principles of health promotion within the practical context of midwifery It clearly outlines and discusses the midwife's role in health promotion linking theory and practice This thoroughly updated new edition considers recent changes and developments in midwifery practice and public health It explores essential topics such as infant feeding smoking mental health behaviour change models for health promotion violence and abuse and sexual health promotion and includes seven entirely new chapters These new additions reflect the need to improve inequalities in care for service users from a range of backgrounds such as for clients from racially diverse communities clients from the LGBT communities and migrant and displaced clients Further chapters such as those looking at public health in a global world vaccinations in pregnancy and self care for midwives meet needs highlighted by the recent pandemic and its aftermath Text boxes

throughout ensure the text is accessible and user friendly and case studies and summaries put the material in a practical context Further reading sections encourage readers to further research and reflection on their own practice This textbook is essential reading for all midwives student midwives health visitors and other health care professionals in maternity care education and practice

Health Promotion MARY-LOUISE. PARKER FLEMING (ELIZABETH.), Professor Elizabeth Parker, Edd MSW Ba, 2021-03-31 An excellent introduction to the theory and practice of health promotion in a developed country such as Australia From the foreword by Professor Brian Oldenburg This widely used text offers a comprehensive overview of the field of health promotion Drawing on current Australian and international research the authors provide a detailed review of health promotion principles They demonstrate how these principles fit into the broader public health context and how they can be integrated into practice in a range of settings including the workplace schools rural communities Indigenous communities and health care organisations The authors also include a step by step guide to program management from planning to evaluation This third edition includes new material on the use of evidence in health promotion practice and on the increasing importance of an ecological perspective The text has been fully revised with new data and case studies and planning models have been updated to reflect current practice Health Promotion is an essential text for students and a valuable resource for health professionals

Nursing for Public Health: Promotion, Principles and Practice Paul Linsley, Roslyn Kane, Sara Owen, 2011-02-17 Nursing for Public Health reflects the growing need for all nurses to promote the health of patients as well as treating illnesses This textbook examines core policies theories and models of public health alongside nursing skills and interventions for health issues such as obesity smoking and sexual health

Health Promotion Ruth Cross, Sally Foster, Ivy O'Neil, Simon Rowlands, Louise Warwick-Booth, James Woodall, 2020-12-07 Health promotion is a key mechanism in tackling the foremost health challenges faced by developing and developed nations Covering key concepts theory and practical aspects this new edition continues to focus on the themes central to health promotion practice worldwide Social determinants equality and equity policy and health working in partnerships sustainability evaluation and evidence based practice are detailed and the critical application of health promotion to practice is outlined throughout the book Beginning with the foundations of this important area in this new edition the authors then place greater emphasis on the role of power within health and communities Drawing upon international settings and teaching experience in the global North and South it finishes with a summary of the future directions of professional health promotion practice Placing a strong emphasis on a global context this book provides an accessible and engaging resource for postgraduate students of health promotion public health nursing and related subjects health practitioners and NGOs

Health Promotion in Midwifery Jan Bowden, Vicky Manning, 2016-11-25 Health Promotion in Midwifery explores the principles of health promotion within the practical context of midwifery It clearly outlines and discusses the midwife s role in health promotion linking theory and practice The third edition of this evidence based text covers essential topics such as breastfeeding

smoking mental health behaviour change and sexual health promotion and includes new chapters on healthy eating in pregnancy pelvic floor health during the childbearing years and violence against women All the chapters are updated and some are completely rewritten to reflect recent changes and developments in midwifery practice Text boxes make the text accessible and user friendly and case studies and summaries put the material in practical context Additional readings encourage readers to further research and reflection on their own practice This textbook is essential reading for midwives and health visitors in education and practice

Health Promotion in Midwifery 2nd Edition Jan Bowden, 2017-07-27 Health Promotion in Midwifery has been fully revised and updated for this expanded new edition exploring the principles of health promotion within the practical context of midwifery It clearly outlines and discusses the midwife's role in health promotion making it essential reading for all students and practicing midwives as well as clinical practitioners

