

# Emotional Vertigo

Barbara A. Smith  
and Richard  
L. Stroup

Emotional Vertigo: Psychological

# Emotional Vertigo Between Anxiety And Pleasure

**Dana Birksted-Breen, Sara  
Flanders, Alain Gibeault**



## **Emotional Vertigo Between Anxiety And Pleasure:**

**Emotional Vertigo, Between Anxiety and Pleasure** Danielle Quinodoz, 1997 In this unique prize winning study Danielle Quinodoz unravels the unconscious significance of the feelings of vertigo which arise in situations where there is no immediate physical danger of falling and no organic cause She traces the origins of such emotional vertigo to inner anxieties around separation which are expressed somatically at different levels according to the level of anxiety Through a detailed case study of a patient who developed the symptoms of vertigo during analysis the author offers some thought provoking insights into the vicissitudes of the object relationship and the importance of the role of the analyst in helping the patient translate sensation into representation She also reflects on the links between anxiety and pleasure in the experience of vertigo clearly exemplified in sports such as rock climbing or skiing and shows how vertigo is inexorably linked to questions of equilibrium at the psychic as well as the physical level *Emotional Vertigo* is an excellent introduction to some of the central themes of current psychoanalytic thought

**Reading Anna Freud** Nick Midgley, 2013 *Reading Anna Freud* provides an accessible introduction to the writings of one of the most significant figures in the history of psychoanalysis

**The Many Voices of Psychoanalysis** Roger Kennedy, 2014-02-25 *The Many Voices of Psychoanalysis* spans over thirty years of Roger Kennedy's work as a practicing psychoanalyst providing a fascinating insight into the process of development of psychoanalytic identity The introduction puts the papers into context charting the development of the author's practice and understanding of psychoanalysis and his position as part of the British Independent tradition The intention of the chapters is to address the many voices of psychoanalysis the many roles and approaches a psychoanalyst may take while adhering to the established ideas of psychoanalysis The author takes into account the various influences which shape the psychoanalytic voice drawing on literature philosophy and sociology as well as analytic ideas Subjects covered include aspects of consciousness one voice or many handling the dual aspect of the transference bearing the unbearable working with the abused mind the internal drama psychoanalysis and the theatre a psychoanalyst in the family court This book will be of use not only to practicing psychoanalysts but also to psychoanalytic psychotherapists and other mental health workers It will also appeal to anyone interested in the relationship between psychoanalysis and related disciplines

**The Dead Mother** Gregorio Kohon, 1999 This collection of essays explore the concept of the dead mother which refers to the process of mourning that takes place in the child following maternal depression when the child experiences the loss of love

**The Interpersonal Unconscious** David E. Scharff, Jill Savege Scharff, 2011-09-16 In *The Interpersonal Unconscious* the Scharffs explore the construction and expression of the unconscious in interpersonal interaction The authors draw from individual analysis conjoint psychotherapy with families and couples and from the use of group process in teaching They introduce chaos theory applied to dynamical systems and South American theories of the link and the analytic field now available in English Advances in development neuroscience ethology and attachment theory all contribute to their expanded view of the

unconscious mind and its relationships In turn the Scharffs view of the interpersonal unconscious revises current views of development clinical theory and unconscious psychic organization The unconscious is not individual as Freud thought It is fundamentally interpersonal at the same time that it feels intensely our own We live in an unconscious field Each of us contributes to it and each is structured and enriched by it We are social creatures not only in our behaviors and interactions but in the deepest recesses of our minds We can no longer conceive of the unconscious as an individual property according to Freud s original topographic and structural theories Even though the individual unconscious is unique paradoxically it is also shared in reciprocal interactions with intimate partners work groups and social groups In this state of mutual influence our unconscious minds are constantly under construction across the life cycle

### **Doubt, Conviction and the Analytic Process**

Michael Feldman,2013-12-16 In this profound and subtle study a practising psychoanalyst explores the dynamics of the interaction between the patient and the analyst Michael Feldman draws the reader into experiencing how the clinical interaction unfolds within a session In doing so he develops some of the implications of the important pioneering work of such analysts as Klein Rosenfeld and Joseph showing in fine detail some of the ways in which the patient feels driven to communicate to the analyst not only in order to be understood by him but also in order to affect him The author s detailed descriptions of the clinical process allow the reader to follow the actual process that enables the patient to get into contact with thoughts and feelings of which he or she was previously unconscious or only vaguely aware Feldman makes the reader aware of the constant dynamic interaction between the patient and the analyst each affecting the other He shows how the analyst has to find a balance between doubt uncertainty and confusion in himself and through this process may arrive at an understanding of what is happening and by formulating this understanding the analyst can make a significant contribution to the process of psychic change This collection of essays not only throws light on fascinating questions of technique but also reflects on elements that are fundamental to psychoanalytic work It is essential reading for practising psychoanalysts and those in training as well as anyone with a general interest in the psychoanalytic relationship between the client and the therapist in the consulting room

