

# **From Prevention to Wellness Through Group Work**

*Edited by*  
**Joan K. Parry**



# From Prevention To Wellness Through Group Work

**Mark Steyvers**



## **From Prevention To Wellness Through Group Work:**

**From Prevention to Wellness Through Group Work** Joan K Parry, 2014-03-18 Offering some of the most advanced thinking and practice in the arena of social work with groups **From Prevention to Wellness Through Group Work** synthesizes the discussions and findings from the Annual Symposium of the Association for the Advancement of Social Work with Groups AASWG Gathered here are different ideas techniques and research with a focus on prevention for group work with seniors adults teens and children With a mix of authors from social work academia and practice this book gives you groundbreaking theoretical pieces as well as emerging skills and techniques in group work If you attended the conference you will refer to this book as a guide to the information presented If you were not in attendance you need this book to discover what you missed The two primary chapters in **From Prevention to Wellness Through Group Work** provide a look into constructivism and the power model and the empowerment approach as a paradigm for international social work practice Other pertinent topics you learn about include conflict management in group treatment a social skills program for emotionally disturbed children bullying and scapegoating in groups groups for persons who have experienced transplants groups for persons with AIDS the intersection of different realities in the group setting using poetry to revive traditional practice methods theories and values mutual aid democratic participation power sharing and consciousness raising **From Prevention to Wellness Through Group Work** also shows you how group experiences prevent breakdown and encourage wellness for older adults in senior centers and retirement communities the definition scope and usefulness of psychoeducational groups how group based methods can enrich research and how monitoring group practice can strengthen your effectiveness and credibility You ll find the book s consistent focus on prevention while providing ways to improve both group work practice and research through cooperative efforts most helpful

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traditional practice methods theories and values mutual aid democratic participation power sharing and consciousness raising From Prevention to Wellness Through Group Work also shows you how group experiences prevent breakdown and encourage wellness for older adults in senior centers and retirement communities the definition scope and usefulness of psychoeducational groups how group based methods can enrich research and how monitoring group practice can strengthen your effectiveness and credibility You ll find the book s consistent focus on prevention while providing ways to improve both group work practice and research through cooperative efforts most helpful

**Growth and Development Through Group Work** Claudia Carson,Elizabeth Lewis,Anna Fritz,2014-04-08 Examine group work s roots and fundamental beliefs to get a glimpse of the future For more than 80 years social group work has survived difficult times a testament to the persistence of its practitioners as well as the strength of its methods Growth and Development Through Group Work chronicles the evolution of this groundbreaking practice through a collection of peer reviewed papers presented at the 23rd Annual International Symposium on Social Work with Groups The book examines practice policy and education issues in specific settings and populations from both theoretical and historical perspectives Presented in the wake of the September 11 terrorist attacks in New York City and Washington DC the papers that comprise Growth and Development Through Group Work reflect a heightened awareness of the importance of social action group work now and in the future The book represents the best of social work s tradition of social reform and concern for oppressed people never straying far from the concept of the group with its multiple helping relationships as the primary source of change A comprehensive overview of the field in international intercultural and cross gender contexts Growth and Development Through Group Work is equally effective for coursework or independent reading Topics addressed in Growth and Development Through Group Work include contributions of the late Ruby B Pernell to the development of social group work research in support of group work education and practice group work in Germany its development from American roots and its current advances social justice as a major objective of group work practice teaching group work mutual aid in support groups for particularly sensitive health problems psychoeducational group work contributions from Hull House as guides for the future of social group work Growth and Development Through Group Work is an invaluable resource for clinicians neighborhood and community activists educators and students researchers therapists administrators and anyone working in policy and or program development

