



# Food in Missouri

*A Cultural Stew*

MADELINE MATSON



# Food In Missouri A Cultural Stew

**Jamie Pamela Rasmussen**



## **Food In Missouri A Cultural Stew:**

**Food in Missouri** Madeline Matson, 1994 Corn squash and beans from the Native Americans barbecue sauces from the Spanish potatoes and sausages from the Germans Missouri's foods include a bountiful variety of ingredients In *Food in Missouri A Cultural Stew* Madeline Matson takes readers on an enticing journey through the history of this state's food from the hunting and farming methods of the area's earliest inhabitants through the contributions of the state's substantial African American population to the fast food purveyors of the microwave age Tracing the history of food preparation preservation and marketing while highlighting the cultural traditions that engendered each change Matson shows how advances in farming methods the invention of the electric range the development of cookbooks and three waves of immigration have profoundly influenced what Missourians eat today Along the way she highlights some of the key people places and institutions in Missouri's food history Irma S Rombauer author of *Joy of Cooking* Stark Brothers Nurseries and Orchards in Louisiana Missouri the largest family owned fruit tree nursery in the world and the home of Delicious Golden Delicious and Gala apples St Louis's Soular Market established in 1779 and said to be the oldest public market west of the Mississippi and Stone Hill Winery a leader in Hermann's nationally recognized wine making industry By bringing to life the traditions behind the foods we eat every day *Food in Missouri* provides a unique perspective on the people who explored and settled the state showing that Missouri's rich heritage truly is a cultural stew *Culinary History of Missouri, A: Foodways & Iconic Dishes of the Show-Me State* Suzanne Corbett and Deborah Reinhardt, 2021-09-27 Missouri's history is best told through food from its Native American and later French colonial roots to the country's first viticultural area Learn about the state's vibrant barbecue culture which stems from African American cooks including Henry Perry Kansas City's barbecue king Trace the evolution of iconic dishes such as Kansas City burnt ends St Louis gooey butter cake and Springfield cashew chicken Discover how hardscrabble Ozark farmers launched a tomato canning industry and how a financially strapped widow Irma Rombauer would forever change how cookbooks were written Historian and culinary writer Suzanne Corbett and food and travel writer Deborah Reinhardt also include more than eighty historical recipes to capture a taste of Missouri's history that spans more than two hundred years *The Santa Fe Trail in Missouri* Mary Collins Barile, 2010-04-12 For nineteenth century travelers the Santa Fe Trail was an indispensable route stretching from Missouri to New Mexico and beyond and the section called The Missouri Trail from St Louis to Westport offered migrating Americans their first sense of the West with its promise of adventure The truth was any easterner who wanted to reach Santa Fe had to first travel the width of Missouri This book offers an easy to read introduction to Missouri's chunk of Santa Fe Trail providing an account of the trail's historical and cultural significance Mary Collins Barile tells how the route evolved stitched together from Indian paths trappers traces and wagon roads and how the experience of traveling the Santa Fe Trail varied even within Missouri The book highlights the origin and development of the trail telling how nearly a dozen Missouri towns claimed the trail originally

Franklin from which the first wagon trains set out in 1821 then others as the trailhead moved west It also offers a brief description of what travelers could expect to find in frontier Missouri where cooks could choose from a variety of meats including hogs fed on forest acorns and game such as deer squirrels bear and possum and reminds readers of the risks of western travel Injury or illness could be fatal getting a doctor might take hours or even days Here too are portraits of early Franklin which was surprisingly well supplied with manufactured boughten goods and Boonslick then the near edge of the Far West Entertainment took the form of music practical jokes and fighting the last of which was said to be as common as the ague and a great deal more fun at least from the fighters point of view Readers will also encounter some of the major people associated with the trail such as William Becknell Mike Fink and Hanna Cole with quotes that bring the era to life A glossary provides useful information about contemporary trail vocabulary and illustrations relating to the period enliven the text The book is easy and informative reading for general readers interested in westward expansion It incorporates history and folklore in a way that makes these resources accessible to all Missourians and anyone visiting historic sites along the trail

The Ioway in Missouri Greg Olson,2008-10-20 Focusing on the Ioways role in Missouri s colonial and early statehood periods Olson describes Ioway creation stories and oral tradition farming and hunting practices relations with neighboring tribes incoming white settlers and the U S government and challenges to their way of life and survival as a people Provided by publisher

The Trail of Tears Across Missouri Joan Gilbert,Joan Sewell Gilbert,1996 An account of the 1837 1838 removal of the Cherokees from the southeastern United States to Indian Territory with an overview of the life of the Cherokees and events leading up to their exile and discussion of the hardships of the forced march that led to the death of approximately 4 000 tribe members

