

# FOOD AND DRINK IN

# MEDIEVAL POLAND

REDISCOVERING A CUISINE OF THE PAST



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# Food And Drink In Medieval Poland Rediscovering A Cuisine Of The Past

**Maguelonne Toussaint-Samat**



## **Food And Drink In Medieval Poland Rediscovering A Cuisine Of The Past:**

Food and Drink in Medieval Poland Maria Dembinska, 1999-08-20 Topics examined include not just the personal eating habits of kings queens and nobles but also those of the peasants monks and other social groups not generally considered in medieval food studies **BOOK JACKET** *A History of Food* Maguelonne Toussaint-Samat, 2009-03-25 The story of cuisine and the social history of eating is a fascinating one and Maguelonne Toussaint Samat covers all its aspects in this classic history New expanded edition of a classic book originally published to great critical acclaim from Raymond Blanc The New York Times The Sunday Telegraph The Independent and more Tells the story of man's relationship with food from earliest times to the present day Includes a new foreword by acclaimed food writer Betty Fussell a preface by the author updated bibliography and a new chapter bringing the story up to date New edition in jacketed hardback with c 70 illustrations and a new glossy color plate section Indispensable and an endlessly fascinating book The view is staggering Not a book to digest at one or several sittings Savor it instead one small slice at a time accompanied by a very fine wine New York Times This book is not only impressive for the knowledge it provides it is unique in its integration of historical anecdotes and factual data It is a marvellous reference to a great many topics Raymond Blanc Quirky encyclopaedic and hugely entertaining Adelight Sunday Telegraph It's the best book when you are looking for very clear but interesting stories Everything is cross referenced to an extraordinary degree which is great because the information given is so complex and interweaving The Independent *A History of Food* is a monumental work a prodigious feat of careful scholarship patient research and attention to detail Full of astonishing but insufficiently known facts Times Higher Education Supplement Food and Foodways of Medieval Cairo Paulina Lewicka, 2011-08-25 This monograph is a pioneering study and reconstruction of the food cultures and menu of medieval Cairo and their daily practices customs and habits in relation to food and eating through the analysis of a large corpus of historical texts in Arabic Paulina B Lewicka explains what why and how the inhabitants of medieval Cairo ate and how food shaped their everyday lives against the background of several relevant social political and economic factors and circumstances Regional Cuisines of Medieval Europe Melitta Weiss Adamson, 2013-10-14 Expert food historians provide detailed histories of the creation and development of particular delicacies in six regions of medieval Europe Britain France Italy Sicily Spain and the Low Countries Food in Medieval England C. M. Woolgar, D. Serjeantson, T. Waldron, 2006-07-06 1 Introduction C M Woolgar D Serjeantson T Waldron Consumption of Cattle and Sheep AD 410 1550 N J Sykes Consumption of Cattle and Sheep AD 410 1550 N J Sykes Birrell and M P Richards **The Codification of Jewish Law on the Cusp of Modernity** Edward Fram, 2022-04-28 Codes of Jewish law may look similar but they represent very different ways of thinking about the law "A Pearl of Powerful Learning": The University of Cracow in the Fifteenth Century Paul Knoll, 2016-08-09 Winner of The Polish Institute of Arts and Sciences of America's 2018 Oskar Halecki Award and Winner of the Early Slavic Studies Association 2016 Book Prize The first fully developed history of the University of Cracow in this period in over a

