

Questions?

For questions and information
contact Rockland Public Service
207-594-0320

Hazardous waste drop-off is made
available by the City of Rockland for
ROCKLAND RESIDENTS ONLY.

A transfer station sticker or
proof of residency is required.

1 UNIT is allowed per resident for FREE.

Additional waste is \$25/unit.

*Latex paint/architectural finishes are free
and doesn't count towards unit.



Household Hazardous Waste COLLECTION



(see other side for example list)



Don't forget your paints & finishes!



sponsors:

HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

Saturday, August 17th 2024

9:00 a.m. to 12:00 p.m.

Drop Off Location:

**Rockland Transfer Station
400 Limerock St, Rockland**

All hazardous materials are disposed of
by our licensed vendor:



Hazardous Handouts

LL Leslie



Hazardous Handouts:

Training Resource Pack for Hazardous Waste Management in Developing Economies ,2002-12-31

Household Hazardous Waste Management ,1993 Student Handouts United States. Department of the Army,2006

Annual Report on Hazardous Materials Transportation ,1988 **Environmental Compliance Manual** ,2002 **OSHA**

publications and audiovisual programs United States. Occupational Safety and Health Administration,1998

Guidelines for Public Sector Hazardous Materials Training ,1998 **Student Handout** ,1985 **OSHA Publications**

And Audiovisual Programs, 1998 (Revised). ,1998 Educart Handouts ICSE Class 10 Geography Handwritten Notes

2026 (for PTs, half-yearly and board exam 2025-26) Educart,2025-08-08 Map based clarity concept rich summaries for ICSE Geography Class 10 This Handwritten Notes Handout by Sir Tarun Rupani is a ready to use visual revision guide designed strictly as per the latest ICSE 2025 26 syllabus Perfect for periodic tests pre boards and the final exam it includes everything from concept notes to case study diagrams and mapwork essentials Key Features Covers Entire 2025 26 Syllabus All major topics including Climate Resources Agriculture Industries Transport and Maps are included with focused summaries One Page Notes Format Concise handwritten notes help you revise large chapters quickly with visual flowcharts definitions and keywords Important Mapwork Included Labeled and practice ready India maps with location based questions and answers as per exam pattern Keywords and Terms Highlighted Definitions and geographical terms are marked for easy identification and better retention in exams Case Study Based Support Includes real life examples and map oriented case questions to align with ICSE s competency based approach Visual Aids for Better Memory Diagrams labelled illustrations and tabular comparisons enhance quick learning and recall Why Choose This Handout Geography demands clarity in concepts and sharp map reading skills This visual and handwritten guide by Sir Tarun Rupani simplifies your ICSE Geography prep by cutting down on fluff and focusing on what truly matters in the exam Ideal for smart revision and high scoring OSHA ,1998

Kirk's Current Veterinary Therapy XV John D. Bonagura,David C. Twedt,2013-10-04 NEW chapters cover the most important emerging information on current diagnostic treatment and preventive challenges in today s veterinary practice A new section on feline and canine nutrition covers important issues in nutritional health 50 new chapter authors join hundreds of expert international contributors all of whom are leading authorities in their fields NEW Availability as Pageburst ebook allows you digital access to this volume along with your library of other Elsevier references ICT for young people with SEN Nicole Taylor,John Chacksfield,2014-06-03 Learning about ICT has all sorts of benefits for young people with SEN but for anyone planning a course knowing where to start can be difficult This manual is packed full of practical know how It includes 36 planned sessions ready to deliver Which hardware software to get and how best to use it and Time saving photocopiable and downloadable resources **Earthquakes** Phyllis R. Marcuccio,1999-07 A curriculum on earthquake for teachers to use with elementary school children The material offers science content processes that are designed with

children's abilities and needs in mind Earthquakes are a danger to the entire nation not just a few states a fundamental concern throughout the development of this curriculum The writing team included teachers scientists curriculum specialists and consultants from 6 states with a wide range of educational experience Teacher in 11 states tested the material and provided feedback Includes dozens of line masters with maps and drawings for use in the classroom **Earthquakes and Earthquake Insurance** United States. Congress. House. Committee on Banking, Finance, and Urban Affairs. Subcommittee on Policy Research and Insurance, 1990 **Acid, Acid Everywhere** Center for Gifted, 1996-08 Students will be able to analyze several systems during the course of the unit These include the problem system defined by the boundaries of the area affected by the acid spill the stream ecosystem into which the acid flows and the transportation system which will be disrupted by the acid spill In addition all experiments set up during the course will be treated as systems Page 3

Research & Development Achievements Report, 1992 **Earth & Space Grade 4** Bellaire, Tracy, The activities in this book have two intentions to teach concepts related to earth and space science and to provide students the opportunity to apply necessary skills needed for mastery of science and technology curriculum objectives Throughout the experiments the scientific method is used In each section you will find teacher notes designed to provide guidance with the learning intention the success criteria materials needed a lesson outline as well as provide insight on what results to expect when the experiments are conducted Suggestions for differentiation are also included so that all students can be successful in the learning environment Topics covered include Rocks Minerals and Erosion Weather and Waste and Our World 96 Pages

