

**A Crisis Handbook**

**EMOTIONAL  
FIRST AID**

coping with

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**PARENT/CHILD CONFLICTS**



**Sean Haldane**

# Emotional First Aid A Crisis Handbook

**Gerald P. Koocher, Annette M. La  
Greca, Olivia Moorehead-  
Slaughter, Nadja N. Lopez**



## **Emotional First Aid A Crisis Handbook:**

**Emotional First Aid** Sean Haldane,1985-09      **The Johns Hopkins Guide to Psychological First Aid** George S. Everly Jr.,Jeffrey M. Lating,2022-08-02 Learn the essential skills of psychological first aid from the experts the creators of the Johns Hopkins RAPID PFA method Psychological first aid or PFA is designed to mitigate the effects of acute stress and trauma and assist those in crisis to cope effectively PFA can be applied in emergencies including disasters terrorist attacks and the COVID 19 pandemic In the second edition of this essential guide George S Everly Jr and Jeffrey M Lating draw on their experiences in Kuwait after the Gulf War in New York City after the September 11 attacks and during the COVID 19 pandemic to describe the principles and practices of PFA in an easy to follow prescriptive and practical manner Informed by current events the second edition includes updated chapters as well as three completely new chapters on cultural awareness PFA considerations with children the use of PFA to facilitate community mental health and resilience Aimed at mental health practitioners first responders and global health disaster teams such as Médecins Sans Frontières and the World Health Organization but also beneficial to those with little or no previous mental health training The Johns Hopkins Guide to Psychological First Aid thoroughly explains RAPID PFA RAPID a unique evidence informed and evidence based PFA method follows a set of easily understood principles In each chapter Everly and Lating who have traveled nationally and internationally to teach the RAPID PFA model in numerous public health fire police military business and faith based settings provide a step by step approach and include a key point summary A unifying case exemplifies each phase of the RAPID PFA model in an ongoing dialogue that presents ideal PFA responses examples of common mistakes and various outcomes

*Emotional First Aid* Sean Haldane,1989-01-01      Healing Trauma Kitty K. Wu,Catherine S. Tang,Eugenie Y. Leung,2011-04-01 This is the first book written on clinical research and work related to the development of applied trauma psychology in Hong Kong Contributed by numerous reputable researchers and clinicians the book covers the latest research on and practice in assessment psychological sequel including psychological distress and growth of traumatic experience evidence based clinical intervention and rehabilitation services for people affected by various traumatic stresses Discussed in detail are interpersonal trauma like child sexual abuse and family violence health and medical trauma such as infectious disease and the pain related to end of life mass trauma and disaster including community psychological support programme developed in Hong Kong and Sichuan as well as the rationale for mainstreaming trauma training in university education This book serves to strengthen the link between research and practice and between academic work and community awareness It is a guidebook for professionals serving the traumatized academics dedicated to research and development of trauma psychology students learning and educators passing on the existing knowledge and experience accumulated for healing trauma      *The Handbook of Board Governance* Richard Leblanc,2024-03-26 Explore the practical realities of corporate governance in public private and not for profit environments In the newly revised third edition of The Handbook of Board

Governance A Comprehensive Guide for Public Private and Not for Profit Board Members award winning professor and lawyer Dr Richard Leblanc delivers a comprehensive overview of all relevant topics in corporate governance Each chapter is written by a subject matter expert working in academia or industry and illuminates a different area of board governance value creation and the strategic role of the Board risk governance and oversight board composition and diversity the role of the board chair blind spots and trendspotting in the boardroom audit committee efficacy and more This latest edition contains updated coverage of a wide variety of key topics including Governing auditing and working from home as well as conducting virtual and hybrid meetings New and necessary skillsets for directors including contemporary environmental social and governance considerations for firms Diversity equity and inclusion issues impacting boards and firms as well as the risks posed by corruption organized crime and cyber crime An essential resource for board members and directors of organizations of all kinds The Handbook of Board Governance is also an important source of information for managers and executives seeking greater understanding of the role of the board in the day to day and long term management of a modern firm

**Current Catalog** National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70 *The Elements of Disaster Psychology* James L. Greenstone, 2008 The book can be most appropriately used as a supplemental text in related emergency management crisis intervention and disaster psychology classes and it will also be appropriate for first and second responder training The experienced disaster intervener can use this book independently in the field in training and in the office

**BOOK JACKET** **Manual of Psychiatric Nursing Skills** Sudha Patel, Kim Jakopac, 2011-02-11 Manual of Psychiatric Nursing Skills guides nursing students and practicing nurses towards enhancing fundamental psychiatric nursing skills competency in specific assessment and interventions for the selected psychiatric disorders A nursing skill book in a manual format this text is handy at the clinical site and encourages readers to translate their theoretical knowledge and psychiatric nursing skills into clinical practice Topics include therapeutic communication techniques assessment and interventions for depression bipolar disorder schizophrenia and suicide attempts and crisis management skills for psychiatric emergencies Included in the appendices are essential insights into ego defense mechanisms Erickson s Psychosocial Developmental Stages Freud s Stages of Psychosexual Development and Piaget s Stages of Cognitive Development