century A Pearl of Powerful Learning The University of Cracow in the Fifteenth Century places the school in the context of late medieval universities traces the process of its foundation analyzes its institutional growth its setting in the Polish royal capital its role in national life and provides a social and geographical profile of students and faculty The book includes extended treatment of the content of intellectual life and accomplishments of the school with reference to the works of its most important scholars in the medieval arts curriculum medicine law and theology The emergence of early Renaissance humanist interests at the university is also discussed Winner of the Early Slavic Studies Association 2016 Book Prize for most outstanding recent scholarly monograph on pre modern Slavdom The work was described by the prize committee as A thoughtful highly informed and nuanced history of the University of Cracow an important institution in a pivotal period of Poland s history Knoll s treatment of such important issues as the role of the University in national life and the controversial and highly technical matter of the impact of Humanism are dealt with tactfully and thoughtfully The book will become the definitive work on this topic and will ensure that the material will rapidly be absorbed into general histories of education and of universities in the Renaissance Winner of The Polish Institute of Arts and Sciences of America s 2018 Oskar Halecki Award This award recognizes a book of particular value and significance dealing with the Polish experience and is named after the distinguished 20th century Polish medieval historian Oskar Halecki who was one of the founders of PIASA Professor Knoll will be recognized for this award during the 77th Annual Meeting of PIASA in Gdansk Poland in June 2019 [A History of Herbalism](#) Emma Kay,2022-07-28 Food historian Emma Kay tells the story of our centuries old relationship with herbs From herbalists of old to contemporary cooking this book reveals the magical and medicinal properties of your favourite plants in colorful compelling detail At one time every village in Britain had a herbalist A History of Herbalism investigates the lives of women and men who used herbs to administer treatment and knew the benefit of each Meet Dr Richard Shephard of Preston who cultivated angelica on his estate in the eighteenth century for the sick and injured or Nicholas Culpeper a botanist who catalogued the pharmaceutical benefits of herbs for early literary society But herbs were not only medicinal Countless cultures and beliefs as far back as prehistoric times incorporated herbs into their practices paganism witchcraft religion and even astrology Take a walk through a medieval physick garden or Early Britain and learn the ancient rituals to fend off evil powers protect or bewitch or even attract a lover The wake of modern medicine saw a shift away from herbal treatments with rituals and spells shrouded with superstition as the years wore on The author reveals how herbs became more culinary rather than medicinal including accounts of recent trends for herbal remedies as lockdown and the pandemic leads us to focus more on our health and wellbeing **Everyone Eats** E. N. Anderson,2005-03-01 Everyone eats but rarely do we ask why or investigate why we eat what we eat Why do we love spices sweets coffee How did rice become such a staple food throughout so much of eastern Asia Everyone Eats examines the social and cultural reasons for our food choices and provides an explanation of the nutritional reasons for why humans eat resulting in a unique cultural and biological approach to the topic

E N Anderson explains the economics of food in the globalization era food s relationship to religion medicine and ethnicity as well as offers suggestions on how to end hunger starvation and malnutrition Everyone Eats feeds our need to understand human ecology by explaining the ways that cultures and political systems structure the edible environment

**Encyclopedia of Kitchen History** Mary Ellen Snodgrass,2004-12-29 First published in 2005 Routledge is an imprint of Taylor Francis an informa company      **A Cultural History of Childhood and Family in the Middle Ages** Louise J. Wilkinson,2012-03-01 The Middle Ages 800 1400 were a rich and vibrant period in the history of European culture society and intellectual thought Emerging state powers economic expansion and contraction the growing influence of the Christian Church and demographic change all influenced the ideals and realities of childhood and family life Movements for Church reform brought the spiritual and moral concerns of the laity into sharper focus profoundly shaping attitudes towards gender and sexuality and how these might be applied to family roles At the same time the growth of trade the spread of literacy and learning shifting patterns of settlement and the process of urbanization transformed childhood This volume explores the ideas and practices which underpinned contemporary perceptions of childhood in the medieval West and illuminates the enduring importance of the family as a dynamic economic political and social unit A Cultural History of Childhood and Family in the Middle Ages presents essays on family relationships community economy geography and the environment education life cycle the state faith and religion health and science and world contexts      *Food and Drink in Egypt and Sudan* Mennat-Allah El Dorry,2023-12-31 The study of historic foodways is as multifaceted and varied as food itself The changes we see in food habits and choices over history reveal evolving social and political climates and help us envision our ancestors everyday lives and imagined afterlives Food certainly played a role in funerary rites it was offered to the dead of course but also shared at the grave among the living family members symbolically bridging between this world and the next Choosing the food was embedded in a series of traditions and norms how it relates to what was actually eaten in associated settlements enables an understanding of its meaning Feasts whether for the dead or the living were laden with political and social meaning Fasting although requiring abstention from certain foods also involves the management from sourcing and storing to cooking and eating of the permitted foods a key concern in contexts such as monasteries where fasting occurred This collective work demonstrates the diversity of possible approaches to food It presents the current state of research on the foodways of Egypt and Sudan and highlights the importance of further interdisciplinary collaboration for a big picture approach It brings together 16 articles covering archaeology in the broadest sense theory anthropology language ethnography and architecture to illustrate food traditions and history in Egypt and Sudan from as early as the 4th millennium BC to the 20th century      **Handbook of Medieval Culture. Volume 3** Albrecht Classen,2015-08-31 A follow up publication to the Handbook of Medieval Studies this new reference work turns to a different focus medieval culture Medieval research has grown tremendously in depth and breadth over the last decades Particularly our understanding of