Blasting Hazard Awareness, 1996 Covers blasting hazard recognition and avoidance in and around surface metal and nonmetal mines www.owaysonline.com 2ND Mate & NCV Complete Handout (Volume 2) www.owaysonline.com , VISIT WEBPAGE www.owaysonline.com FOR CHEAPEST NOTES Airpipes Abnormal Tides Tidal Bore Anemometer Aneroid Barometer Barograph Geostrophic Wind Gradient Wind Heat Isallabars Latent Heat Metereology Relative Humidity Sea Breeze Land Breeze The Atmosphere Tidal Bore Vapour Pressure Visibility Fog Water Vapour Wind Roses WMO NAVIGATION Celestial Navigation Chartwork Theory Captain Martins Daily motion Horizontal System of Co ordinates Earth Moon System Hour Angles Latitude by Meridian Altitude Sextant and Altitude Solar System Staggered Observation Time Twilight Rising Setting of Celestial Bodies Twilight Circumpolar Bodies Numericals SEP Ballast Water Management Bunker Overflow PSSA Bunkering Operations Bunkering Safety Check list Classification Societies Code of Safe working Practices for Seaman Collision Control of discharge of oil Danger Message Emergency Abandoning Ship Emergency Collision Emergency Grounding Stranding Emergency Hull Fracture Flooding Emergency Hull Fracture Emergency Personnel Injury Sickness Death Emergency Piracy Armed Robbery Emergency Search Rescue Enclosed Space Entry Permit Garbage Management Plan GMP Grounding Hotwork International Convention on Load Lines 1966 ISPS Code Leadership Vs Motivation Maritime Labour Convention 2006 Marpol 1973 International Convention Marpol Annex 1 ODMCS Marpol Annex 1 Special Areas

Marpol Annex 2 II Marpol Annex 3 III Marpol Annex 4 IV Marpol Annex 5 V Marpol Annex 5 V Special Areas Non Tank Vessel
NTVRP Oil Pollution OPA Oil Record Book Oil Tankers Oily Water Separator Permit to work System Personal Protective
Equipment Preparations Precautions for heavy Weather PSC Inspection Risk Assessment Risk Assessment Steps Ropes Ship
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d local tournaments hosted by jka dojos 2 all tournaments in all countries shall abide by this present document item 3 rules of conduct for all participants all participants shall act in accordance to the highest standards of ability and of fair play in the spirit of karate do and strive to the utmost respect and dignity towards

masutatsuoyama com kyokushin karate tournament rules - Aug 23 2023

kyokushin karate tournament rules top the following rules are adjusted to the event s circumstances and might vary from the regulations applied in other national or international organisations

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international budo karate organization kyokushinkaikan ibko rules of kyokushin kumite competition for children and juniors 4 15 excluding deliberate actions fouls result in one warning chui four declarations of warning chui result in disqualification shikkaku warning will be given to the competitor who makes foul before the opponent

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rules regulations for the 2019 jing an international elite challenge asia pacific kyokushin karate elite invitational tournament and the 1st 中国 national championship i mission statement of the tournament promotion of karate as a sport and enhancement of karate training in china ii sponsoring organizations lead sponsor

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q what tournament rules apply in kwf tournaments a kyokushin world federation will use the standard kyokushin karate rules introduced to us by sosai oyama tournaments shall include full contact kumite competition both for men and women as well as kata competition

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november 17 and 18 2023 in arnhem the netherlands will be held kwf world kyokushin karate championships among children juniors and seniors thursday november 16 12 00 19 00 registration of the teams 20 00 22 00 referee briefing t b d general meeting friday november 17 6 tatami 10 00 12 00 kata championships all categories

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karate styles embracing these rules are often called knockdown karate styles and these include both organizations that

originated from kyokushin such as shidōkan karate ashihara karate enshin karate shindenkaï and seidokaikan the style that originated the k 1 as well as styles that originated independently from kyokushin such as

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each opponent faced will be fresh and not fatigued or injured each of the rounds are done under test conditions where either of the fighters are allowed to deliver knock out blows the challenge was devised by masutatsu oyama the founder of kyokushin and

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normally knockdown rules include no protectors or guards are used with exception to groin guards and teeth protection 3 minutes match time the fighter that achieves an ippon one point will win the match and the fight is stopped

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nov 14 2019 kumite rules 1 competition general rules the minimum age to participate will be 18 years the maximum age to participate will be decided by the responsible of the championship and by the doctor of the championship after examine the competitors and before the championship starts

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5 fight duration the length of each round is one minute match times may be extended up to 2 minutes if divisions are under 5 opponents 6 legal techniques no head contact open hand strikes punches elbow strikes knee kicks and straight kicks to the body and legs circular kicks to the body and legs

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rules all world open tournaments operate under knockdown karate rules which involve standup bareknuckle fighting with basically no protection the more characteristical rules in knockdown karate compared to other styles are that you are not allowed to punch in the face and a point system that only counts hits that actually hurt the opponent

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kyokushin is the basis of glove karate a knockdown karate format wearing boxing gloves and allowing punches to the head

glove karate rules are used in kyokushin karate iran in popular culture kyokushin karate has featured in following videogames the move sets of ryu and ken from capcom s street fighter franchise are based on kyokushin

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sep 19 2022 the kyokushin cup 2016 was an incredible display of skill strength and determination held in the united kingdom this open karate tournament brought together the best martial artists from all over the country with its rich history and esteemed reputation kyokushin karate has become a powerful force in the world of martial arts unforgettable

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oct 21 2023 adult rules apply for those 15 and up oshi sweeping sabaki above elbow etc the divisions will be determined by the entries received every effort will be made to match fighters on weight grade age experience etc depending on the number of entries received matches may take the form of

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world open karate championship is the largest competition in kyokushin karate this tournament is arranged every fourth year in tokyo all world open tournaments operate under knockdown karate rules which involve standup bareknuckle fighting with basically no protection

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