

HEINZ KOHUT



THE MAKING OF A  
PSYCHOANALYST

CHARLES B. STROZIER

# Heinz Kohut The Making Of A Psychoanalyst

**Christian Salas, Oliver Turnbull, Mark  
Solms**



## **Heinz Kohut The Making Of A Psychoanalyst:**

Heinz Kohut Charles Strozier, 2001-04-21 An incisive biography of the founder of self psychology a key movement in American psychology and one of the greatest analysts since Freud Heinz Kohut was at the center of the twentieth century psychoanalytic movement After fleeing his native Vienna when the Nazis took power there he settled in Chicago and worked in its university within a decade he became the leader of the Chicago Institute for Psychoanalysis a site for some of the most important research and clinical practice in the field The years after World War II were the halcyon days of American psychoanalysis which thrived as one analyst after another expanded upon Freud's insights But in time the discipline's gradually eroding humanism began to trouble analysts and patients alike Kohut America's most powerful and prestigious analyst was also one of the first to recognize the limits of classical psychoanalysis His work brought the self into new focus and helped create psychotherapy as we know it today In this biography Charles B Strozier shows us Kohut as a paradigmatic figure in American intellectual life a charismatic man whose ideas enriched many but one who could be unbearably self-centered and grandiose He brings to his telling of Kohut's life all the tools of an analyst intelligence erudition empathy contrary insight and a willingness to look far below the surface Strozier navigates this complicated material with skill and sensitivity never reducing his complex subject to a case study in a work that will appeal to a small but dedicated audience Publishers Weekly

**How Philosophy Changed Psychoanalysis** Aner Govrin, 2024-10-22 Through this book philosopher and psychoanalyst Aner Govrin demonstrates how psychoanalysis engagement with philosophy was crucial in the evolution of new psychoanalytic theories in three areas perception of truth developmental theories and study of psychoanalytic treatment Beginning with a Freudian perspective through ego psychology to the intersubjective and the relational approach Govrin shows that philosophy seeps into psychoanalytic theory itself becoming a constitutive factor When we discuss psychoanalysis we cannot do it without reference to philosophy since virtually every sentence it has generated harks back to and is embedded in philosophy Moving onto the Post psychoanalytic Schools Era in the second part this seminal volume provides a model for understanding the evolution of psychoanalytic thought in the postmodern era where sensibilities like the relational approach and infant research replaced the orthodox psychoanalytic schools Govrin also explores whether psychoanalysis is a branch of philosophy how psychoanalysis progresses what a psychoanalytic innovation is and why mainstream psychoanalysis rejects neuropsychoanalysis Exploring the intricate relationship between psychoanalysis and philosophy this book will be of interest to clinicians scholars teachers and students of contemporary psychoanalysis across a broad spectrum of theoretical orientations as well as those in philosophy of science epistemology and neuropsychoanalysis

**Kohut's Self Psychology for a Fractured World** John Hanwell Riker, 2024-05-20 Drawing from Kohut's conceptualisation of self Riker sets out how contemporary America's formulation of persons as autonomous self-sufficient individuals is deeply injurious to the development of a vitalizing self structure a condition which lies behind much of the mental illness and social malaise of today

