A good enough mother good enough



Good Enough Mothering

Marcella Hannon Shields Ph. D.

Good Enough Mothering:

Good Enough Mothering? Elizabeth Bortolaia Silva, 2013-01-11 Currently lone mothers and their children make up almost 20 per cent of families with dependent children in the UK a threefold increase since 1970 Yet while they are often cited by politicians as both a symptom and cause of social breakdown relatively little is known of the causes consequences and conditions of lone motherhood in Britain and throughout Europe Good Enough Mothering provides accounts of historical patterns of mothering and ideologies of the family with cross national comparisons of policies and experience of lone motherhood in developed and developing countries Countries include Britain US Norway South Africa Kenya Thailand India Brazil and the Caribbean This engaging edited collection will appeal to students of social policy women s studies and social Good-Enough Mother René Syler, 2008-04-22 Syler explains how she learned to chuck perfection for practicality offering sage advice and tips on navigating different obstacles while offering real wisdom about mothering that is tempered with humor and warmth The Not Good Enough Mother Sharon Lamb, 2019-06-25 A psychologist who evaluates the fitness of parents when their children have been removed from their custody finds herself reassessing her own mothering when her son falls victim to the opioid crisis Psychologist and expert witness Dr Sharon Lamb evaluates parents particularly in high stakes cases concerning the termination of parental rights The conclusions she reaches can mean that some children are returned home from foster homes Others are freed for adoption Well trained Lamb generally can decide what s in the best interests of the child But when her son's struggle with opioid addiction comes to light she starts to doubt her right to make judgments about other mothers As an expert a professor and a mother Lamb gives voice to the near impossible standards demanded by a society prone to blame mothers when anything befalls their children She describes vividly the plight of individual parents mothers in particular struggling with addiction and mental illness and trying to make stable homes for their kids amid the economic and emotional turmoil of their lives all in the context of the opioid epidemic that has ravaged her home state of Vermont In her office during visits with their children and in the family court the parents we meet wait anxiously for Lamb s verdict Have they turned their lives around under child welfare s watchful eye Do they understand their children's needs In short are they good enough But what is good enough Lamb turns that guestion on herself in the midst of her gradual realization of her son s opioid addiction Amazed at her own denial feeling powerless to help him Lamb confronts the heartache she can bring into the lives of others and her power to tear families apart

Goodenoughmothering Elaine Heffner Lcsw Ed.D,2012-11 This book is a selection of short articles that appeared during a two year period as posts on the blog goodenoughmothering com Author Dr Elaine Heffner has been involved in parent education for many years In this book she addresses many of the concerns of mothers in particular and discusses many of the questions they ask her The issues addressed here are divided into six categories Mother Worries Developmental Steps Conflicts Feelings About Parents and Social Pressures For example Mother Worries includes such topics as the wish of

