

Fast Food Fight

Susan Strasser

Fast Food Fight:

Food Fight Stuart Gillespie, 2025-04-10 Essential CHRIS VAN TULLEKEN Punchy JULIAN BAGGINI Gripping TIM SPECTOR Food is life but our food system is killing us Our global food system lies in the tight grip of a handful of powerful players who are prioritising profit at any cost despite rising obesity ill health and a worsening climate crisis aided by governments who are letting them get away with it Stuart Gillespie a veteran of four decades at the frontline of global food policy reveals how we can transform it into a system that can nourish all of us as well as the planet we live on Both unflinching expos and revolutionary call to arms Food Fight maps a way towards a new system and reveals the solutions Fast Food Vindication Lisa Tillinger Johansen (MS, RD.), 2012 For years dozens of books within our grasp documentaries and magazine articles have targeted the fast food industry as the cause for many of society s ills ranging from the obesity epidemic to the proliferation of dead end jobs Now hospital dietitian Lisa Johansen makes the bold case that the fast food industry is actually a positive force in society Johansen takes the reader from the industry's scrappy entrepreneurial beginnings to its emergence as a global business generating hundreds of billions of dollars annually Far from a blight on society the fast food industry has distinguished itself by providing a product that meets high standards of quality and safety often healthier than meals served at home and in sit down restaurants The myth of the McJob is debunked by true life cases of corporate titans who succeeded by virtue of the fast food chains practice of promoting from within And relying on her years of counseling patients at one of the nation's largest health networks Johansen shows the reader just how easily fast food can be incorporated into a healthy lifestyle Lively and informative FAST FOOD VINDICATION destroys the media myths and paints the true picture of an industry that touches the lives of millions The Fight for \$15 David Rolf,2015-04-07 Rolf shows that raising the minimum wage to 15 is both just and necessary lest the American dream of middle class prosperity turn into a nightmare David Cay Johnston Pulitzer Prize winning journalist Combining history economics and commonsense political wisdom The Fight for 15 makes a deeply informed case for a national fifteen dollars an hour minimum wage as the only practical solution to reversing America's decades long slide toward becoming a low wage nation Drawing both on new scholarship and on his extensive practical experiences organizing workers and grappling with inequality across the United States David Rolf president of SEIU 775 which waged the successful Seattle campaign for a fifteen dollar minimum wage offers an accessible explanation of middle out economics an emerging popular economic theory that suggests that the origins of prosperity in capitalist economies lie with workers and consumers not investors and employers A blueprint for a different and hopeful American future The Fight for 15 offers concrete tools ideas and inspiration for anyone interested in real change in our lifetimes The author's plainspoken approach and stellar scholarship illuminate in depth discussions about the deliberate policy decisions that began to decimate the middle class at the start of the 1980s as well as the insidious new ways in which big business continues to attack American workers today via stagnant wages rampant subcontracting unpredictable

scheduling and other detrimental practices associated with the so called share economy Kirkus Reviews David Rolf has become the most successful advocate for raising wages in the twenty first century Andy Stern senior fellow at Columbia University's Richard Paul Richman Center for Business Law and Public Policy Never Done Susan Strasser, 2013-06-18 Never Done is the first history of American housework Beginning with a description of household chores of the nineteenth century cooking at fireplaces and on cast iron stoves laundry done with wash boilers and flatirons endless water hauling and fire tending Susan Strasser demonstrates how industrialization transformed the nature of women s work Lightening some tasks and eliminating the need for others new commercial processes inexorably altered women s daily lives and relationships with each other and with the people they served In this lively and authoritative book Strasser weaves together the history of material advances and discussions of domestic service women s separate sphere and the impact of advertising home economics and women s entry into the workforce Hailed as pathbreaking when originally published Never Done remains an eye opening examination of daily life in the American past All You Can Eat Pasquale De Marco, In the fast paced world of today fast food has become an indispensable part of American life From bustling drive thrus to ubiquitous golden arches fast food restaurants have become a defining feature of our cultural landscape But what lies beneath the convenience and affordability of this culinary phenomenon In this thought provoking book we delve into the fascinating world of fast food exploring its history its impact on society and its cultural significance We examine the factors that have contributed to its overwhelming popularity from its convenience and affordability to its pervasive marketing campaigns We also investigate the complex relationship between fast food and our health our environment and our economy Through a combination of research interviews and personal stories this book provides a comprehensive and nuanced perspective on fast food culture in America We take a closer look at the people who work in the fast food industry from the frontline workers who prepare and serve our meals to the executives who make the decisions that shape the industry We explore the challenges they face from low wages and poor working conditions to the stigma associated with fast food work We also consider the future of fast food As consumer preferences and societal values continue to evolve how will the fast food industry adapt Will it become more sustainable healthier and equitable Or will it continue to be a source of controversy and concern This book is a must read for anyone interested in understanding the complex relationship between food culture and society It offers a comprehensive examination of the fast food phenomenon exploring its history its impact and its future Through its insightful analysis and thought provoking perspectives this book challenges us to rethink our relationship with fast food and consider its broader implications for our society If you like this book write a review What's Wrong with Fat? Abigail Saguy, 2013-01-31 What s Wrong with Fat examines the social implications of understanding fatness as a medical health risk disease and epidemic Examining the ways in which debates over fatness have developed Abigail Saguy argues that the obesity crisis literally makes us fat intensifies negative body image and justifies weight based discrimination Beaten Down, Worked Up Steven