medieval culture of the basic living conditions and the specific value system prevalent at that time has considerably expanded to a point where we are in danger of no longer seeing the proverbial forest for the trees The present innovative handbook offers compact articles on essential topics ideals specific knowledge and concepts defining the medieval world as comprehensively as possible The topics covered in this new handbook pertain to issues such as love and marriage belief in God hell and the devil education lordship and servitude Christianity versus Judaism and Islam health medicine the rural world the rise of the urban class travel roads and bridges entertainment games and sport activities numbers measuring the education system the papacy saints the senses death and money

**Homosexuality in Medieval Europe** Tobias Lanslor, Although the church condemned homosexuality in the late Middle Ages they had not been too worried about homosexual behavior and such an attitude also prevailed in the secular world However around the thirteenth century these tolerant attitudes changed dramatically Some historians relate this change to the climate of fear and intolerance that prevailed in the century against minority groups that departed from the norm of the majority This persecution reached its peak in the medieval Inquisition when the Cathars and Waldenses sects were accused of obscenity sodomy and Satanism In 1307 accusations of sodomy and homosexuality were important during the Knights Templar trial

*Cuisine and Empire* Rachel Laudan,2015-04-03 Rachel Laudan tells the remarkable story of the rise and fall of the world s great cuisines from the mastery of grain cooking some twenty thousand years ago to the present in this superbly researched book Probing beneath the apparent confusion of dozens of cuisines to reveal the underlying simplicity of the culinary family tree she shows how periodic seismic shifts in culinary philosophy beliefs about health the economy politics society and the gods prompted the construction of new cuisines a handful of which chosen as the cuisines of empires came to dominate the globe Cuisine and Empire shows how merchants missionaries and the military took cuisines over mountains oceans deserts and across political frontiers Laudan s innovative narrative treats cuisine like language clothing or architecture as something constructed by humans By emphasizing how cooking turns farm products into food and by taking the globe rather than the nation as the stage she challenges the agrarian romantic and nationalistic myths that underlie the contemporary food movement

[Polish Folktales and Folklore](#) Michal Malinowski,Anne Pellowski,2008-11-30 Wit humor and warmth permeate the stories in this collection Here are more than 50 traditional folktales from the people of Poland ranging from animal and humorous tales to why stories tales of magic and the supernatural and local legends In addition you ll find riddles nursery rhymes games and activities recipes and background information on the land the people and the stories all enhanced by maps and handsome color photos and illustrations A wonderful addition to the folklore collection this book provides material that folklorists will wish to study storytellers will be eager to share with their audiences and educators will want explore with their students A delicious assortment of folktales from Poland awaits you in this appealing collection More than 50 tales range from local legends animal tales and magic tales to religious legends stories of demons and supernatural creatures humorous tales and

how and why tales exemplifying the Polish spirit character and sense of humor In addition you ll find historical background directions for traditional games crafts recipes and color photographs that depict the people the land and the traditions of this fascinating country      Survival and Success of an Apocryphal Childhood of Jesus Marijana Vukovic,2022-04-19 This book

explores the transformations of the Infancy Gospel of Thomas in the Middle Ages It also connects the different representations of children childhood everyday and family life in the distinct textual versions to the ancient and medieval settings in which they appear The text survived and influenced ideas and mentalities that shaped medieval minds in the East and the West but also enhanced anti Jewish sentiments      **The Public House in Central Europe** Peter Paul

