

A close-up photograph of a white plate filled with a vibrant vegetable salad. The salad includes sliced yellow and red bell peppers, green asparagus spears, and cucumber slices. A silver fork is placed on the right side of the plate. The background is slightly blurred, showing a white tablecloth and a glass of water.

# THE FOOD LOVERS' LOW-FAT COOKBOOK

Food & Wine  
BOOKS

# Food Lovers Lowfat Cookbook

**Joacim Rocklöv**



## **Food Lovers Lowfat Cookbook:**

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