Greenhouse, 2019-08-06 A page turning book that spans a century of worker strikes Engrossing character driven panoramic The New York Times Book Review We live in an era of soaring corporate profits and anemic wage gains one in which low paid jobs and blighted blue collar communities have become a common feature of our nation s landscape Behind these trends lies a little discussed problem the decades long decline in worker power Award winning journalist and author Steven Greenhouse guides us through the key episodes and trends in history that are essential to understanding some of our nation s most pressing problems including increased income inequality declining social mobility and the concentration of political power in the hands of the wealthy few He exposes the modern labor landscape with the stories of dozens of American workers from GM employees to Uber drivers to underpaid schoolteachers Their fight to take power back is crucial for America's future and Greenhouse proposes concrete feasible ways in which workers collective power can be and is being rekindled and reimagined in the twenty first century Beaten Down Worked Up is a stirring and essential look at labor in America poised as it is between the tumultuous struggles of the past and the vital hopeful struggles ahead A PBS NewsHour Now Read This Book Club Pick Poor Worker's Unions Vanessa Tait, 2016-04-26 Illuminates key connections between the social justice movements of the last fifty years and today s most innovative labor organizing Think and Eat Yourself Smart Dr. Caroline Leaf, 2016-03-29 Science is beginning to understand that our thinking has a deep and complicated relationship with our eating Our thoughts before during and after eating profoundly impact our food choices our digestive health our brain health and more Yet most of us give very little thought to our food beyond taste and basic nutritional content In this revolutionary book Dr Caroline Leaf packs an incredible amount of information that will change readers eating and thinking habits for the better Rather than getting caught up in whether we should go raw or vegan gluten free or paleo Leaf shows readers that every individual is unique has unique nutritional needs and has the power to impact their own health through the right thinking There's no one perfect solution Rather she shows us how to change the way we think about food and put ourselves on the path towards health Anyone who is tired of traditional diet plans that don t work who struggles with emotional eating or who simply isn t satisfied with their level of health will find in this book the key to discovering how they can begin developing a healthier body brain and spirit Overweight America Meryl Loonin, 2006-09-22 More than 36 5 percent of adults in the U S are considered obese according to the Centers for Disease Control and Prevention In 2008 the annual medical cost for people who are obese was 1 429 dollars higher than those in the normal range of weight This essential edition examines the social problem of obesity in the United States Readers will learn about weight and health in America why Americans are overweight and what role the food industry plays in obesity The Routledge Handbook of Gastronomic Tourism Saurabh Kumar Dixit, 2019-02-01 The Routledge Handbook of Gastronomic Tourism explores the rapid transformations that have affected the interrelated areas of gastronomy tourism and society shaping new forms of destination branding visitor satisfaction and induced purchase decisions This edited text critically examines current debates

critical reflections of contemporary ideas controversies and queries relating to the fast growing niche market of gastronomic tourism This comprehensive book is structured into six parts Part I offers an introductory understanding of gastronomic tourism Part II deals with the issues relating to gastronomic tourist behavior Part III raises important issues of sustainability in gastronomic tourism Part IV reveals how digital developments have influenced the changing expressions of gastronomic tourism Part V highlights the contemporary forms of gastronomic tourism and Part VI elaborates other emerging paradigms of gastronomic tourism Combining the knowledge and expertise of over a hundred scholars from thirty one countries around the world the book aims to foster synergetic interaction between academia and industry. Its wealth of case studies and examples make it an essential resource for students researchers and industry practitioners of hospitality tourism gastronomy management marketing consumer behavior business and cultural studies **Fixing Food** Richard A. Williams Ph.D., 2021-10-19 With about half of the U S population expected to be obese by 2030 and one out of six Americans getting sick every year why is the Food and Drug Administration spending years trying to figure out if almond milk should be called milk As a twenty seven year veteran of the FDA's Center for Food Safety and Nutrition Dr Richard A Williams poses this question Dr Williams also questions the accuracy of more than thirty years of food labeling coupled with consumer education on diet disease relationships and failed attempts to get consumers to track intakes It is time for the American people to look elsewhere for solutions rather than relying on the FDA Fixing Food takes you inside the FDA and explores the inner workings that drove failed strategies Following his tenure at the FDA Dr Williams spent more than a decade investigating new sciences including genetic and microbial sciences that are leading to innovative foods and products With one of the greatest public health crises in American history ongoing this research aims to solve our issues with food once and for all In this book you will learn How FDA controls Congress the Courts and the Executive Branch and others who might be a threat to their resources and growth of power How the FDA misuses risk assessment and cost benefit analysis How the FDA s most recent innovation to keep food safe is fifty years old Why food labeling has been a disaster How entrepreneurs are remaking foods to be safer and healthier How new medical devices will ultimately make nutrition as easy as using a cell phone How trying to educate consumers through food labeling has been a public health disaster Ultimately the role of the FDA in the new world of food safety and nutrition must change if the agency is to stay relevant 100 Greatest Console Video Games Brett Weiss, 2014-10-28 Production histories reviews gameplay details and more Video games from many companies and platforms placed in context with games today Numerous quotes about the games from industry professionals The SAGE Encyclopedia of Food Issues Ken Albala, 2015 The SAGE Encyclopedia of Food Issues explores the topic of food across multiple disciplines within the social sciences and related areas including business consumerism marketing and environmentalism In contrast to the existing reference works on the topic of food that tend to fall into the categories of cultural perspectives this carefully balanced academic encyclopedia focuses on social and policy aspects of food production