*Mutual Aid Groups, Vulnerable and Resilient Populations, and the Life Cycle* Alex Gitterman,Lawrence Schulman,2005-02-23 The contributors to this volume examine the role of mutual aid groups and social workers in helping members of oppressed vulnerable and resilient populations regain control over their lives The chapters reveal the ways in which mutual aid processes help individuals overcome social and emotional trauma in contemporary society by reducing isolation universalizing individual problems and mitigating stigma Using the life cycle as a framework the editors establish a theoretical model for practice and demonstrate how social workers as group leaders can foster the healing and empowering

process of mutual aid The contributors also consider the fundamentals of the mutual aid process the institutional benefits of group service and specific clinical examples of mutual aid groups Each chapter offers detailed case materials that illustrate both group work skills and developmental issues for a variety of populations and settings including HIV positive and AIDS patients the homeless and perpetrators and victims of sexual abuse and family violence New chapters in this completely revised and updated third edition illustrate the power of mutual aid processes in dealing with children traumatized by the events of September 11 adult survivors of sexual abuse parents with developmentally challenged children people with AIDS in substance recovery and mentally ill older adults

**Gender and Groupwork** Marcia Cohen,Audrey Mullender,2003-09-02 Thinking about gender can enrich the work of all groupwork practitioners and can make a real difference in people s lives Based on practice experience in both the UK and the USA Gender and Groupwork brings together the best of groupwork knowledge skills and values in a true transatlantic partnership The book summarises the history of gender based groups for both women and men and outlines a wide range of exciting and challenging examples of groups in different contexts Often moving and always engrossing these accounts encompass groups for older women and women facing inequalities in health care Innovative work with homeless people with caregivers and lesbian and gay youth is described in detail and there is a particular focus on domestic violence where groups can often the intervention of choice Gender and Groupwork demonstrates that despite the challenges of post structuralism and postmodernism the practice of groupwork is alive and well It provides new ideas and new models to help move practice forward making it a welcome addition to the groupwork literature

*Social Work with Groups* N. Sullivan,L. Mitchell,D. Goodman,N.C. Lang,E.S. Mesbur,2013-10-11 Help change the world by bringing ideas of social justice into your group work practice Social workers who use hip hop music to reach out to troubled adolescents Practitioners who compare First Nations talking circles with social work practice with groups A retired professor who transforms the way her fellow senior living center residents participate in their world Fathers of children with spina bifida who help one another through an online discussion group These and other examples you ll discover in *Social Work with Groups Social Justice Through Personal Community and Societal Change* will help you to assist groups to gain a sense of empowerment and create change in their own lives and communities In *Social Work with Groups Social Justice Through Personal Community and Societal Change* you ll also find definitions of social justice within the context of social work a proposal to help focus on social justice in teaching guidelines for group facilitators making decisions about self disclosure studies of innovative group work discussion of the challenges to achieving social justice in group work valuable ways to ground social group work in rich cultural traditions This new book rides the crest of the growing wave of justice in social work with groups Culled from the proceedings of the 22nd International Symposium of the Association for the Advancement of Social Work with Groups it gives you the innovations and current thinking of professionals who while coming from different cultural and professional backgrounds are focused on helping all people enjoy the same rights and