Principles of Health Education and Promotion Randall R. Cottrell, Denise Seabert, Caile Spear, James F. McKenzie, 2021-10-11 Principles and Foundations of Health Education and Promotion provides readers with a solid foundation in the history philosophy theory and ethics of health education Considered the best overall introduction to the growing field of health education and promotion the text connects fundamental topics to research resources and practitioners It covers the roles and responsibilities of health education specialists potential occupational settings and the ethics that inform professional decisions Looking at the past present and future of health care and health education and promotion the book features discussions of recent health reforms the evolving professional landscape the use of social media in health promotion and much more

Health Promotion Jackie Green, Ruth Cross, James Woodall, Keith Tones, 2019-01-26 Globally recognized as the definitive text on health promotion this fourth edition becomes ever more useful for public health and health promotion courses around the world It offers a firm foundation in health promotion before helping you to understand the process of planning implementing and assessing programmes in the real world New to the 4th Edition A chapter on Evidence Based Health Promotion addressing the development of an evidence base for health promotion Expanded coverage of health inequalities equity and social exclusion Further discussion of mental health promotion and well being Key concepts are now highlighted and explained throughout the book Critical reflection boxes have been added to help the reader think critically about an issue or approach The book is supported by online resources with up to 20 original case studies from around the world access to full SAGE journal articles and seminar questions for lecturers

International Handbook of Teaching and Learning in Health Promotion Marco Akerman, Ana Claudia Camargo Gonçalves Germani, 2022-06-22 This international handbook brings together researchers and teachers from 25 countries of the five continents to share their experiences of teaching health promotion in undergraduate and graduate courses related to different health professions Chapter authors share teaching methodologies used in classes discuss the competencies students need to learn and indicate research opportunities Readers will be provided with real world examples of empowering participatory holistic intersectoral equitable and sustainable

teaching learning strategies that aim to improve health and reduce health inequities This handbook was edited by an editorial board formed by 12 members of the International Union for Health Promotion and Education IUHPE from seven countries Brazil Belgium Canada Israel New Zealand Taiwan and UK and includes 45 chapters organized in seven thematic sections each one dedicated to a different aspect of the process of teaching and learning health promotion The health promotion curriculum Making health promotion relevant to practice Pedagogies for health promotion Special topics for health promotion Health promotion assessment and quality assurance Health promotion as a transformational practice Students reflections The International Handbook of Teaching and Learning in Health Promotion Practices and Reflections from Around the World aims to encourage a dialogue between teaching and learning practices carried out locally and the possibilities of replicating these experiences globally recognizing cultural differences and similarities This handbook is intended for a wide range of readers including education and training providers health professionals and health care students Due to its intersectoral and interdisciplinary approach it will also be of interest to teachers and students in other fields of the Social Sciences such as Urban Planning Social Work Public Policy International Relations and Population Studies

Essentials of Health Promotion James Woodall, Ruth Cross, 2021-10-06 A complete one stop shop for any student of health promotion How to improve and protect public health is one of the biggest questions facing the 21st century and this book exists to help tackle it head on Setting out the What Why When Who Where and How of health promotion across 20 bite sized chapters It explores the full range of theories context and strategies that influence contemporary health promotion Key features Comprehensive coverage all facets of health promotion introduced and explained Combines the theoretical with the practical knowledge blended with the key skills and attributes needed for effective health promotion Extensive range of global case studies read about the enormous range of possibilities and creative ways health promotion can be achieved This is the ideal textbook for any undergraduate or pre registration student starting their health promotion or public health journey It provides a complete package of information that will lay the groundwork for your learning and future practice and will help you succeed with assignments essays and exams [Promoting Health: A Practical Guide - E-Book](#) Angela Scriven, 2017-06-30 Promoting Health A Practical Guide continues to offer health promotion workers with an essential guide to day to day planning and service delivery in a variety of different areas of practice Describes the international and national strategies and movements that have emerged to reduce inequalities in health Examines the concept of need and provides tools to assist in the identification of health promotion needs Contains almost 50 exercises and 20 Case Studies to engage readers and reinforce learning Describes the knowledge and skills required to draw on evidence undertake research and use various techniques to inform and prioritise health promotion practice Shows how to ensure that health promotion work contributes to local and national strategies Looks at the concept of value for money via learning ways of thinking based in health economics Shows how to develop key skills that include information management report writing time management

