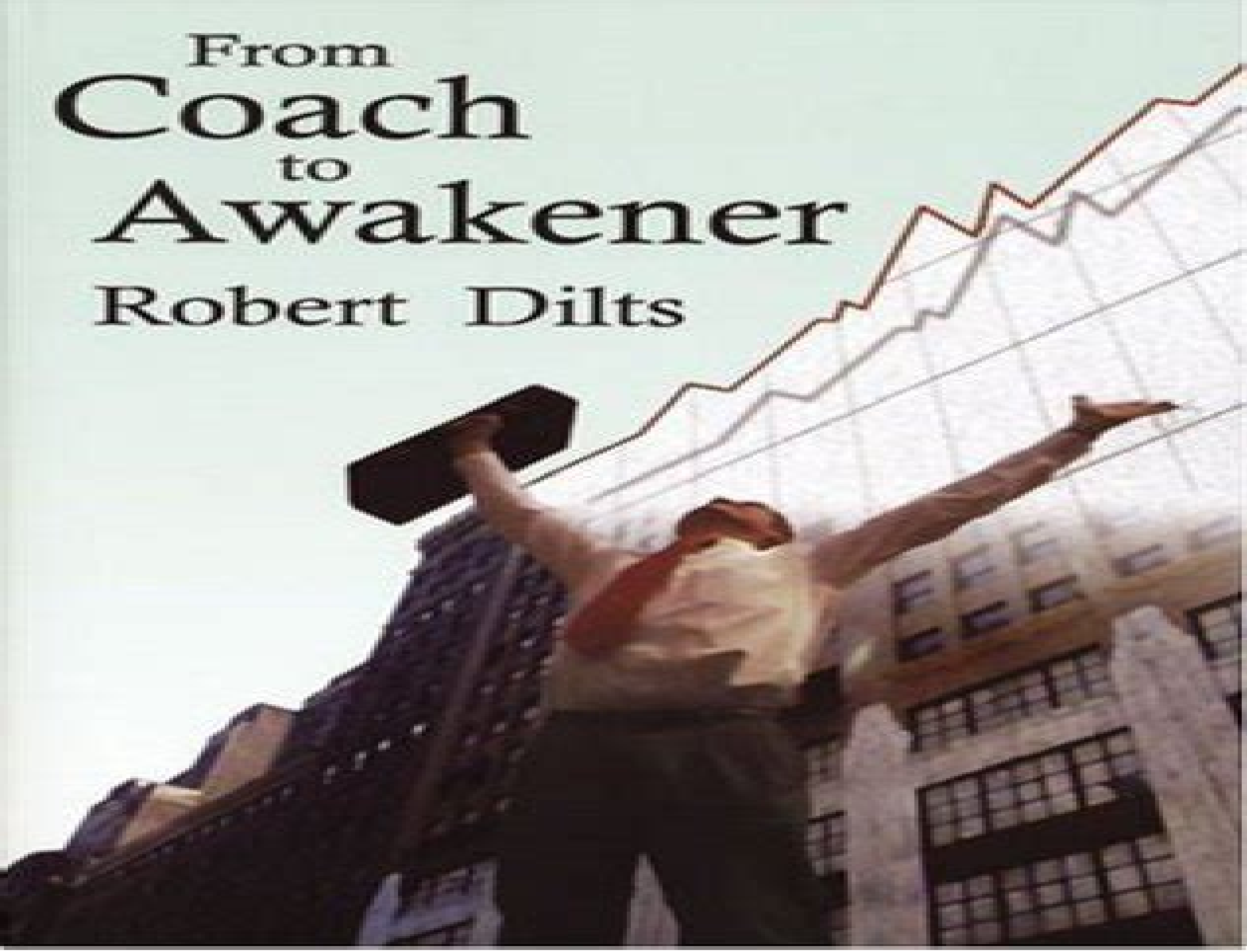


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From Coach to Awakener Robert Dilts, 2003 Коучинг с помощью НЛП , **The Coach's Casebook** Joan Swart, Christine Guirguis, 2023-07-03 What skills do I need to craft clear and effective coaching questions How do I set goals for my clients What do I need to be aware of when coaching with different personalities and facing mental health conditions The Coach's Casebook answers these questions and provides coaches with a thorough grounding in the knowledge competencies tools and techniques they need to coach employees to reach their full potential This book also explains how these coaching tools and techniques apply in practice to boost personal development performance and wellbeing There is extensive coverage of how to apply coaching interventions to manage work life balance and prevent burnout at work and at home and how to combine coaching and mindfulness as well as how to encourage clients to develop a growth mindset and reframe imposter syndrome Specific guidance on active listening coaching high performers and those with high potential leadership coaching coaching minorities and underrepresented groups and how to coach challenging personalities is also given This practical guide is supported by case studies and scenarios throughout taking from real life coaching is for those new to coaching and those in the intermediate stages of their career The Coach's Casebook contains everything needed to allow clients to flourish The Ultimate Coaching Guide Vikram Dhar, Rashmi T.K, 2020-11-29 Truly the ultimate guide for a coach This book is a must read for all coaches whether they are starting out or are well entrenched With all my years in coaching I still discovered new insights Michael Beale NLP Coach and Trainer Coaching can be transformational or simply transactional If you truly want to transform lives then this book is a must read Coaching is far more than a job it is a mission Transformational coaches focus on their self development as much as they do on the development of their clients All coaches need to be aware of the different coaching frameworks paradigms and tools used by master coaches world over In five straightforward sections this book guides you through the steps you need to achieve optimal success as a coach Section I The ABCs of Coaching Section II Coaching Frameworks Models and Tools Section III Case Studies Section IV The Business of Coaching Section V Resources It is an extensively researched overview of the latest developments in neuroscience emotional intelligence and positive psychology among many coaching frameworks If you are new to coaching you will find out how to start your coaching business If you are a seasoned professional you will learn how to strengthen your practice This book also offers coaching insights in the post pandemic era The Complete Handbook of Coaching Elaine Cox, Tatiana Bachkirova, David Clutterbuck, 2023-10-01 This fourth edition provides the most comprehensive guide to the field of coaching exploring a range of coaching theories and approaches genres and settings and professional issues It supports trainees and professionals to identify and develop a personal style of coaching Each chapter includes discussion questions to facilitate reflection on the topic further reading suggestions and case studies that help trainees make the crucial link between theory and practice Its three parts cover The theoretical traditions underpinning coaching such as cognitive behavioural gestalt and

