

# Heat Exhaustion

# Heat Stroke

## ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- Seek medical help if symptoms don't improve

*Dizziness*

*Thirst*

*Heavy  
Sweating*

*Nausea*

*Weakness*



*Confusion*

*Dizziness*

*Becomes  
Unconscious*

## ACT FAST

# CALL 911

- Move person to a cooler area
- Loosen clothing and remove extra layers
- Cool with water or ice

*Heat exhaustion can lead to heat stroke.*

*Heat stroke can cause death or permanent disability if emergency treatment is not given.*

# Emed Heat Cramps Heat Exhaustion And Heat Stroke

**S Nieto**



**Emed Heat Cramps Heat Exhaustion And Heat Stroke:**

## Enjoying the Tune of Term: An Emotional Symphony within **Emed Heat Cramps Heat Exhaustion And Heat Stroke**

In a world consumed by monitors and the ceaseless chatter of instant transmission, the melodic splendor and psychological symphony produced by the written word frequently disappear into the background, eclipsed by the constant noise and disruptions that permeate our lives. Nevertheless, situated within the pages of **Emed Heat Cramps Heat Exhaustion And Heat Stroke** a marvelous literary treasure full of raw feelings, lies an immersive symphony waiting to be embraced. Constructed by an elegant musician of language, that charming masterpiece conducts readers on an emotional journey, skillfully unraveling the hidden melodies and profound impact resonating within each cautiously constructed phrase. Within the depths of this poignant examination, we shall explore the book's main harmonies, analyze its enthralling writing fashion, and submit ourselves to the profound resonance that echoes in the depths of readers' souls.

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