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by George Allen

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George Allen's New Handbook of Football Drills is the kind of independently, game-winning guide that all coaches will want right in their fingertips at all times for instant reference!

PARTIAL OUTLINE OF CONTENTS

OFFENSIVE DRILLS FOR EACH POSITION
OFFENSIVE TEAM COORDINATION
AND TEAM DRILLS

INDIVIDUAL OFFENSIVE DRILLS FOR
EACH POSITION

DEFENSIVE TEAM DRILLS
AND TEAM DRILLS

DEFENSIVE GAME DRILLS

AGILITY, CONDITIONING, AND
REACTION DRILLS

THUNDER DRILLS

THE TEN TOP DRILLS OF THE
PAST DECADE

ABOUT THE AUTHOR



GEORGE ALLEN, Coach of the Washington Redskins, is one of the most successful and most respected coaches in the game today. Having coached at both the high school and college levels, Allen spent a year as an assistant coach with the L. A. Rams before going on to the Chicago Bears, where he coached their to three consecutive of the very best anywhere.

Returned back to the L. A. Rams as Head Coach, he won championships with the team. After the championship winning season, he came to coach the Redskins of the Washington Redskins. In his first year, he won the championship. After two years, he won the championship. After two years, he won the championship. After two years, he won the championship.

Head Coach of the Year Award
Washington Post

6-03-007364

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George Allen's NEW HANDBOOK OF FOOTBALL DRILLS

by George H. Allen

Here are over 500 of the all-time greatest drills ever developed for today's brand of ball from one of today's greatest coaches.



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National Union Catalog ,1978 Includes entries for maps and atlases *Congressional Record* United States. Congress,1976 The Congressional Record is the official record of the proceedings and debates of the United States Congress It is published daily when Congress is in session The Congressional Record began publication in 1873 Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States 1789 1824 the Register of Debates in Congress 1824 1837 and the Congressional Globe 1833 1873 **The Publishers Weekly** ,1905 **Scholastic Coach** ,1985 Books and Pamphlets, Including Serials and Contributions to Periodicals Library of Congress. Copyright Office,1968 Author & Title Catalog J. Henry Meyer Memorial Library,1967 **El-Hi Textbooks & Serials in Print, 2003** ,2003 **The Publishers' Trade List Annual** ,1985 The Cumulative Book Index ,1913 **Books in Print** ,1982

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Unveiling the Energy of Verbal Art: An Emotional Sojourn through **George Allens New Handbook Of Football Drills**

In a global inundated with screens and the cacophony of immediate interaction, the profound power and mental resonance of verbal beauty frequently diminish into obscurity, eclipsed by the continuous barrage of sound and distractions. However, located within the lyrical pages of **George Allens New Handbook Of Football Drills**, a captivating function of literary elegance that pulses with raw thoughts, lies an remarkable trip waiting to be embarked upon. Penned with a virtuoso wordsmith, that mesmerizing opus courses readers on a psychological odyssey, delicately exposing the latent potential and profound influence embedded within the complicated internet of language. Within the heart-wrenching expanse with this evocative analysis, we can embark upon an introspective exploration of the book is central styles, dissect its charming writing model, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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