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Charvet,2011-11-16 This long awaited book brings together some of the most recent innovations and applications of the traditional NLP model Each chapter describes a new model or application and contains step by step instructions or a case study on how and when to apply it For NLP Practitioners it provides an outstanding collection of new tools and ideas to take their practice forward **Unlocking Success** Paul Delahaie,Anna Gallotti,Catherine Tanneau,2025-02-10 Have you ever been promoted and wondered how to make a significant impact at the company level Do you have a project in mind that you think could benefit the entire company but do not know how to promote it Have you ever been in a position where you struggle to communicate with your team because of gender or cultural barriers Unlocking Success provides you with effective tools and thought provoking coaching advice to guide you on your journey to becoming a better leader in the face of uncertainty and challenging situations This book addresses a wide variety of challenges that leaders face on a regular basis and offers practical advice you can apply immediately Each chapter includes a case study followed by a coaching overview recommendations and self assessment tests This book will help you foster self awareness become more receptive to your environment and better connect with key players in the company **Building a Culture of Conscious Leadership** David

Potter,Jens Starke,2022-08-22 A significant driver of disengagement amongst employees is a lack of psychological safety generated from weak and underdeveloped intra and interpersonal skills on the part of managers Addressing the issue head on this book enables leaders to lead with conscious awareness to build and sustain psychologically safe cultures through which team members may positively engage with work in a far more meaningful and purposeful way All too often leadership follower relationships are purely transactional and focus on errors and problems resulting in an impoverished transactional leadership culture These dynamics result in weak rapport low levels of emotional intelligence on the part of line managers and subsequently employee disengagement This book unpacks these drivers in detail and builds a model that can be used as the basis of personal development and as a large scale intervention into the leadership culture of an organisation This model is very accessible and can be used in a structured training programme through a series of action learning workshops based upon coaching relationships and mutual dialogue The book is ideal reading for HRM managers change leaders learning and development managers students of management and leadership and line managers in organisations who are involved in