opportunities If you want to use group work to challenge social inequality Social Work with Groups will be a welcome addition to your library Social action that gets results has to start somewhere let it begin with you      **A Mutual-Aid Model for Social Work with Groups** Dominique Moyse Steinberg, 2014-02-24 Group work is a popular and widely used social work method Focusing particularly on the central role of mutual aid in effective group work this text presents the theoretical base outlines core principles and introduces the skills for translating those theories and principles into practice A Mutual Aid Model for Social Work with Groups will help readers to catalyze the strengths of group members such that they become better problem solvers in all areas of life from the playroom to the boardroom Increased coverage of evaluation and evidence based practice speaks to the field's growing concern with monitoring process and assessing progress The book also includes worker based obstacles to mutual aid their impact and their antidotes pre group planning including new discussion on curriculum groups group building by prioritizing certain goals and norms in the new group the significance of time and place on mutual aid and the role of the group worker maintaining mutual aid during so called individual problem solving an expanded discussion of anti oppression and anti oppressive practice unlocking a group's potential to make difference and conflict useful special considerations in working with time limited open ended and very large groups Case examples are used throughout to help bridge the gap between theory and practice and exercises for class or field help learners to immediately apply conceptual material to their practice All resources required to carry out the exercises are contained in over 20 appendices at the end of the book Key points at the end of each chapter recap the major concepts presented and a roster of recommended reading for each chapter points the reader to further resources on each topic Designed to support ethical and successful practice this textbook is an essential addition to the library of any social work student or human service practitioner working with groups      **Social Work with Groups** Sue Henry, Jean East, Cathryne Schmitz, 2016-05-23 Hone your group work skills to make sessions even more meaningful Social Work with Groups Mining the Gold examines a wide array of varieties of social group work practice from corrections through empowerment and international issues It explores ways to deal with youth violence following the shootings at Columbine High School issues of social exclusion empowerment practice groups in correctional settings group work practice with seniors gender diversity multicultural groups teleconferencing groups and education for social work group practice Every chapter author who contributed to this timely and important volume reflects the gold to be mined in the use of groups in social work Linda Hutton shares her first hand experience of working with chronically paranoid schizophrenic clients who are also chemically addicted Marshall Rubin and Carol J Hinote explore ways of working creatively with different populations Rubin confronts the use of structured program designs and Hinote describes the challenge of being a woman worker with a group of mentally ill men Paul Abels and Sonia Leib Abels examine the use of narratives in social work with groups Beverly Ryan and Patty Crawford discuss the creation of support groups for elderly people dealing with loss and Jean East Susan Manning and Ruth J Parsons explore ways for group

work to advance the social work empowerment agenda Social Work with Groups also explores case studies of a school based project to prevent violence a European group work plan to fight social exclusion in a multicultural environment a prison based group work program ways to use gender diversity to enrich the group experience Social Work with Groups brings you insightful commentary from the people who are developing cutting edge programs and expanding the boundaries of group work No social worker who wants to function most effectively in a group setting should be without it **Making Joyful Noise** Andrew Malekoff, Robert Salmon, Dominique Moyse Steinberg, 2014-01-02 This diverse collection of articles by group work professionals who work in the classroom and in the field captures not only the art and science of social work with groups but also its soul highlighting practice teaching and writing ideas that promote the power of group work and the people who do it Making Joyful Noise reinforces the value and uniqueness of group work as a positive optimistic empowering and affirming way of working with people The articles presented here cover a wide range of age groups populations and settings and include examples on the use of activity and discussion in groups a poetry club for children the meaning of camp for preadolescents a boxing group for adolescents who live in the inner city self defense classes for adults and caregiver support for the elderly The book also steps into the classroom to promote the teaching of social group work and the education of advanced group work practitioners and to encourage practitioners to write about their group work practice Finally the book presents and illustrates a number of concepts that are unique to group work and that encourage front line practitioners to be bold and to stay in the mess While organized as a tribute to the late Dr Roselle Kurland Making Joyful Noise is in and of itself an important collection of articles and essays on social group work and one that is certain to provide all practitioners who are interested in group work with a spark a smile and some needed inspiration for their important work Making Joyful Noise includes essentials for preserving promoting and portraying group work practice the critical relationship between human and professional ethics in group work six common mistakes that practitioners make in regard to group purpose using organizational analysis to improve group work practice creatively blending activity and discussion in diverse settings cultivating collegiality to reduce isolation and enhance practice developing a capacity to stay in the mess in group work with people of all ages skills for effectively working with transitions separation and loss in group guidelines for practitioners wishing to write for publication and much more This book is a rich and diverse collection that is required reading for anyone working to promote social work with groups The Life Model of Social Work Practice Alex Gitterman, Caryl B. Germain, 2008-05-27 Originally published in 1980 this seminal work was the first to introduce an ecological perspective into social work practice The third edition expands and deepens this perspective further developing the basic premise that by being situated within the people environment interface the social work profession is distinct from other service professions The book presents the what theories and concepts and the how practice methods to help people with their life stressors and simultaneously to influence communities organizations and policymakers to be more responsive