mothers to be perfect the guilt they feel about their handling of their children and the anger that is aroused by children s provocative behavior Developmental Steps covers such topics as setting User Friendly Limits for children their difficulties with transitions and aggression Dr Heffner points up the role of parents in setting expectations that match children s developmental capabilities at various stages. The focus is on parents own ability to help children over what she calls bumps in development The section on Conflicts discusses the confrontations that arise between parents and children due to the conflict between the wishes and needs of each An understanding of these differences is offered as a means of helping to avoid or resolve such conflicts The section on Feelings points up the feelings that children stir up in parents which are a significant factor in the confrontations that arise The ways in which parents can address children's feelings is also addressed The sections About Parents and Social Pressures discusses many of the criticisms that have been leveled at parents in recent years much of it based on developmental research and points out the many areas in which parents need to feel comfortable using their own judgment The book offers parents new ways in which to understand their children which can help them answer many of their own questions Understanding not prescriptive advice is the underlying theme of the book Earliest Christianity within the Boundaries of Judaism Alan Avery-Peck, Craig A. Evans, Jacob Neusner, 2016-02-02 Twenty two essays written by top scholars in the fields of early Christianity and Judaism focus on methodological issues earliest Christianity in its Judaic setting Gospel studies and history and meaning in later Christianity These essays honor Bruce Chilton recognizing his seminal contribution to the study of earliest Christianity in its Judaic setting Chilton's scholarship has established innovative approaches to reconstructing the life of Jesus a Jew whose religious ideology developed and therefore must be understood within the Judaism of the first centuries Following upon Chilton's approaches and insights the essays collected here illustrate the centrality of the literatures of early Judaism to the critical exegesis of the New Testament and other writings of early Christianity Psycho-Analytic Explorations Donald W. Winnicott, 2018-05-08 This volume contains ninety two works by this renowned writer theoretician and clinician Includes critiques of Melanie Klein's ideas and insights into the works of other leading psychoanalysts and thoughts on such concepts as play in the analytic situation the fate of the transitional object regression in psychoanalysis and the use of silence in psychotherapy Once Upon a Time There was a Little Girl Marcella Hannon Shields Ph. D., 2008-07 Once Upon a Time There Was a Little Girl shares the moving stories of seven women who as young girls experienced the early loss of their mothers through death or physical or emotional abandonment The women explore their personal traumas through their responses to seven fairy tales in which there was no nurturing maternal presence Dr Marcella Shields is a psychologist with over thirty years of experience who reveals the inspiring journeys of these women who eventually triumph over suffering and learn to rely on the bond they have formed with each other to help reclaim their passion for life By exploring seven timeless fairy tales in which the heroine finds her way through the grief of abandonment the women offer a deeper understanding of the significance of the mother

daughter bond and the devastating consequences for the daughter if this bond is ruptured early The poignant life stories and dreams courageously offered by these women show how fairy tales allowed them to understand and refashion themselves and provide a source of encouragement and hope for other women who have experienced early maternal loss Fathers raising daughters without a consistent maternal presence will also find the reflections valuable My Mother, My Mirror Laura Fuerstein, 2009 An experienced psychotherapist explores how mothers unwittingly pass on their self esteem and body image issues to their daughters and shows readers how they can break the cycle **Theory & Practice in Clinical Social Work** Jerrold R. Brandell, 2010-02-16 Today s clinical social workers face a spectrum of social issues and problems of a scope and severity hardly imagined just a few years ago and an ever widening domain of responsibility to overcome them Theory and Practice in Clinical Social Work is the authoritative handbook for social work clinicians and graduate social work students that keeps pace with rapid social changes and presents carefully devised methods models and techniques for responding to the needs of an increasingly diverse clientele Following an overview of the principal frameworks for clinical practice including systems theory behavioral and cognitive theories psychoanalytic theory and neurobiological theory the book goes on to present the major social crises problems and new populations the social work clinician confronts each day Theory and Practice in Clinical Social Work includes 29 original chapters many with carefully crafted and detailed clinical illustrations by leading social work scholars and master clinicians who represent the widest variety of clinical orientations and specializations Collectively these leading authors have treated nearly every conceivable clinical population in virtually every practice context using a full array of treatment approaches and modalities Included in this volume are chapters on practice with adults and children clinical social work with adolescents family therapy and children's treatment groups other chapters focus on social work with communities affected by disasters and terrorism clinical case management cross cultural clinical practice psychopharmacology practice with older adults and mourning and loss The extraordinary breadth of coverage will make this book an essential source of information for students in advanced practice courses and practicing social workers Family and Individual Development D. W. Winnicott, 2021-12-24 The Family and Individual Development alike represents a decade of writing from a thinker who was at the peak of his powers as perhaps the leading post war figure in developmental psychiatry In these pages Winnicott chronicles the complex inner lives of human beings from the first encounter between mother and newborn through the doldrums of adolescence to maturity As Winnicott explains in his final chapter the health of a properly functioning democratic society derives from the working of the ordinary good home

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