s world By carefully attending to Kohut s texts Riker explains the structural functional and dynamic dimensions of Kohut s concept of the self He creatively extends this concept to show how the self can be conceived of as an erotic striving for connectedness beauty and harmony separate from the ego Riker uses this distinction to reveal how social practices of contemporary American society foster skills and traits to advance the aims of the ego for power and control but tend to suppress the needs of the self to authentically express its ideals and connect with others The book explores the impact that this view can have on clinical practice and concludes by imaginatively constructing an ideal self psychological society using Plato s Republic as a touchstone Informed by self psychology and philosophy this book is essential reading for psychoanalysts psychotherapists and philosophers seeking to revisit and revise constructions of both self and humanity *Psychoanalysis Through the Lens of Narcissism* Orna Afek,2025-02-12 This critical historical review of psychoanalytic theory and practice reflects on the place of psychoanalysis in contemporary Western culture in light of its preoccupation with the self and associated failure to emphasize the role of close interpersonal relationships as central to the human psyche The elusive presence of the separate other in psychoanalytic theory is discussed vis vis the life stories of Freud Winnicott and Kohut The underlying narcissistic bias in the theories of these three pioneers of psychoanalysis classical Freudian drive theory Winnicott s theory of the parent infant relationship and Kohut s theory of self psychology is traced back to their narcissistic personality traits which impacted their views and perceptions and obscured the fundamental centrality of interpersonal relationships per se in the inner world of the individual with far reaching implications for psychoanalytic thought and practice With fresh insights on the subjectivity of personality theories the core features of the narcissistic personality and the implications of the narcissistic position for theory and clinical practice this book will interest psychotherapists psychoanalysts and other professionals in the field specifically those interested in personality diagnosis narcissism attachment theory and psychotherapeutic approaches and psychoanalytic theories in general **Jungian and Psychoanalytic Perspectives on Christmas** Kendrick Lyddon Norris,2025-09-08 By examining its history traditions symbols and representation in the arts through the lens of three major schools of depth psychology Kendrick L Norris a Jungian Analyst and minister shows how better understanding of the promise of Christmas can allow us to discover what it is that we long for the most Why does the winter celebration of Christmas have such a deep rooted resonance individually and collectively This extensively researched book clearly and engagingly articulates the soul reasons why this holiday has such a significant impact on the human psyche The work begins with an explanation about how depth psychology can be used to understand the Christmas phenomenon followed by an investigation into the origins and symbols of Christmas The book closes by delving into the soul meaning of Christmas through the perspectives of Freud Kohut and Jung This thought provoking volume will appeal to Jungian Analysts psychoanalysts and psychotherapists as well as those interested in religion and its relation to depth psychology **Knowing What Psychoanalysts Do and Doing What Psychoanalysts Know** David Tuckett,Elizabeth Allison,Olivier Bonard,Georg J.

Bruns, Anna L. Christopoulos, Michael Diercks, Eike Hinze, Marinella Linardos, Michael Šebek, 2024-01-22 Founded on the in depth discussion of sixteen clinical cases of psychoanalysis this book answers the question of what psychoanalysts do when they are practicing psychoanalysis The authors have collaborated with over a thousand colleagues worldwide to collect a unique dataset of everyday clinical sessions using a new workshop discussion method designed to reveal differences Faced with diversity and wanting to surface and understand it they had to evolve a new theoretical framework This framework covers different approaches to the analytic situation using the metaphors of cinema dramatic monologue theater and immersive theater different sources of data to infer unconscious content differences in the troubles patients unconsciously experience and how to approach them and differences in when about what and how a psychoanalyst should talk Taking the form of eleven very practical questions for psychoanalysts to ask of each session they conduct the framework helps experienced psychoanalysts and students alike determine their intention and independently assess their progress A final chapter applies the new framework and practical questions to contemporary technical controversies with some surprising results

**Contemporary Psychoanalysis and Jewish Thought** Libby Henik, Lewis Aron, 2023-10-31 Demonstrating the connections between contemporary psychoanalysis Jewish thought and Jewish history this volume is a significant contribution to the traditions of dialogue debate and change within continuity that epitomize these disciplines The authors of this volume explore the cross disciplinary connections between psychoanalysis and Jewish thought while seeking out the resonance of new meanings to exemplify the uncanny similarities that exist between ancient Rabbinic methods of interpretation and contemporary psychoanalytic theory and methodology particularly the centrality of the question and the deconstruction of narrative In doing so this collaboration addresses the bi directional influence between and the relevance of the Jewish interpretive tradition and psychoanalysis to provide readers with renewed insight into key topics such as Biblical text and midrash religious traditions trauma gender history clinical work and the legacies of the Holocaust on psychoanalytic theory Creating an intimate environment for interdisciplinary dialogue this is an essential book for students scholars and clinicians alike who seek to understand the continued significance of the multiple connections between psychoanalysis and Jewish thought

**Why It Is Good to Be Good** John Hanwell Riker, 2010-08-20 In Why It Is Good to be Good John H Riker argues that modernity by undermining traditional religious and metaphysical grounds for moral belief has left itself no way to explain why it is personally good to be a morally good person Furthermore modernity s regnant concept of the self as an independent agent organized around the optimal satisfaction of desires and involved in an intense economic competition with others intensifies the likelihood that modern persons will see morality as a set of limiting constraints that stand in the way of personal advantage and will tend to cheat when they believe there is little likelihood of getting caught This cheating has begun to severely undermine modernity s economic and social institutions Riker proposes that Heinz Kohut s psychoanalytic understanding of the self can provide modernity with a naturalistic ground for saying why it is good to be good Kohut sees

the self as a dynamic unconscious structure which when coherent and actively engaged with the world provides the basis for a heightened sense of lively flourishing. The key to the self's development and sustained coherence is the presence of empathically responsive others. Kohut terms selfobjects. Riker argues that the best way to sustain vitalized selfobject relations in adulthood is by becoming an ethical human being. It is persons who develop the Aristotelian moral virtues: empathy for others, a sense of fairness, and a resolute integrity who are best able to engage in the reciprocal selfobject relations that are necessary to maintain self-cohesion and who are most likely to extend empathic ethical concern to those beyond their selfobject matrixes. Riker also explores how Kohut's concept of the self incorporates a number of the most important insights about the self in the history of philosophy. Constructs an original meta psychology that differentiates the ego from the self. Re-envisioning ethical life on the basis of a psychoanalytically informed view of human nature. Explores how pe