Dobek,2024-12-15 Public houses inns taverns and alehouses during the Jagiellonian Dynasty 1385 1572 in the city of Cracow functioned as important establishments in the everyday life of the city While the city continued to grow and prosper as the preferred residence of the dynasty inhabitants travelers and migrants increasingly relied on the public houses of the conurbation to meet their many needs and desires Although scholars have studied these establishments throughout Europe during various epochs they have neglected to analyze the public houses in Cracow during the Jagiellonian era The Public House in Central Europe Inns Taverns and Alehouses in Cracow during the Jagiellonian Dynasty provides a comprehensive examination of a multitude of sources to reconstruct qualitatively and quantitatively the public houses of the city This reconstruction reveals public houses role in the history of the city their locations edifices related activities and people including publicans clients and others This book places the establishments of Cracow at the center of a deeply debated topic about the extent and types of violence in public houses which further addresses their many functions Contrary to some contemporary accounts and some current secondary literature the establishments were fundamental to the everyday life of the city and were not centers of nefarious acts      **Cooking through History** Melanie Byrd,John P. Dunn,2020-12-02 From

the prehistoric era to the present food culture has helped to define civilizations This reference surveys food culture and cooking from antiquity to the modern era providing background information along with menus and recipes Food culture has been central to world civilizations since prehistory While early societies were limited in terms of their resources and cooking technology methods of food preparation have flourished throughout history with food central to social gatherings celebrations religious functions and other aspects of daily life This book surveys the history of cooking from the ancient world through the modern era The first volume looks at the history of cooking from antiquity through the Early Modern era while the second focuses on the modern world Each volume includes a chronology historical introduction and topical chapters on foodstuffs food preparation eating habits and other subjects Sections on particular civilizations follow with each section offering a historical overview recipes menus primary source documents and suggestions for further reading The work closes with a selected general bibliography of resources suitable for student research      **Beer in the Middle Ages and the**

**Renaissance** Richard W. Unger,2013-05-22 The beer of today brewed from malted grain and hops manufactured by large

and often multinational corporations frequently associated with young adults sports and drunkenness is largely the result of scientific and industrial developments of the nineteenth century Modern beer however has little in common with the drink that carried that name through the Middle Ages and Renaissance Looking at a time when beer was often a nutritional necessity was sometimes used as medicine could be flavored with everything from the bark of fir trees to thyme and fresh eggs and was consumed by men women and children alike Beer in the Middle Ages and the Renaissance presents an extraordinarily detailed history of the business art and governance of brewing During the medieval and early modern periods beer was as much a daily necessity as a source of inebriation and amusement It was the beverage of choice of urban populations that lacked access to secure sources of potable water a commodity of economic as well as social importance a safe drink for daily consumption that was less expensive than wine and a major source of tax revenue for the state In Beer in the Middle Ages and the Renaissance Richard W Unger has written an encompassing study of beer as both a product and an economic force in Europe Drawing from archives in the Low Countries and England to assemble an impressively complete history Unger describes the transformation of the industry from small scale production that was a basic part of housewifery to a highly regulated commercial enterprise dominated by the wealthy and overseen by government authorities Looking at the intersecting technological economic cultural and political changes that influenced the transformation of brewing over centuries he traces how improvements in technology and in the distribution of information combined to standardize quality showing how the process of urbanization created the concentrated markets essential for commercial production Weaving together the stories of prosperous businessmen skilled brewmasters and small producers this impressively researched overview of the social and cultural practices that surrounded the beer industry is rich in implication for the history of the period as a whole



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