leadership roles **Transform to Outperform** Susie Robinson,2022-10-24 Ever wonder how to achieve extraordinary results in a disruptive world Exceed your own expectations and those of your competitors by unleashing your superpower Learn how to develop your best self build your brand influence engage others and transform your team and organization s results In Transform to Outperform 7 powers to transform you your team and your results Susie Robinson reveals practical steps towards personal team and organization transformation and seven powers that help you deliver extraordinary performance Leadership is transforming outcomes it begins with the release of personal power activated and amplified by goal and process power When the right conditions are created a performance double helix occurs between the leader and their team people power Those leaders who embed a concern for people accountability customer intimacy and excellence create culture power and a corresponding flywheel effect an ever increasing performance momentum which is sustained with smart power and staying power Informed by the latest developments in psychology neuroscience and performance science this is a powerful guide to personal development and life transformation as well as a manual for modern leadership and a practical innovative route through the maze of leading change Beliefs Robert Dilts,Tim Hallbom,Suzi Smith,2012-08-31 BELIEFS are the foundation of everyone s personal outcomes This second edition of Beliefs Pathways to Health change the thinking processes that create phobias and unreasonable fears retrain your immune system to eliminate allergies and deal optimally with cancer AIDS and other diseases and learn strategies to transform unhealthy beliefs into lifelong constructs of wellness **Handbook of Research on Driving Socioeconomic Development With Big Data** Sun, Zhaohao,2023-02-24 Socioeconomic development has drawn increasing attention in academia industries and governments The relationship between big data and its technologies and socioeconomic development has drawn certain attention in academia Socioeconomic development depends not only on big data but also on big data technologies However the relationship between big data and socioeconomic development is not adequately covered in current research The Handbook of Research on Driving Socioeconomic Development With Big Data provides an original and innovative understanding of and insight into how the proposed theories technologies and methodologies of big data can improve socioeconomic development and sustainable development in terms of business and services healthcare the internet of everything sharing economy and more Covering topics such as corporate social responsibility management applications and process mining this major reference work is an excellent resource for data scientists business leaders and executives IT professionals government officials economists sociologists librarians students researchers and academicians *Coaching Physicians and Healthcare Professionals* Veronique Haynal,René Chioléro,2022-06-28 This important volume applies the practice of professional coaching to the hospital setting specifically imparting the authors rich experience of coaching healthcare providers to other coaches working within the field The book details how coaches can tailor their skills to the complex world of the modern hospital where physicians nurses medico technical staff managers and administrators must carefully coordinate their efforts

to be successful in high stakes situations It moves through the various stages of coaching starting from the initial contact with management to the different applications of individual and team coaching addressing common client issues including failing leadership crisis conflict violence and burnout Each chapter includes clinical vignettes and theoretical ideas supported by field specific research and literature The book s final reflection proposes changes to be considered to improve the functioning of hospital care teams job satisfaction of healthcare professionals and ultimately patient outcomes Coaching Phsycians and Healthcare Professionals is essential reading for professional coaches and mentors active in the hospital setting as well as coaches in training consultants and all hospital professionals

Exploring Practical Knowledge

,2023-04-03 Exploring Practical Knowledge investigates professional practices from a hermeneutic perspective The book presents discusses and applies notions such as practical knowledge practical wisdom tacit knowledge and normativity to the professional lifeworld These contributions focus on both specific practices and more general questions concerning theories and investigations of practice This volume comes as the result of a cooperation of three research centres The two Centres for Practical Knowledge in Bod Norway and in S dert rn Sweden as well as the Research Group Value Oriented Professionalisation at the University of Applied Sciences in Utrecht the Netherlands It offers empirical studies of professionals as well as discussing the underlying theories approaches and methods of exploring practical knowledge including the limits to any articulation of these aspects of professional action In contrast to the objectivist paradigm that otherwise dominates professional studies each chapter presents central perspectives and possibilities drawing from humanistic and interdisciplinary research traditions The book explores professions in a style accessible to scholars and practitioners alike It is interesting for those studying practices within these professions and for vocational studies in education social work health care police work journalism etc

Make Your Brain Work Amy Brann,2013-01-03

Everyone wants to be more effective at work and to get maximum impact from minimum effort Make Your Brain Work shows you how to do this using the latest insights from neuroscience about how our mind works and what really makes us tick Author Amy Brann is an expert in brain science but you don t have to be she has distilled the key findings you need into non technical practical guidance Read this clear engaging book and discover the things you can do to get yourself functioning at the top of your capabilities more of the time Learn the habits techniques and behaviours that will get you the results you want by making your brain work for you Leave stress overwhelm negative moods and poor time management behind Make Your Brain Work is your passport to a new improved you