**Intersubjective Self Psychology** George Hagman, Harry Paul, Peter B. Zimmermann, 2019-04-30 Intersubjective Self Psychology: A Primer offers a comprehensive overview of the theory of Intersubjective Self Psychology and its clinical applications. Readers will gain an in-depth understanding of one of the most clinically relevant analytic theories of the past half-century, fully updated and informed by recent discoveries and developments in the field of Intersubjectivity Theory. Most importantly, the volume provides detailed chapters on the clinical treatment principles of Intersubjective Self Psychology and their application to a variety of clinical situations and diagnostic categories such as trauma, addiction, mourning, child therapy, couples treatment, sexuality, suicide, and severe pathology. This useful clinical tool will support and inform everyday psychotherapeutic work. Retaining Kohut's emphasis on the self and selfobject experience, the book conceptualizes the therapeutic situation as a bi-directional field of needed and dreaded selfobject experiences of both patient and analyst. Through a rigorous application of the ISP model, each chapter sheds light on the complex dynamic field within which self-experience and selfobject experience of patient and analyst/therapist unfold and are sustained. The ISP perspective allows the therapist to focus on the patient's strengths, referred to as the Leading Edge, without neglecting work with the repetitive transferences or Trailing Edge. This dual focus makes ISP a powerful agent for transformation and growth. Intersubjective Self Psychology provides a unified and comprehensive model of psychological life with specific practical applications that are clinically informative and therapeutically powerful. The book represents a highly useful resource for psychoanalysts and psychoanalytic psychotherapists around the world.

**Conservative and Radical Perspectives on Psychoanalytic Knowledge** Aner Govrin, 2015-11-06 Psychoanalysis really should not exist today. Until a few years ago, most of the evidence suggested that its time was drawing to a close, and yet psychoanalysis demonstrated remarkable resilience in the face of criticism alongside significant resurgence over the course of the last years. In *Conservative and Radical Perspectives on Psychoanalytic Knowledge*, The Fascinated and the Disenchanted, psychoanalyst and philosopher Aner Govrin describes the mechanisms of sociology within the psychoanalytic community which have enabled it to withstand the hostility levelled at it.

and to flourish as an intellectual and pragmatic endeavour He defends the most criticized aspect of psychoanalysis the fascination of analysts with their theories Govrin demonstrates that fascination is a common phenomenon in science and shows its role in the evolution of psychoanalysis Govrin argues that throughout its history psychoanalysis has successfully embraced an amalgam of what he has defined and termed fascinated and troubled communities A fascinated community is a group that embraces a psychoanalytic theory such as Bion s Klein s Winnicott s as one embraces truth A troubled community is one that is not satisfied with the state of psychoanalytic knowledge and seeks to generate a fundamental change that does not square with existing traditions such as new psychoanalytic schools scientifically troubled communities and the relational approach It is this amalgam and the continuous tension between these two groups that are responsible for psychoanalysis rich and varied development and for its ability to adapt to a changing world Clinical vignettes from the work of Robert Stolorow Betty Joseph Antonino Ferro and Michael Eigen illustrate the dynamic by which psychoanalytic knowledge is formed Conservative and Radical Perspectives on Psychoanalytic Knowledge will be of interest to psychoanalysts psychotherapists and philosophers alike

**The Leader** Charles B. Strozier, Daniel Offer, Oliger Abdyli, 2011-05-24 Behind every leader is an instructive life story It often promotes a public image that inspires others to live by it And sometimes even to live or to die for it As leadership qualities and image issues gain significance in the public discourse the psychological study of leadership is a critical factor in any discussion With its trenchant insights into leaders past and present The Leader Psychological Essays Second Edition updates a pioneering text in this field and provides a solid basis for ongoing dialogue on this important subject Within the context of the ever evolving disciplines of psychoanalysis and psychodynamics this thought provoking volume examines the lives of several prominent leaders from ancient Greece through the start of the 21st century The authors explore how these leaders imposed their individual missions and mystiques on others thereby fulfilling and sometimes creating distinct needs in their followers The volume brings into vivid focus issues with the potential for devastating consequences on the global stage Coverage includes Biblical times ancient Greeks and the seeds of leadership Lincoln during the 1850s leading a dividing nation Thomas A Kohut on Kaiser Wilhelm II and the German national character George W Bush atonement redemption narratives and the American Dream Bin Laden man and myth A study of paranoid leadership and its implications for future politics and policy This must have Second Edition is indispensable reading for researchers professors and graduate students across many disciplines including political psychology psychoanalysis history and political science psychiatry anthropology and personality and social psychology It is important reading for anyone with an interest in the life stories of leaders past and present and how they affect our world even long after they are gone