Living Psychoanalysis Michael Parsons,2014-06-13 Living Psychoanalysis From Theory to Experience represents a decade of work from one of today s leading psychoanalysts Michael Parsons brings to life clinical psychoanalysis and its theoretical foundations offering new developments in analytic theory and vivid examples of work in the consulting room The book also explores connections between psychoanalysis art and literature showing how psychoanalytic insights can enrich our lives far beyond the clinical situation Living Psychoanalysis comprises four main sections Life and Death asks what it means to be fully and creatively alive and introduces the concept of avant coup Sexuality Narcissism and the Oedipus complex develops fresh ways of understanding these key concepts How analysts listen explores links between psychoanalytic listening and the way artists look at the world and introduces the concept of the internal analytic setting The Independent tradition in British psychoanalysis considers the theoretical foundations of Independent

clinical technique and discusses from various perspectives the role of training in developing the identity of analysts and analytic therapists With fresh theoretical concepts and a focus on specific aspects of clinical practice *Living Psychoanalysis From Theory to Experience* will be a valuable resource for analysts therapists and professionals who wish to extend their vision of psychoanalysis It will also be of great interest to general readers concerned to deepen their understanding of the links between culture and the mind

*The Importance of Fathers* Alicia Etchegoyen, Judith Trowell, 2005-10-05 It is widely acknowledged that children need structure security stability and attachment to develop and flourish and that the father is an important part of this Issues such as high divorce rates new family structures increased mobility women's liberation and contraception are very common in society This book sets out to explore what has happened to men and to fathers during all these changes and transitions Judith Trowell and Alicia Etchegoyen along with an array of renowned contributors consider the importance of fathers in various situations including the role of the father at different stage of children's development the missing father loss of a father grandfathers It is argued that the father is important not only to support the main carer usually the mother but also to provide a caring thinking comfortable confident presence

*Donald Winnicott Today* Jan Abram, 2012-09-10 What in Winnicott's theoretical matrix was truly revolutionary for psychoanalysis In this book the editor and contributors provide a rare in depth analysis of his original work and highlight the specifics of his contribution to the concept of early psychic development which revolutionised the theory and practice of psychoanalysis Including re publications of selected Winnicott papers to set the scene for the themes and explorations in subsequent chapters the book examines how Winnicott expanded Freud's work and how his discourse with Melanie Klein sharpened his thought and clinical innovations Divided into 3 sections it covers Introductory overviews on the evolution of Winnicott's theoretical matrix Personal perspectives from eminent psychoanalysts on how Winnicott's originality inspired their own work Further recent examinations and extensions including new findings from the archives Drawing on her own extensive knowledge of Winnicott and the expertise of the distinguished contributors Jan Abram shows us how Winnicott's contribution constitutes a major psychoanalytic advance to the concept of subjectivity As such it will be an inspiration to experienced psychoanalysts psychotherapists and all those interested in human nature and emotional development

**Symbiosis and Ambiguity** José Bleger, 2013-01-25 *Symbiosis and Ambiguity* is the first English edition of the classic study of early object relations by influential Argentinian psychoanalyst Jos Bleger 1922-1972 It is rooted in Kleinian thinking and rich in clinical material Bleger's thesis is that starting from primitive undifferentiation prior to the paranoid schizoid position described by Klein autism and symbiosis co exist as narcissistic relations in a syncretic agglutinated nucleus In symbiosis part of the mind is deposited in an external person or situation in autism it is deposited in the patient's own mind or body The nucleus is ambiguous and persists in adults as the psychotic part of the personality Symbiosis tends to immobilise the analytic process so the analyst must mobilise fragment and discriminate the agglutinated nucleus whose ambiguity tends to blunt persecutory

situations The psychoanalytic setting functions as a silent refuge for the psychotic part of the personality where it creates a phantom world At some point therefore the setting itself has to be analysed and the analytic relationship de symbiotised as Bleger observes in a celebrated chapter on the setting Jos Bleger's work demonstrates the need to analyse early narcissistic object relations as they arise clinically especially in the setting More widely he regards undifferentiation and participation as operating throughout life in groups institutions and society as a whole

