

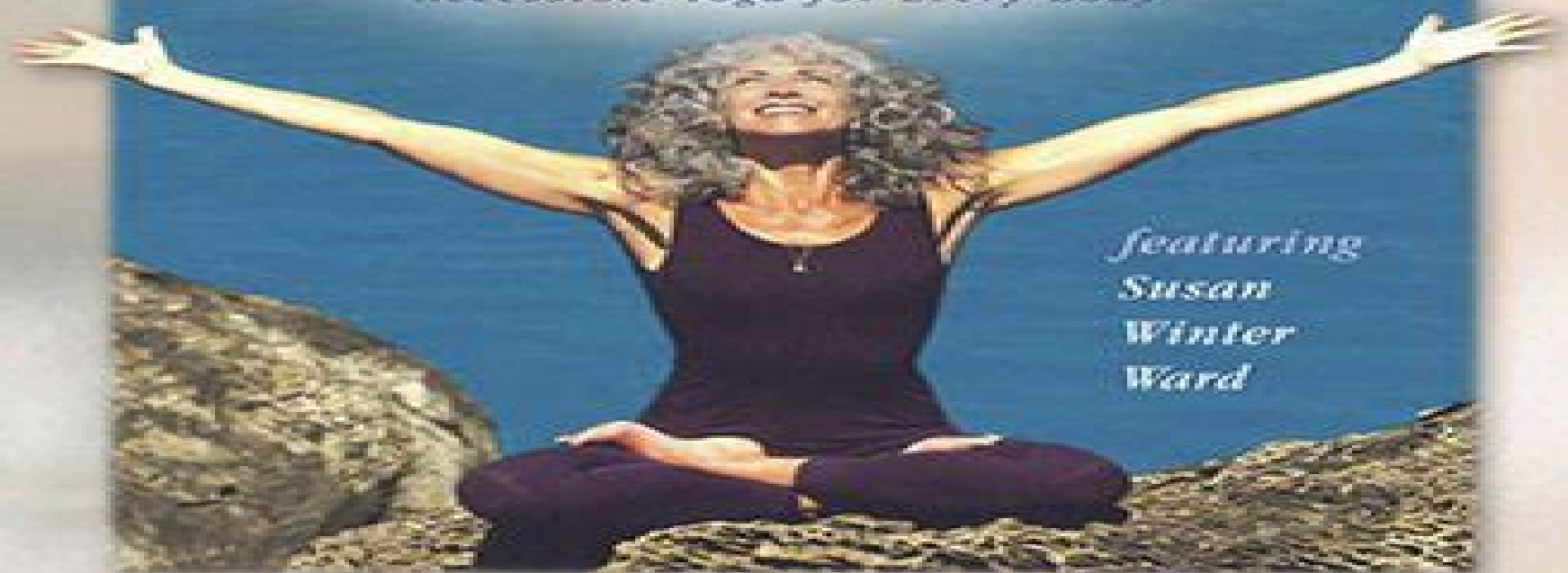
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Embracing Menopause

A PATH TO
PEACE & POWER

YOGA FOR THE YOUNG AT HEART

Accessible Yoga for Every Body



*featuring
Susan
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DVD

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