### THE

# HEALINGWAY

Recovery from
Childhood
Sexual Abuse

- Learning to Connect with Others in Trusting Ways
- Reclaiming a Healthy Sexuality
- Parenting Your Own Children and Stopping the Cycle of Abuse
- Grieving Your Past
- Understanding the Link Between Sexual Abuse and the Alcoholic Family

KRISTIN A. KUNZMAN

## **Healing Way Adult Recovery From Childhood Sexual Abuse**

Wenbin Ji

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