**Your Friend Forever, A. Lincoln** Charles B. Strozier, 2016-05-03 On April 15 1837 a long gawky Abraham Lincoln walked into Joshua Speed s dry goods store in Springfield Illinois and asked what it would cost to buy the materials for a bed Speed said seventeen dollars which Lincoln didn t have He asked for a loan to cover that amount until Christmas Speed was taken with

his visitor but as he said later I never saw so gloomy and melancholy a face Speed suggested Lincoln stay with him in a room over his store for free and share his large double bed What began would become one of the most important friendships in American history Speed was Lincoln s closest confidant offering him invaluable support after the death of his first love Ann Rutledge and during his rocky courtship of Mary Todd Lincoln needed Speed for guidance support and empathy Your Friend Forever A Lincoln is a rich analysis of a relationship that was both a model of male friendship and a specific dynamic between two brilliant but fascinatingly flawed men who played off each other s strengths and weaknesses to launch themselves in love and life Their friendship resolves important questions about Lincoln s early years and adds significant psychological depth to our understanding of our sixteenth president

**Don Browning and Psychology** Terry D. Cooper, 2011 Psychologist of religion ethicist theological psychologist cultural critic philosophical anthropologist marriage and family expert practical theologian and religion and law scholar these are some of the many labels one could use to describe the history of Don Browning s work Yet in spite of the multi faceted nature of Browning s work abiding themes and central concerns consistently emerge Perhaps the title which best describes Browning s noteworthy contributions is that of horizon analyst Browning is always at his best when he is helping us see the world of implicit assumptions and normative images which govern various perspectives He has an eye for metaphors which as his mentor Ricoeur famously said give rise to thought Perhaps Browning s greatest academic asset has been his ability to explore the philosophical underpinnings of various psychological theories This book focuses on Browning s rich investigative journey into Freud s dual instinct model the relationship between human biology and culture evolutionary psychology William James instinctual pluralism Erik Erickson s notion of generativity the ethical implications of self actualization in the humanistic psychologies of Rogers and Maslow evil and self realization in Carl Jung the place of self injury in the thought of Heinz Kohut as well as other issues Beginning with a discussion of Browning s critical hermeneutical approach heavily influenced by Gadamer Ricoeur and David Tracy this book then systematically explores Browning s critical assessments of the most significant contemporary psychological movements

Clinical Studies in Neuropsychanalysis Revisited Christian Salas, Oliver Turnbull, Mark Solms, 2021-07-28 In the past few decades we have accumulated an impressive amount of knowledge regarding the neural basis of the mind One of the most important sources of this knowledge has been the in depth study of individuals with focal brain damage and other neurological disorders This book offers a unique perspective in that it uses a combination of neuropsychology and psychoanalytic knowledge from diverse schools Freudian Kleinian Lacanian Relational etc to explore how damage to specific areas of the brain can change the mind Twenty years after the publication of Clinical Studies in Neuro Psychoanalysis this book continues the pioneering work of Mark Solms and Karen Kaplan Solms bringing together clinicians and researchers from all over the world to report key developments in the field They present a rich set of new case studies from a diverse range of brain injuries neuropsychological impairments and even degenerative and paediatric pathologies This volume will be



of immense value to those working with neurological populations that want to incorporate psychoanalytic ideas in case formulations as well as for those who want to introduce themselves in the neurological basis of psychoanalytic models of the mind and the broader psychoanalytic community

**The Risk of Relatedness** Chris Jaenicke, 2007-10-23 The success of psychotherapy depends on the development of both the patient and the psychotherapist This is the central thesis of Jaenicke's book which addresses the clinical application of intersubjectivity theory in terms of the risk what Jaenicke terms the risk of relatedness the theory poses to both therapist and patient when executed as practice In contrast to Freudian theory intersubjectivity theory considers therapy a process that is co constructed by patient and therapist where the therapist eschews the role of neutral authority who provides patients with new insights and whose subjective reaction to the therapeutic process is sealed off from the therapist patient interaction Jaenicke translates and reformulates the theory's complexities into the terms of practical psychotherapeutic work Using eight fundamental psychoanalytic concepts empathy defense splitting the unconscious trauma the myth of the isolated mind transference countertransference and affect he gives a vivid account of how intersubjectivity theory can be put into practice while describing common difficulties Numerous case studies provide concrete examples