Reading Freud Jean-Michel Quinodoz, 2013-12-16 Winner of the 2010 Sigourney Award Reading Freud provides an accessible outline of the whole of Freud's work from Studies in Hysteria through to An Outline of Psychoanalysis It succeeds in expressing even the most complex of Freud's theories in clear and simple language whilst avoiding over simplification Each chapter concentrates on an individual text and includes valuable background information relevant biographical and historical details descriptions of Post Freudian developments and a chronology of Freud's concepts By putting each text into the context of Freud's life and work as a whole Jean Michel Quinodoz manages to produce an overview which is chronological correlative and interactive Texts discussed include The Interpretation of Dreams The Uncanny Civilisation and its Discontents The clear presentation with regular summaries of the ideas raised encourages the reader to fully engage with the texts presented and gain a thorough understanding of each text in the context of its background and impact on the development of psychoanalysis Drawing on his extensive experience as a clinician and a teacher of psychoanalysis Jean Michel Quinodoz has produced a uniquely comprehensive presentation of Freud's work which will be of great value to anyone studying Freud and Psychoanalysis

Projected Shadows Andrea Sabbadini, 2007-04-11 Projected Shadows presents a new collection of essays exploring films from a psychoanalytic perspective focusing specifically on the representation of loss in European cinema This theme is discussed in its many aspects including loss of hope and innocence of youth of consciousness of freedom and loss through death Many other themes familiar to psychoanalytic discourse are explored in the process such as Establishment and resolution of Oedipal conflicts Representation of pathological characters on the screen Use of unconscious defence mechanisms The interplay of dreams reality and fantasy Projected Shadows aims to deepen the ongoing constructive dialogue between psychoanalysis and film Andrea Sabbadini has assembled a remarkable number of internationally renowned contributors both academic film scholars and psychoanalysts from a variety of cultural backgrounds who use an array of contemporary methodologies to apply psychoanalytic thinking to film This original collection will appeal to anyone passionate about film as well as professionals academics and students interested in the relationship between psychoanalysis and the arts

Marxism and Human Nature Sean Sayers, **The Maternal Lineage** Paola Mariotti, 2012-09-10 Why do women want to have children How does one learn to be a mother Does having babies have anything to do with sex At a time when mothers are bombarded by prescriptive and contradicting advice on how to behave with their children The Maternal Lineage highlights various psychological aspects of the mothering experience International contributors provide clinical examples of frequent and

challenging situations that have received scarce attention in psychoanalysis such as issues of neglect and psychical abuse. The transgenerational repetition from mother to daughter of distressing mothering patterns is evident throughout the book and may seem inevitable. However, clinical examples and theoretical research indicate that when the support of partner and friends is not enough, the cycle can be brought to an end if the mother receives psychoanalytic informed professional help. The *Maternal Lineage* is divided into four parts: An Introduction including a review of the literature focusing on the mother-daughter relationship; Pregnancy and very early issues; Subfertility and its effects on a woman's psyche; The psychological aspects of major mothering problems: miscarriages, postnatal depression, adolescent motherhood. This timely book will be of value to psychoanalysts, psychotherapists and health professionals: obstetricians, psychiatrists, midwives and social workers.

**Psychoanalysis as Therapy and Storytelling** Antonino Ferro, 2012-07-26. Is psychoanalysis a type of literature? Can telling stories help us to get at the truth? *Psychoanalysis as Therapy and Storytelling* examines psychoanalysis from two perspectives: as a cure for psychic suffering and as a series of stories told between patient and analyst. Antonino Ferro uses numerous clinical examples to investigate how narration and interpretation are interconnected in the analytic session. He draws on and develops Bion's theories to present a novel perspective on subjects such as psychoanalysis as a particular form of literature, sexuality as a narrative genre or dialect in the analyst's consulting room, delusion and hallucination acting out, the countertransference and the transgenerational field, play, characters, narrations and interpretations. Psychoanalytic clinicians and theoreticians alike will find the innovative approach to the analytic session described here of great interest. Winner of the 2007 Sigourney Award.

