
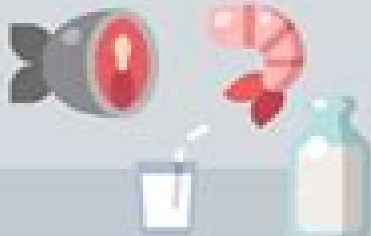







Safety Tips *for handling and preparing common foods*

HELP
Prevent Food
Poisoning!

	Type of FOOD	AVOID	Better CHOICE
	MEAT & POULTRY	Raw or undercooked meat or poultry	Meat or poultry cooked to a safe internal temperature. Use a food thermometer to check. https://www.fda.gov/food/foodsafety-go-far-from-the-kitchen-sink.html
	SEAFOOD	<ul style="list-style-type: none"> • Raw or undercooked fish, shellfish, or food containing raw or undercooked seafood, such as sashimi, some sushi, and ceviche. • Refrigerated smoked fish 	<ul style="list-style-type: none"> • Leftover seafood heated to 165°F • Canned fish and seafood • Seafood cooked to 145°F
	DAIRY	Unpasteurized (raw) milk	Pasteurized milk
	EGGS	Foods that contain raw or undercooked eggs, such as: <ul style="list-style-type: none"> • Homemade Caesar salad dressing • Raw cookie dough • Eggnog 	Use pasteurized eggs and egg products when preparing recipes that call for raw or undercooked eggs.
	SPROUTS	Raw or undercooked sprouts, such as alfalfa, bean, or any other sprout	<ul style="list-style-type: none"> • Cooked sprouts • No sprouts
	VEGETABLES	Unwashed fresh vegetables, including lettuce/salads	<ul style="list-style-type: none"> • Washed fresh vegetables, including salads • Cooked vegetables
	CHEESE	Soft cheeses made from unpasteurized (raw) milk, such as queso fresco, blue-veined, feta, Brie, and Camembert	<ul style="list-style-type: none"> • Soft cheeses that are clearly labeled "made from pasteurized milk" • Processed cheeses, cream cheese, mozzarella, hard cheeses



Food Safety A Guide To What You Really Need To Know

Rachel Sandford



Food Safety A Guide To What You Really Need To Know:

Food Safety A Guide To What You Really Need To Know: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the captivating narratives that have captivated audiences this year. Food Safety A Guide To What You Really Need To Know : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Food Safety A Guide To What You Really Need To Know : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Food Safety A Guide To What You Really Need To Know : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and gripping novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

<http://industrialmatting.com/book/browse/Documents/god%20with%20a%20revolver%201st%20edition.pdf>

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