**Missouri Caves in History and Legend** H. Dwight Weaver,2008-02-01 Missouri has been likened to a cave factory because its limestone bedrock can be slowly dissolved by groundwater to form caverns and the state boasts more than six thousand caves in an unbelievable variety of sizes lengths and shapes Dwight Weaver has been fascinated by Missouri s caves since boyhood and now distills a lifetime of exploration and research in a book that will equally fascinate readers of all ages Missouri Caves in History and Legend records a cultural heritage stretching from the end of the ice age to the twenty first century In a grand tour of the state s darkest places Weaver takes readers deep underground to shed light on the historical significance of caves correct misinformation about them and describe the ways in which people have used and abused these resources Weaver tells how these underground places have enriched our knowledge of extinct animals and early Native Americans He explores the early uses of caves for the mining of saltpeter onyx and guano as sources of water for cold storage and as livestock shelters And he tells how caves were used for burial sites and moonshine stills as hideouts for Civil War soldiers and outlaws revealing how Jesse James became associated with Missouri caves and even as venues for underground dance parties in the late nineteenth century Bringing caves into the modern era Weaver relates the history of Missouri s show caves over a hundred years from the opening of Mark Twain Cave in 1886 to

that of Onyx Mountain Caverns in 1990 and tells of the men and women who played a major role in expanding the state's tourism industry. He also tracks the hunt for the buried treasure and uranium ore that have captivated cave explorers, documents the emergence of organized caving and explains how caves now play a role in wildlife management by providing a sanctuary for endangered bats and other creatures. Included in the book is an overview of cave resources in twelve regions covering all the counties that currently have recorded caves as well as a superb selection of photos from the author's extensive collection depicting the history and natural features of these underground wonders. *Missouri Caves in History and Legend* is a riveting account that marks an important contribution to the state's heritage and brings this world of darkness into the light of day.

*The Missouri State Penitentiary* Jamie Pamela Rasmussen, 2012-10-01. Asked how the Missouri State Penitentiary compared to other famous prisons, a historian and former prison administrator replied, "It's older and meaner." For 168 years it was everything other prisons were and more. In *The Missouri State Penitentiary*, Jamie Pamela Rasmussen recounts the long and fascinating history of the place, focusing on the stories of inmates and the struggles by prison officials to provide opportunities for reform while keeping costs down. Tales of prominent prisoners including "Pretty Boy" Floyd, Sonny Liston, and James Earl Ray provide intrigue and insight into the institution's infamous reputation. The founding of the penitentiary helped solidify Jefferson City's position as the state capital. A highlight in the chapter on the Civil War years is the story of George Thompson, who was imprisoned for attempting to help a number of slaves to freedom. The narrative enters the twentieth century with the controversy surrounding the various systems of inmate labor; the effort to make the prison self-supporting eventually caused punishment to be driven by factory needs. The example of Firebug Johnson demonstrates how inmates reacted to the prison labor system, while Kate Richards O'Hare's struggles and efforts to improve conditions in the penitentiary illuminate the role of women in the system at the time. A full chapter is devoted to the riot of 1954, and another concentrates on the reforms made in the wake of that catastrophe. Rasmussen also considers the effect inmate lawsuits during the 1980s and 1990s had on prison life before telling the story of the decision to close the prison. *The Missouri State Penitentiary* provides a fitting account of an institution that was part of Missouri's history for well over a century. Numerous illustrations and a list of recommended reading contribute to the reader's understanding of the history of the institution.

**Missouri**, 1998. Once considered a foolish boondoggle of Franklin Delano Roosevelt's Works Progress Administration, the Federal Writers Project was initiated to allow employment opportunity to those associated with the arts during the Great Depression. The American Guide Series became the most successful venture, offering jobs to writers nationwide as each state endeavored to produce a comprehensive guidebook. Under the direction of Charles van Ravenswaay, former director of the Missouri Historical Society, *Missouri: A Guide to the Show Me State* was first published in 1941. Now in a classic reprint, Missouri Historical Society Press restores this guidebook to its original splendor and returns it to the bookshelves. With a current road map included with the book, travelers can compare sights and tours described in the antiquated guide and see

how they have developed or disappeared As Walter A Schroeder and Howard W Marshall describe in the updated introduction The unmarked dirt road impassable when wet that we encounter in reading the WPA guide is no longer a hurdle to be negotiated in order to reach an out of the way site Due to nearly thirty thousand additional miles of paved roadway and endless gas station and motel chains every corner of Missouri is now easily accessible And as Missouri Historical Society President Robert R Archibald states in the foreword If you are the kind of traveler who has no intention of stirring from a comfortable chair near the reading lamp this reprint is really all the equipment you require for a fascinating journey through the Missouri of the past