project management and change management Looks at the effectiveness of good communication skills and emphasises the importance of establishing high quality professional relationships Provides practical guidance on the preparation of communication tools which range from leaflets posters and display boards to the use of radio and television Describes changes to the structure and organisation of public health within the UK including the latest national standards for work in health promotion and public health Outlines new research on the comparative effectiveness of different approaches to health promotion and public health practice Explores the development of public health communication strategies including social marketing social media campaigns and use of pressure groups and nudging Highlights the latest current thinking across a variety of different settings to ensure relevance to a broad array of practitioners working across differing settings Explores the increasing use of the internet to help individuals monitor and support their own wellbeing

Introduction to Public Health Mary Louise Fleming, Louise Baldwin, 2023-07-01 An understanding of public health the systems policies and theories that influence the health of the population is important for decision making across the continuum of care Introduction to Public Health provides a solid introduction to the key concepts of public health for undergraduate health science students and those new to the public health environment The text is divided into four sections covering an overview of public health the impact of policy and evidence public health strategies and contemporary issues With contributions from a multidisciplinary range of experts this fifth edition has been updated to include emerging public health challenges such as COVID 19 the impact of globalisation wellbeing and chronic illnesses as well as a clear understanding of the multidisciplinary nature of public health Positions public health concepts within an Australian and global context Fully updated to reflect current public health policy and environment Concise and accessible content is chunked for easy navigation Chapter case studies and examples to help illustrate key points Reflection opportunities to deliver maximum learning Written by experts from various public health specialties providing a broad multidisciplinary perspective Suitable for undergraduate health science courses and a range of postgraduate health science courses including Graduate Certificate Diploma and Masters in Public Health Health Service Management and Health Administration Accompanied by a suite of video interviews with local experts to provide local public health context Student resources on Evolve Student quiz Instructor resources on Evolve Case studies reflection questions Video interviews Image bank New chapter about infectious diseases and COVID 19 Emerging public health issues including social and emotional wellbeing especially amongst young Australians global health and contemporary challenges facing public health Contemporary methods for planning and sustaining public health approaches

Health Promotion in Medical Education Ann Wylie, Tangerine Holt, 2018-05-08 Health promotion has been a relatively overlooked area in modern medical and health professional vocational curricula This practical and informative book aims to redress the balance towards health promotion being a visible integrated curricular component with agreed principles on quality in health promotion teaching across various faculties Experienced and enthusiastic writers with expertise in health

promotion public health and medical education explore how curricular structures can accommodate the discipline providing examples of teaching sessions and methods of teaching health promotion within integrated curricula Do not fear another dry discussion of how to stop patients smoking This book takes a stimulatingly lateral view of the scope of the subject goes a very long way to showing why it is essential to medical education and gives good advice on how to support and develop both the subject and its tutors in today s medical schools From the Foreword by Amanda Howe *Health Promotion in Midwifery 2nd Edition: Principles and practice* Jan Bowden,Vicky Manning,2006-02-24 Health Promotion in Midwifery explores the principles of health promotion within the practical context of midwifery It clearly outlines and discusses the midwife s role in health promotion making it essential reading for all student and practising midwives as well as clinical practitioners Emphasizing the link between theory and practice the second edition incorporates chapters on domestic violence sexual health breastfeeding and mental health promotion Text boxes make the text accessible and user friendly and case studies and summaries put the material in practical context Additional readings encourage readers to further research and reflection on their own practice Throughout the book the importance of the role of the midwife in health promotion is emphasized This second edition brings together contributions from a variety of experienced practitioners

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