



ARTICLE



On the lowest rung of the ladder: How social exclusion, perceived economic inequality and stigma increase homeless people's resignation

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Abstract

Despite the relevance of social exclusion and economic inequality for homelessness, empirical studies investigating how these issues relate to homeless people's psychological well-being are scarce. We aimed to fill this gap by conducting two quasi-experimental studies on homeless and non-homeless groups. The first study ($N=200$) showed that homeless (vs. non-homeless) people presented higher levels of *resignation*, characterized by depression, alienation, helplessness, and unworthiness (Williams, 2009). The second study ($N=183$) replicated the findings from Study 1 and showed that perceived economic inequality could increase homeless people's resignation by emphasizing perceptions of social exclusion. Additional analyses found that identification with the stigmatized homeless group could mediate the relationship between perceived inequality and social exclusion, increasing the resignation. Overall, the results showed that chronic social exclusion of homeless people is associated with higher levels of resignation. Moreover, they showed the role of perceived economic inequality and homeless group stigmatized identification as group-specific mechanisms favouring social exclusion and ultimately worsening psychological well-being.

KEYWORDS

economic inequality, homeless people, resignation stage, social exclusion, social identity

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Economic Transition And Social Exclusion In Rubia Research Series

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Table of Contents Economic Transition And Social Exclusion In Rubia Research Series

1. Understanding the eBook Economic Transition And Social Exclusion In Rubia Research Series
 - The Rise of Digital Reading Economic Transition And Social Exclusion In Rubia Research Series
 - Advantages of eBooks Over Traditional Books
2. Identifying Economic Transition And Social Exclusion In Rubia Research Series
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Economic Transition And Social Exclusion In Rubia Research Series
 - User-Friendly Interface
4. Exploring eBook Recommendations from Economic Transition And Social Exclusion In Rubia Research Series
 - Personalized Recommendations
 - Economic Transition And Social Exclusion In Rubia Research Series User Reviews and Ratings
 - Economic Transition And Social Exclusion In Rubia Research Series and Bestseller Lists

5. Accessing Economic Transition And Social Exclusion In Rubia Research Series Free and Paid eBooks
 - Economic Transition And Social Exclusion In Rubia Research Series Public Domain eBooks
 - Economic Transition And Social Exclusion In Rubia Research Series eBook Subscription Services
 - Economic Transition And Social Exclusion In Rubia Research Series Budget-Friendly Options
6. Navigating Economic Transition And Social Exclusion In Rubia Research Series eBook Formats
 - ePub, PDF, MOBI, and More
 - Economic Transition And Social Exclusion In Rubia Research Series Compatibility with Devices
 - Economic Transition And Social Exclusion In Rubia Research Series Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Economic Transition And Social Exclusion In Rubia Research Series
 - Highlighting and Note-Taking Economic Transition And Social Exclusion In Rubia Research Series
 - Interactive Elements Economic Transition And Social Exclusion In Rubia Research Series
8. Staying Engaged with Economic Transition And Social Exclusion In Rubia Research Series
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Economic Transition And Social Exclusion In Rubia Research Series
9. Balancing eBooks and Physical Books Economic Transition And Social Exclusion In Rubia Research Series
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Economic Transition And Social Exclusion In Rubia Research Series
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Economic Transition And Social Exclusion In Rubia Research Series
 - Setting Reading Goals Economic Transition And Social Exclusion In Rubia Research Series
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Economic Transition And Social Exclusion In Rubia Research Series
 - Fact-Checking eBook Content of Economic Transition And Social Exclusion In Rubia Research Series
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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