Neuro-Linguistic Programming for Change Leaders David

Potter,2018-05-15 We know a lot about change leadership We understand how to design change programmes and we know how to prescribe best practice change methods Yet despite all this knowledge it is reported that up to 70% of change leadership projects fail to realize many of their objectives The fault lines are cited as occurring at the micro level of social interaction What we don t adequately explain and demonstrate within the change leadership literature is how change leaders

may consciously generate in themselves and in others resourceful mindsets emotions attitudes and behaviours to enable positive change leadership dynamics Neuro Linguistic Programming for Change Leaders The Butterfly Effect fills this gap by connecting the practices of personal development with those of corporate change leadership This book has the vision of advancing NLP as a serious technology in the change leader s tool box The book introduces to operations managers HR practitioners OD specialists and students of management new ideas and practices which can transform their effectiveness as change leaders It focuses on the benefits of applied NLP to change leaders as a generative change toolkit Secondly the book provides a model that shows change leaders how to build a climate of psychological safety to establish rapport with stakeholders Thirdly the book provides a strategy for enabling broader cultural change and stakeholder engagement throughout the organization

7 Rules of Achievement Tom Terwilliger, 2010-03-01 Terwilliger s latest personal growth and development system will help you program for success the most important piece of equipment you own your brain Flex Magazine Tell me your goal and I will tell you WHY you are likely NOT to achieve it The way in which you have pursued goals in the past has very likely created the exact opposite blueprint of the one needed to achieve what you want Those negative blueprints may be exactly what are keeping you from living your dreams With these words motivational speaker and author Tom Terwilliger lays out his success philosophy and challenges you to fulfill your long held desires 9 7 Rules of Achievement is a life changing book that will help you finally create the new and empowering architecture needed to achieve whatever you want including abundant wealth a joyful and fulfilling relationship a sexy strong and healthy body and the ability to lead and inspire Even before completing the seven rules you will immediately begin to feel unstuck and compelled to start moving towards even your most ambitious dreams Terwilliger s love for people and his desire to help them succeed is evident throughout the book along with the rules needed to do it T Harv Eker author of the 1 New York Times bestseller Secrets of the Millionaire Mind

Free Yourself From Fears with NLP Joseph O'Connor, 2011-06-17 I ve had thousands of problems in my life most of which never actually happened Mark Twain As never before our lives are bombarded with daily events that stir fear real or imagined in both our individual and collective psyches From financial worries to social anxiety from public speaking to personal safety Free Yourself From Fears show us how to unlearn our unreal fears and find emotional freedom Applying the power of psychology O Connor goes inside the mind and shows you how to deal not only with such common anxieties as fear of heights and flying but also fear of other people s opinions and even of our own success This immensely practical hands on book will help you know when to trust and when not to trust develop your intuition to stay safe when there is real danger defeat socially created fears in this age of anxiety deal with change and worries about an uncertain future and be in the here and now true emotional freedom One of the first books to address how to help children deal with fear and to deal with the all pervasive and insidious feeling of social anxiety Free Yourself From Fears includes dozens of helpful exercises and practical techniques to help you achieve your best without anxiety and live without worry

Leadership full

Circle Marc Raes, 2025-07-23 Just as it is an illusion to claim This is the War that ends all Wars it may be presumptuous to think that one can write a book that addresses all needs of all leaders now and forever I do feel the need however to bring a story that goes beyond the partial or fragmented messages of many management books I also want to break down some misconceptions and limiting beliefs about leadership and motivation My story wants to emphasise the awesome responsibility of leaders in organisations and denounce the toxic environment that traditional management nurtures with its manipulative rather than inspirational approach As ever learning and aspirational leader myself I want to confess the error of my ways as corporate manager in the past 30 years I also want to share my insights gained as consultant in the past 10 Both periods gave me the benefits of a wide range of personal encounters and showed me the diversity of organisations beyond the corporate

Reading and comprehension academically speaking. How to find and make connections between the lines. Per le Scuole superiori Margaret Percy, 2005 Positively Responsible Erik Bichard, 2008-06-19 Surveys and polls show consistently that most of us including those in business already know that the natural and social life support systems of the world are in trouble but that little is being done about it Positively Responsible takes a unique look at this hot topic and considers how business leaders groups of people taking collective action and whole countries can come to think differently about the world's problems By closely examining the work of three well known business leaders and taking examples from many industry leading companies the book reveals how a positive and sustainable approach can pay dividends in the future both in terms of social and environment impact and competitiveness Combining sustainability expertise across all business sectors and valuable insight into organizational psychology Erik Bichard and Cary Cooper make a compelling author team to take you through the sustainability lessons learnt by big business

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