Inside Out and Outside In Joan Berzoff, Laura Melano Flanagan, Patricia Hertz, 2011-07-16 Over the past decade *Inside Out and Outside In* has become a very important book among mental health practitioners in a variety of disciplines that deal with individuals in their complex social environments Revised and updated throughout the third edition builds on this foundation and adds a new chapter on cognitive behavioral theory and practice and a new chapter on relational and intersubjective theories to more fully meet the needs of both students and practitioners today The third edition of *Inside Out and Outside In* maintains the book's respectful tone and empathetic voice while making many new additions The chapter on affective disorders now includes bipolar disorders Two other chapters update content on psychodynamic theory and race and gender This edition also offers new research on schizophrenia and personality disorders Other key updates include linking trauma theory with attachment as well as attending to client systems including couples throughout the book This new edition further deepens our understanding of the bio psycho social contexts in which clinical theory and practice occur particularly in multicultural settings It offers ways to clearly understand theories and clinical disorders in their biological and social contexts and provides key updates on new developments in the biopsychosocial domain

**The Life of I** Anne Manne, 2015-08-03 Far from being the work of a madman Anders Breivik's murderous rampage in Norway was the action of an extreme narcissist As the dead lay around him he held up a finger asking for a Band Aid Written with the pace of a psychological thriller *The Life of I* is a compelling account of the rise of narcissism in individuals and society Manne examines the Lance Armstrong doping scandal and the alarming rise of sexual assaults in sport and the military as well as the vengeful killings of Elliot Rodger in California She looks at narcissism in the pursuit of fame and our obsession with making it She goes beyond the usual suspects of social media and celebrity culture to the

deeper root of the issue how a new narcissistic character type is being fuelled by a cult of the self and the pursuit of wealth in a hypercompetitive consumer society The Life of I also offers insights from the latest work in psychology looking at how narcissism develops But Manne also shows that there is an alternative how to transcend narcissism to be fully alive to the presence of others how to create a world where love and care are no longer turned inward **American Theater in the Culture of the Cold War** Bruce A. McConachie, 2005-06 1 A theater of containment liberalism 2 Empty boys queer others and consumerism 3 Family circles racial others and suburbanization 4 Fragmented heroes female others and the bomb

**Meaning, Mind, and Self-Transformation** Victor L. Schermer, 2018-05-01 Interpretation is the primary intervention of psychoanalysis Until now it has been discussed almost exclusively from a technical standpoint rather than its relationship to the mind human life and how it affects the personality This book explores the intrinsic nature of interpretation in psychoanalysis For that purpose two streams of thought are brought into dialogue with one another Anglo American psychoanalysis and Continental European philosophical hermeneutics the study of meaning and interpretation This book celebrates and makes explicit the value of interchanges between the paradigm of science and philosophical hermeneutics It is divided into three sections preceded by a discussion of the relationship between psychoanalysis hermeneutics and the sciences with psychoanalysis at a crossroads seeking a new path Part 1 starts with a consideration of Freud's methodology in The Interpretation of Dreams moving to a review of ancient romantic and modern theories of interpretation as they relate to psychoanalysis **The Skillful Soul of the Psychotherapist** Steven J. Sandage,, George S. Stavros, 2014-09-24 In The Skillful Soul of the Psychotherapist master clinicians reflect on their core spiritual values beliefs experiences and the role these play in psychotherapy Reflections by Nancy McWilliams David Wallin and Salman Akhtar are responded to by scholars representing a substantial range of psychological spiritual religious and theological perspectives The ensuing scholarly clinical dialogue advances the idea that a psychotherapist's formative spiritual experiences and core values both deeply influence and are simultaneously influenced by the therapeutic relationships and healing work that constitute his or her clinical practice Through this addressing of the interplay between these master clinicians inner wisdom and the therapeutic process readers will see demonstrated firsthand the vital importance of the psychotherapist's spiritual life for creative and effective clinical work This volume will also provide the opportunity for both experienced and training psychotherapists to enrich their own clinical practice via a more robust engagement in the points of contact and resonance that exist between their work with clients and their own unique spiritual lives and experiences

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