Five Stars: Missouri's Most Famous Generals James Muench, 2006-05 Although generations of readers of the Little House books are familiar with Laura Ingalls Wilder's early life up through her first years of marriage to Almanzo Wilder few know about her adult years Going beyond previous studies *Becoming Laura Ingalls Wilder* focuses upon Wilder's years in Missouri from 1894 to 1957 Utilizing her unpublished autobiography letters newspaper stories and other documentary evidence John E Miller fills the gaps in Wilder's autobiographical novels and describes her sixty three years of living in Mansfield Missouri As a result the process of personal development that culminated in Wilder's writing of the novels that secured her reputation as one of America's most popular children's authors becomes evident In addition to describing Wilder's apprenticeship as a farm newspaper columnist and occasional magazine writer before she began the production of her novels Miller discusses Wilder's activities on her family's Rocky Ridge farm and as a vital citizen in Mansfield Missouri Playing out her many roles as wife mother chicken farmer churchgoer bridge player seamstress farm loan officer and political candidate Wilder led an active life for ninety years

**Immigrant Women in the Settlement of Missouri** Robyn Burnett, Ken Luebbering, 2005-06-08 Robyn Burnett and Ken Luebbering first looked at how immigration has affected Missouri's cultural landscape in their popular book *German Settlement in Missouri New Land Old Ways Now* they tell the stories of women from all across Europe who left the Old World for Missouri Drawing heavily on the women's own stories *Immigrant Women in the Settlement of Missouri* illustrates common elements of their lives without minimizing the diversity and complexity of each individual's experience The book begins with descriptions culled from diaries letters and memoirs documenting preparations for the journey the perilous Atlantic crossing and the sometimes equally long and arduous trip from the port of entry to Missouri Burnett and Luebbering go on to examine how women once in Missouri coped with the problems of daily life in an unfamiliar and occasionally hostile environment Whether it was the hardships of the frontier the harsh realities of urban life childbirth the deaths of family members isolation or prejudice their new lives brought numerous challenges Many found success and contentment as well and the book also documents their joys and triumphs physical survival economic prosperity thriving families friendships and community celebrations Because it examines the lives of women from many social classes and ethnic backgrounds *Immigrant Women in the Settlement of Missouri* does much to explain the rich cultural diversity Missouri enjoys today The photographs and narratives relating to Czech French German

Hungarian Irish Italian and Polish life will remind descendants of immigrants that many customs and traditions they grew up practicing have roots in their home countries and will also promote understanding of the customs of other cultures In addition to the ethnic and class differences that affected these women s lives the book also notes the impact of the various eras in which they lived their education the circumstances of their migrations and their destinations across Missouri With their engaging and straightforward narrative Burnett and Luebbering take the reader chronologically through the history of the state from the colonial period to the Civil War and industrialization Like all Missouri Heritage Readers this one is presented in an accessible format with abundant illustrations and it is sure to please both general readers and those engaged in immigrant and women s studies

**The Taste of American Place** Barbara G. Shortridge,James R.

Shortridge,1999-09-01 Tracing the intertwined roles of food ethnicity and regionalism in the construction of American identity this textbook examines the central role food plays in our lives Drawing on a range of disciplines\_including sociology anthropology folklore geography history and nutrition\_the editors have selected a group of engaging essays to help students explore the idea of food as a window into American culture The editors general introductory essay offers an overview of current scholarship and part introductions contextualize the readings within each section This lively reader will be a valuable supplement for courses on American culture across the social sciences

**The People of the River's Mouth** Michael

Dickey,2011-06-14 Intro Contents Acknowledgments Introduction 1 The Origins of the Missouri Woodland Mississippian and Oneota Cultures 2 The Europeans Arrive Change and Continuity 3 Early French and Spanish Contacts 4 Turmoil in Upper Louisiana 5 The Americans Rapid and Dramatic Change 6 The End of the Missouri Homeland Epilogue Allotment and a New Beginning For Further Reading and Research Index