safety regulation labeling marketing distribution and consumption A sampling of general topic areas covered includes Agriculture Labor Food Processing Marketing and Advertising Trade and Distribution Retail and Shopping Consumption Food Ideologies Food in Popular Media Food Safety Environment Health Government Policy and Hunger and Poverty This encyclopedia introduces students to the fascinating and at times contentious and ever so vital field involving food issues

The Power of Habit Charles Duhigg, 2012-02-28 NEW YORK TIMES BESTSELLER MORE THAN 3 MILLION COPIES SOLD This instant classic explores how we can change our lives by changing our habits Few books become essential manuals for business and living The Power of Habit is an exception Financial Times A WALL STREET JOURNAL AND FINANCIAL TIMES BEST BOOK OF THE YEAR In The Power of Habit award winning business reporter Charles Duhigg takes us to the thrilling edge of scientific discoveries that explain why habits exist and how they can be changed Distilling vast amounts of information into engrossing narratives that take us from the boardrooms of Procter Gamble to the sidelines of the NFL to the front lines of the civil rights movement Duhigg presents a whole new understanding of human nature and its potential At its core The Power of Habit contains an exhilarating argument The key to exercising regularly losing weight being more productive and achieving success is understanding how habits work As Duhigg shows by harnessing this new science we can transform our businesses our communities and our lives With a new Afterword by the author Latinx Studies Frederick Aldama, Christopher González, 2018-12-07 Latinx Studies The Key Concepts is an accessible guide to the central concepts and issues that inform Latinx Studies globally It summarizes explains contextualizes and assesses key critical concepts perspectives developments and debates in Latinx Studies At once comprehensive in coverage and detailed and specific in examples analyzed it provides over 25 key concepts to the field of Latinx Studies as shaped within historical social cultural regional and global contexts including Body Border Theory Digital Era Familia Immigration Intersectionality Language Latinidad es Latinofuturism Narco Cultura Popular Culture Sports Fully cross referenced and complete with suggestions for further reading Latinx Studies The Key Concepts is an essential guide for anyone studying race ethnicity gender class education culture and globalism Twenty Lessons in the Sociology of Food and Agriculture Jason Konefal, Maki Hatanaka, 2019 Twenty Lessons in the Sociology of Food and Agriculture examines food and agriculture from farm to fork using a sociological lens Following the Lessons format the book presents twenty sociological lessons on food and agriculture from both established and up and coming scholars Each lesson is written in an accessible and engaging format incorporates historical and contemporary topics and examples and discusses hot button issues wherever relevant The book draws primarily on cases and issues in the United States but given the global character of food and agriculture it also incorporates relevant examples from other countries **Culture Wars** Roger Chapman, 2015-03-17 The term culture wars refers to the political and sociological polarisation that has characterised American society the past several decades This new edition provides an enlightening and comprehensive A to Z ready reference now with supporting primary documents on major topics

of contemporary importance for students teachers and the general reader It aims to promote understanding and clarification on pertinent topics that too often are not adequately explained or discussed in a balanced context With approximately 640 entries plus more than 120 primary documents supporting both sides of key issues this is a unique and defining work indispensable to informed discussions of the most timely and critical issues facing America today The Living Wage Tony Dobbins, Peter Prowse, 2021-09-30 As wealth inequality skyrockets and trade union power declines the living wage movement has become ever more urgent for public policymakers academics and most importantly those workers whose wages hover close to the breadline A real living wage in any part of the world is rarely its minimum wage it is the minimum income needed to cover living costs and participate fully in society Most governments minimum wages are still falling short meaning millions of workers struggle to cover their living costs This book brings new vital insights to the conversation from a carefully selected group of contributors at the forefront of this field By juxtaposing advances across sectors and countries and encompassing many different approaches and indeed definitions of the living wage Dobbins and Prowse offer a rich tapestry of approaches that may inform public policy By including the experiences and voices of those workers earning at or near the living wage alongside the opinions of leading experts in this field this book is a pioneering contribution for public policymakers as well as students and academics of work and employment relations public policy organizational studies social economics and politics The Busy Family's Guide to Volunteering Jenny Lynn Friedman, 2003 Describes a variety of ways that families can get involved in volunteering despite a busy schedule and explains the many benefits of volunteering for all ages

Fast Food Fight Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the energy of words has be more evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **Fast Food Fight**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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