[Reflections on the Aesthetic Experience](#) Gregorio Kohon, 2015-08-20. Interest in the relationship between psychoanalysis and art and other disciplines is growing. In his new book *Reflections on the Aesthetic*, Gregorio Kohon examines and reflects upon psychoanalytic understandings of estrangement, the Freudian notions of the uncanny and *Nachträglichkeit*, exploring how these are evoked in works of literature and art and are present in our response to such works. Kohon provides close readings of and insights into the works of Franz Kafka, Jorge Luis Borges, Louise Bourgeois, Juan Muñoz, Anish Kapoor, Richard Serra, Edvard Munch, Kurt Schwitters, amongst others. The book also includes a chapter on the Warsaw Ghetto Monument and the counter-monument aesthetic movement in post-war Germany. Kohon shows how some works of art and literature represent something that otherwise eludes representation and how psychoanalysis and the aesthetic share the task of making a representation of the unrepresentable. *Reflections on the Aesthetic* is not an exercise in applied psychoanalysis; psychoanalysis and art are considered by the author in their own terms, allowing a new understanding of the aesthetic to emerge. Kohon's book makes compelling reading for psychoanalysts, psychotherapists, art therapists, literary and art critics, academics, students and all those interested in the matter of the aesthetic.

**Reading French Psychoanalysis** Dana Birksted-Breen, Sara Flanders, Alain Gibeault, 2014-01-14. How has psychoanalysis developed in France in the years since Lacan so dramatically polarized the field? In this book, Dana Birksted-

Breen and Sara Flanders of the British Psychoanalytical Society and Alain Gibeault of the Paris Psychoanalytical Society provide an overview of how French psychoanalysis has developed since Lacan Focusing primarily on the work of psychoanalysts from the French Psychoanalytical Association and from the Paris Psychoanalytical Society the two British psychoanalysts view the evolution of theory as it appears to them from the outside while the French psychoanalyst explains and elaborates from inside the French psychoanalytic discourse Seminal and representative papers have been chosen to illuminate what is special about French thinking A substantial general introduction argues in favour of the specificity of French psychoanalysis tracing its early influences and highlighting specific contemporary developments Sections are made up of introductory material by Alain Gibeault followed by illustrative papers in the following categories the history of psychoanalysis in France the pioneers and their legacy the setting and the process of psychoanalysis phantasy and representation the body and the drives masculine and feminine sexuality psychosis An excellent introduction to French psychoanalytical debate Reading French Psychoanalysis sheds a complementary light on thinking that has evolved differently in England and North America It will be ideal reading for beginners and advanced students of clinical theory as well as experienced psychoanalysts wanting to know more about French Psychoanalytic theory and how it has developed

**The Work of Psychic Figurability** César Botella, Sara Botella, 2005 Based on experience of analytic practice and illustrated by fascinating clinical material this book addresses what the authors call the work of figurability as a way of outlining the passage from the unrepresentable to the representational

**Inquiries in Psychoanalysis: Collected papers of Edna O'Shaughnessy** Edna O'Shaughnessy, 2014-10-10 The papers of Edna O'Shaughnessy are among the finest to be found in psychoanalytic writing Her work is unified not so much by its subject matter which is diverse but by her underlying preoccupations including the nature of psychic reality and subjectivity and the psychic limits of endurance and reparation Here a selection of her work edited and with an introduction by Richard Rusbridger is brought together in a collection which demonstrates the contribution that O'Shaughnessy has made to many areas of psychoanalysis from personality organisations the superego psychic refuges and the Oedipus complex to the subject of whether a liar can be psychoanalysed Inquiries in Psychoanalysis is a record of clinical work and thinking over sixty years of psychoanalytic practice with children and adults This wide ranging selection of work will be essential reading for psychoanalysts psychotherapists and students

**Key Ideas for a Contemporary Psychoanalysis** Andre Green, 2012-10-02 Andr Green attempts the complex task of identifying and examining the key ideas for a contemporary psychoanalytic practice This undertaking is motivated both by the need for an outline of the evolution of psychoanalysis since Freud's death and by the hope of tackling the fragmentation which has led to the current crisis of psychoanalysis In three sections covering the theoretical and practical aspects of psychoanalysis and analysing the current state of the field Andr Green provides a stimulating overview of the principal concepts that have guided his work Subjects covered include Transference and countertransference Psychoanalysis and Psychotherapy modalities and



results Language speech discourse in psychoanalysis Recognition of the unconscious This unique contemporary perspective on the psychoanalytic enterprise will fascinate all those with an interest in the problems that face the field and the opportunities for its future development

## **Emotional Vertigo Between Anxiety And Pleasure** Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the ability of words has be evident than ever. They have the ability to inspire, provoke, and ignite change. Such is the essence of the book **Emotional Vertigo Between Anxiety And Pleasure**, a literary masterpiece that delves deep in to the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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