**German Settlement in Missouri** Robyn Burnett,Ken

Luebbering,1996 German immigrants came to America for two main reasons to seek opportunities in the New World and to avoid political and economic problems in Europe In German Settlement in Missouri Robyn Burnett and Ken Luebbering demonstrate the crucial role that the German immigrants and their descendants played in the settlement and development of Missouri s architectural political religious economic and social landscape Relying heavily on unpublished memoirs letters diaries and official records the authors provide important new narratives and firsthand commentary from the immigrants themselves Between 1800 and 1919 more than 7 million people came to the United States from German speaking lands The German immigrants established towns as they moved up the Missouri River into the frontier resuming their traditional ways as they settled As a result the culture of the frontier changed dramatically The Germans farmed differently from their American neighbors They started vineyards and wineries published German language newspapers and entered Missouri politics The decades following the Civil War brought the golden age of German culture in the state The populations of many small towns were entirely German and traditions from the homeland thrived German language schools publications and church services were common As the German businesses in St Louis and other towns flourished the immigrants and their

descendants prospered The loyalty of the Missouri Germans was tested in World War I and the anti immigrant sentiment during the war and the period of prohibition after it dealt serious blows to their culture However German traditions had already found their way into mainstream American life Informative and clearly written German Settlement in Missouri will be of interest to all readers especially those interested in ethnic history **Missouri at Sea** Richard E. Schroeder, 2004-04-26 Although the state of Missouri is located hundreds of miles from the nearest ocean ships with Missouri names and connections have served the United States for decades In Missouri at Sea Richard Schroeder tells about the ships that were named after the state its cities and its favorite sons and explores the important role that each has played in American history For each vessel a brief history is supplied and the book is illustrated with many extraordinary images and photographs taken from official U S government records and archives Schroeder begins his volume with the first St Louis and other small early ships that were symbolic of America s modest nineteenth century commercial and political ambitions The first Missouri one of the earliest American steamships depicts the United States move into the industrial and technological revolution of the nineteenth century Another Federal St Louis and a Confederate Missouri highlight the Mississippi River Civil War campaign Schroeder then turns to America s rise as a global military power at the beginning of the twentieth century with stories of the St Louis in the Spanish American War and the first battleship Missouri of Teddy Roosevelt s Great White Fleet The dominance of the U S Navy during World War II in the Pacific theater is illustrated by the fourth and most famous of all the ships to bear the name Missouri whose deck was the site for the Japanese surrender The advanced technological achievements of the mid twentieth century are represented by the nuclear submarines named for one of Missouri s favorite sons and for its capital Daniel Boone and Jefferson City Also highlighted in the volume is the 5 000 crew nuclear aircraft carrier Harry S Truman along with smaller ships named for Missouri war heroes Missouri at Sea will appeal to those readers interested in naval history and technology or Missouri history Missouri Then and Now Perry McCandless, William E. Foley, 2001 The history and development of Missouri are traced in this textbook which includes illustrations suggested activities and glossary Hoecakes, Hambone, and All That Jazz Rose M. Nolen, 2003 Many African Americans in Missouri are the descendants of slaves brought by the French or the Spanish to the Louisiana Territory in the 1700s or by Americans who moved from slave states after the Louisiana Purchase in the 1800s In Hoecakes Hambone and All That Jazz Rose M Nolen explores the ways in which those Missouri immigrants with a difference along with other Africans brought to America against their will developed cultural musical and religious traditions that allowed them to retain customs from their past while adapting to the circumstances of the present Nolen writes Instead of the bond of common ancestors and a common language which families had shared in Africa the enslaved in the United States were bound together by skin color hair texture and condition of bondage Out of this experience a strong sense of community was born Nolen traces the cultural traditions shaped by African Americans in Missouri from the early colonial period through the Civil War and Reconstruction



and shows how those traditions were reshaped through the struggles of the civil rights movement and integration Nolen demonstrates how the strong sense of community built on these traditions has sustained African Americans throughout their history Nolen focuses on some of the extraordinary Missourians produced by that community among them William Wells Brown the first black man born in America to write plays a novel and accounts of his travels in Europe as well as a slave narrative John Berry Meachum a former slave who founded a floating school anchored in the Mississippi River and thus exempt from state law where blacks could be educated J W Blind Boone the celebrated composer and concert pianist Elizabeth Keckley who purchased her freedom started her own business and became dress designer and confidante to Mary Todd Lincoln and Lucinda Lewis Haskell daughter of a former slave who helped establish the St Louis Colored Orphan s Home Hoecakes Hambone and All That Jazz recalls the many advances African Americans have made throughout Missouri s history and uses the accomplishments of individuals to demonstrate the considerable contribution of African American culture to Missouri and all of the United States