**The Encyclopedia of Psychological Trauma** Gilbert Reyes, Jon D. Elhai, Julian D. Ford, 2008-12-03 The Encyclopedia of Psychological Trauma is the only authoritative reference on the scientific evidence clinical practice guidelines and social issues addressed within the field of trauma and posttraumatic stress disorder Edited by the leading experts in the field you will turn to this definitive reference work again and again for complete coverage of psychological trauma PTSD evidence based and standard treatments as well as controversial topics including EMDR virtual reality therapy and much more

*Social Workers' Desk Reference* , 2015-01-13 People all over the world are confronted by issues such as poverty a lack of access to quality education unaffordable and or inadequate housing and a lack of needed health and mental services on a

daily basis Due to these issues there is a need for social workers who have access to relevant and timely scholarly materials in order to meet the needs of those facing these issues The social psychological and biological factors resulting from these issues determine the level of a person s mental health at any given point in time and it is necessary for social workers to continue to evolve and develop to the new faces and challenges of the times in order to adequately understand the effects of these issues In the first and second editions of the Social Workers Desk Reference the changes that were occurring in social work practice education and research were highlighted and focused upon This third edition continues in the same tradition and continues to respond to the changes occurring in society and how they are impacting the education research and practice of social work as a whole With 159 chapters collaboratively written by luminaries in the profession this third edition serves as a comprehensive guide to social work practice by providing the most recent conceptual knowledge and empirical evidence to aid in the understanding of the rapidly changing field of social work Each chapter is short and contains practical information in addition to websites and updated references Social work practitioners educators students and other allied professionals can utilize the Social Workers Desk Reference to gain interdisciplinary and interprofessional education practice and research Handbook of Psychology, Clinical Psychology Irving B. Weiner,George Stricker,Thomas A.

Widiger,2012-10-15 Psychology is of interest to academics from many fields as well as to the thousands of academic and clinical psychologists and general public who can t help but be interested in learning more about why humans think and behave as they do This award winning twelve volume reference covers every aspect of the ever fascinating discipline of psychology and represents the most current knowledge in the field This ten year revision now covers discoveries based in neuroscience clinical psychology s new interest in evidence based practice and mindfulness and new findings in social developmental and forensic psychology **A Clinical Guide to the Treatment of the Human Stress Response** George S. Everly, Jr.,Jeffrey M. Lating,2019-03-05 This comprehensive update of the now classic text applies the most current findings across disciplines to the treatment of pathogenic human stress arousal New and revised chapters bring together the art and science of intervention based in up to date neuroscience starting with an innovative model tracing the stress to disease continuum throughout the systems of the human body The authors detail the spectrum of physiological and psychological treatments for the stress response including cognitive therapy neuromuscular relaxation breathing exercises nutritional interventions and pharmacotherapy They also assess the strengths and limitations of widely used measures of the stress response and consider the value of personality factors cultural considerations and resilience in stress mediation Included in the coverage The anatomy and physiology of the human stress response Advances in neuroscience implications for stress Crisis intervention and psychological first aid Neurophysiological rationale for the use of the relaxation response Physical exercise and the human stress response The pharmacological management of stress reactions Disaster Mental Health Planning Cultural Awareness and Stress The Fourth Edition of A Clinical Guide to the Treatment of Human Stress

Response offers readers a dual perspective exceedingly useful in examining the origins of the stress response and in preventing and treating the response itself This rich integrative volume will join its predecessors in popularity among practitioners and students across disciplines and specialties Disaster Ministry Handbook Jamie D. Aten,David M. Boan,2016-02-05 Is your church prepared to respond if natural disaster or human tragedy strikes your community Jamie Aten and David Boan codirectors of the Humanitarian Disaster Institute provide this practical guide for disaster preparedness filled with resources for emergency planning and crisis management plus best practices for local congregations

Massachusetts General Hospital Handbook of General Hospital Psychiatry - E-BOOK Theodore A. Stern,Scott R. Beach,Felicia A. Smith,Oliver Freudenreich,Ana-Maria Vranceanu,Maurizio Fava,2024-09-05 For more than 40 years the Massachusetts General Hospital Handbook of General Hospital Psychiatry has been the gold standard guide to consultation liaison psychiatry and psychosomatic medicine Under the editorial leadership of Drs Theodore A Stern Scott R Beach Felicia A Smith Oliver Freudenreich Ana Maria Vranceanu and Maurizio Fava the fully revised 8th Edition continues this tradition of excellence for yet another generation of practitioners In a convenient handbook format it provides an authoritative easy to understand review of the diagnosis evaluation and treatment of psychiatric problems experienced by adults and children with medical and surgical conditions Features DSM 5 TR codes throughout case studies and practical tips on how to implement the most current and effective pharmacologic therapies as well as cognitive behavioral approaches Includes new chapters on Psychiatric Management of Patients with Pulmonary Conditions Psychiatric Management of Patients with COVID 19 Infection Behavioral and Psychopharmacological Management of Unhealthy Habits and Behaviors Community Psychiatry Global Mental Health Care of LGBTQ Patients and more Highlights strategies to enhance coping with medical conditions resilience adherence to treatment recommendations and mindfulness Features a new two color format for improved readability and visual clarity for tables diagrams and illustrations An ideal resource for psychiatrists residents and fellows as well as interdisciplinary practitioners who support the work of consultation liaison psychiatrists and provide independent care to medical surgical patients with comorbid psychiatric symptoms or conditions **INSPIRE Handbook** World Health Organization,2019-02-26 INSPIRE is a resource to help governments international agencies and non government organisations prevent and respond to violence against children It was developed by 10 international and U S based agencies and includes strategy documents and implementation tools This handbook provides guidance on how to choose and implement interventions based on specific needs and context and is organised around the 7 key INSPIRE strategies implementation and enforcement of laws norms and values safe environments parent and caregiver support income and economic strengthening response and support services and education and life skills The handbook also provides an overview of implementation and impact indicators drawn from the companion document INSPIRE indicator guidance and results framework The Parents' Guide to Psychological First Aid Gerald P. Koocher,Annette M. La Greca,Olivia