**The Indomitable Mary Easton Sibley** Kristie C. Wolferman, 2008-09-03

Acknowledged as a significant figure in the history of women on the early western frontier Mary Easton Sibley may be little known to many modern readers Yet she was involved in most of the important events in nineteenth century Missouri pursued and practiced educational innovations and founded a school that continues to thrive today This first biography of Sibley sheds new light on this important pioneer Kristie Wolferman retraces the course of an exciting life beginning with four year old Mary s arrival in St Louis in 1804 when her father was appointed attorney general for the District of Louisiana and the Eastons became one of the first American families to settle in this bustling French town At fifteen Mary married George Champlin Sibley the factor of Fort Osage in Western Missouri where the young bride lived among the Indians on the edge of the frontier and took up her teaching vocation She then went on to found Linden Wood in St Charles the first college for women west of the Mississippi and she also taught classes for African American and immigrant children Throughout the story Wolferman shows us a life intimately entwined with the history of the state as Mary witnessed St Louis in its primitive years and frontier life at Fort Osage as well as changes in Indian policy and citizenship for former slaves Although Sibley s life has been told in older accounts Wolferman s is the first to draw fully on Mary and George Sibley s journals and letters with Mary s journal especially shedding light on her views regarding women s social and political roles slavery temperance religion and other topics By reconstructing Sibley s inner life as well as her career Wolferman depicts not merely a frontier heroine and educational pioneer but an assertive woman who did not hesitate to express unconventional views Today Lindenwood University is a major coeducational institution that continues to honor Mary Sibley s philosophy and dedication This biography not only brings to life one of Missouri s most remarkable women educators but also demonstrates how her story reflects educational religious and social developments in both the state and the nation The Indomitable Mary Easton Sibley recognizes her as a key player on the frontier and as a major part of Missouri s heritage

**Daily Life along the**

**Mississippi** George Pabis, 2007-10-30 The Mississippi River has influenced the economy domestic life culture politics and rhythms of American daily life The Louisiana Purchase of 1803 and the victory at the Battle of New Orleans in 1813 gave the river a central part in the evolution of the United States Events such as the birth of jazz and technological advances such as the steamboat solidified its place in American lore Pabis's rich thematic chapters detail the daily lives of those living along the Mississippi and the culture that surrounded it from the Native Americans at Cahokia to the rise of major port cities such as New Orleans St Louis and St Paul Readers will learn how the river's transportation economy fed America's agricultural heartland how ethnic ties and technological advances affected home and family life and how the region's current residents still cope with living in a flood culture An ideal resource for students of American history Pabis's rich thematic chapters explore many aspects of daily life including the influence of the Trans Atlantic fur trade on the lives of Native tribes how the river's transportation economy fed America's agricultural heartland the effects of ethnic ties and Jim Crow laws on the river communities the development of food production and cuisine and how present day residents cope with life in a flood culture including the effects of Hurricane Katrina Mark Twain once called the Mississippi the Body of the Nation Readers will learn how this influential region lived and breathed from day to day from pre Columbian times to the present An ideal reference source for any student of American history and culture

*A Second Home* Sue Thomas, 2013-04-19 The one room schoolhouse may be a thing of the past but it is the foundation on which modern education rests Sue Thomas now traces the progress of early education in Missouri demonstrating how important early schools were in taming the frontier *A Second Home* offers an in depth and entertaining look at education in the days when pioneers had to postpone schooling for their children until they could provide shelter for their families and clear their fields for crops while well to do families employed tutors or sent their children back east Thomas tells of the earliest known English school at the Ramsay settlement near Cape Girardeau then of the opening of a handful of schools around the time of the Louisiana Purchase such as Benjamin Johnson's school on Sandy Creek Christopher Schewe's school for boys when St Louis was still a village and the Ste Genevieve Academy where poor and Indian children were taught free of charge She describes how as communities grew additional private schools opened including dame schools denominational schools and subscription schools until public education came into its own in the 1850s Drawing on oral histories collected throughout the state as well as private diaries and archival research the book is full of firsthand accounts of what education once was like including descriptions of the furnishings teaching methods and school day activities in one room log schools It also includes the experiences of former slaves and free blacks following the Civil War when they were newly entitled to public education with discussions of the contributions of John Berry Meachum James Milton Turner and other African American leaders With its remembrances of simpler times *A Second Home* tells of community gatherings in country schools and events such as taffy pulls and spelling bees and offers tales of stern teachers student pranks and schoolyard games Accompanying illustrations illuminate family and school life in the

colonial territorial early statehood and post Civil War periods For readers who recall older family members accounts or who are simply fascinated by the past this is a book that will conjure images of a bygone time while opening a new window on Missouri history     **Into the Spotlight** Margot Ford McMillen, Heather Roberson, 2004

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