Moorehead-Slaughter, Nadja N. Lopez, 2024 *The Parents Guide to Psychological First Aid* brings together an array of experts to offer parental guidance in helping your child navigate and recover from the everyday stresses they will encounter growing up. Clear, practical, and to the point, this is a go-to reference that parents will find themselves returning to again and again as their children grow. With practical tips, nonjudgmental advice, and suggestions for additional resources at the end of each chapter, this useful and thought-provoking book will be of immense value to new and seasoned parents alike. *The Counseling Skills Practice Manual* David Hutchinson, 2011-09-30 A practical guide for students who are working on improving their counseling skills, this manual features 12 practice sessions, each of which focuses on a specific counseling skillset. Many of the essential skills are covered, such as using questions, nonverbal behaviors, making reflections of client meaning, and feeling. But the student also gains practice here with important skills such as learning how to deal with clients in crisis and reluctant clients, how to appropriately confront and how to give and receive accurate and supportive feedback to one another. These practice sessions are designed to help students recognize and build on their natural interpersonal skill set as they learn new skills. They will help students become more competent in their use of counseling skills and feel more comfortable and confident in their roles as emerging counseling professionals. Key features: Offers a comprehensive view of each skill prior to its being demonstrated; connects skills learned to professional practice; provides ample student review and practice opportunities, including both written exercises and role playing; encourages thorough evaluation opportunities through both self-evaluation and peer/instructor evaluation. *The International Handbook of Consultation in Educational Settings* Chryse Hatzichristou, Sylvia Rosenfield, 2017-03-16 The rapid changes in the composition of school-age youth around the world have catalyzed a growing concern about how to address children's mental health and education. Grounded in this increasingly global perspective, *The International Handbook of Consultation in Educational Settings* is designed to provide a multicultural, transnational approach to consultation theory, research, training, and practice in educational settings. With chapters written by geographically diverse and prominent scholars across the field of school psychology, this handbook captures the range of ways in which consultation services are trained, implemented, and researched internationally. Written for practitioners, researchers, faculty members, and graduate students in the fields of school psychology, school counseling, special education, and educational psychology, this volume is the first of its kind to provide a comprehensive look at consultation in learning environments across the world. *The International Handbook of Consultation in Educational Settings* offers various perspectives on models, implementation, training, and research on school consultation. After an introduction to the volume by the editors, contributors to Part II examine school-based consultation around the world to explore how consultation services are implemented in different countries. Part III addresses cross-cultural issues in consultation, particularly at a systems level. Part IV presents themes related to processes and issues in the implementation of consultation by focusing on approaches in various countries. The chapters in Part V focus on consultation training, offering insights into the

development of students and professionals into effective consultants in cross cultural and systemic contexts Part VI describes how practitioners can contribute to the body of research on consultation through careful planning and implementation of their work Finally the editors summarize key concepts and findings in a concluding chapter Resources in Education ,1976

*Handbook of Behavioral Criminology* Vincent B. Van Hasselt, Michael L. Bourke, 2018-02-10 This multidisciplinary volume assembles current findings on violent crime behavioral biological and sociological perspectives on its causes and effective methods of intervention and prevention Noted experts across diverse fields apply a behavioral criminology lens to examine crimes committed by minors extremely violent offenses sexual offending violence in families violence in high risk settings and crimes of recent and emerging interest The work of mental health practitioners and researchers is shown informing law enforcement response to crime in interrogation investigative analysis hostage negotiations and other core strategies In addition chapters pay special attention to criminal activities that violate traditional geographic boundaries from cyberstalking to sex trafficking to international terrorism Among the topics in the Handbook Dyadic conceptualization measurement and analysis of family violence School bullying and cyberbullying prevalence characteristics outcomes and prevention A cultural and psychological perspective on mass murder Young people displaying problematic sexual behavior the research and their words Child physical abuse and neglect Criminal interviewing and interrogation in serious crime investigations Violence in correctional settings Foundations of threat assessment and management The Handbook of Behavioral Criminology is a meticulous resource for researchers in criminology psychology sociology and related fields It also informs developers of crime prevention programs and practitioners assessing and intervening with criminal clients and in correctional facilities



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