to them In this edition Gitterman and Germain examine major changes to our socioeconomic and political landscape They restore a chapter on the history of social work practice offering a view of the limited services for African Americans provided by settlements and charity organization societies Building on the African American self help and mutual aid traditions this chapter traces the replication of a parallel social service system by African American leaders for their own communities The chapter also addresses the impact of contemporary societal trends including the global economy immigration cultural changes and the technology revolution In addition it discusses current professional contexts of managed mental health care evidence based practice and the professional uses of technology A new chapter explores issues and processes embedded in assessment practice monitoring and practice evaluation The volume continues to feature innovative schema for assessment and intervention with respect to stressful life transitions and traumatic events environmental pressures and dysfunctional interpersonal processes Practice illustrations offer reflections of today s major social issues such as AIDS homelessness and modern forms of violence

**Information Technology, Organizations and People** Jeff Watkins, 2002-09-11 This wide ranging volume presents in depth research into the effect of new information technologies on organizational structure assesses their progress towards transformation and describes the changes they are making to long established business process roles cultures and working practices The book is based upon a series of rolling surveys carried out between 1989 and the present day and funded by leading organizations such as IBM and KPMG It provides a detailed picture of a sector in transition during a period of anxiety and doubt dominated by restructuring downsizing and experimentation with re engineering As the lean and mean emerge they must now ask themselves if their competencies will enable them to survive into the next decade as competitors such as Sainsburys Virgin Microsoft and Ford position themselves to become major players in the sector This book is a major contribution to the debate on the growth of knowledge work the need for core organizational competencies in the information age and the need for evolutionary or radical change

Group Work Education in the Field Julianne L. Wayne, Carol S. Cohen, 2001

**Wisconsin's Framework for Comprehensive School Health Programs** Bonnie Nelson Trudell, 1998

*Handbook of Social Work Practice with Vulnerable and Resilient Populations* Alex Gitterman, 2001

Role in forming balanced assessments

*An Introduction to Group Work Practice* Ronald W. Toseland, Robert F. Rivas, 2005

The perfect text for preparing students to work with either treatment ongoing or task special focus groups this newly revised edition offers the most up to date research and technology available in the social work field

*An Introduction to Group Work Practice Fifth Edition* continues to stress the importance of developing skills in group work and provides the most comprehensive information available on the market today Students receive a thorough grounding in areas that vary from treatment to organizational and community settings Chapters on the history of groups group dynamics group leadership and diversity help the reader build a solid knowledge base about groups and it apply to real life social work practice The addition of new case studies practice examples and guiding principles add to the ease and



readability of this popular text New To This Edition Special attention to the problem solving stages used in social work practice better prepare students for leadership roles in groups Expanded research based literature throughout exposes students to more evidence based practice More practice problems and short case examples allow students to apply content and obtain feedback helping to reinforce chapter content Newly revised material on group dynamics including information on work with organizations and communities assessment group leadership and diversity students can use in both HBSE Practice courses and across the baccalaureate curriculum What Reviewers Are Saying The authors thorough coverage of this material in an organized format is exactly why I chose this text over others Janice G Wells Ph D Winthrop University The readability of all these chapters is very good for either graduate or undergraduate level This is certainly one of the most important overall strong points of the text Daniel Liechty Ph D Dmin ACSW LCSW Illinois State University An Introduction to Group Work Practice is very comprehensive and well researched It has the rigor that I would expect in a substantial treatment of this subject but the accessibility to the beginning student It s very informative Matthew R Buckley Ed D Delta State University I believe the text includes virtually everything that should be included in a beginning group work textbook Its completeness is a great strength Kendra J Garrett DSW University of St Thomas Students study smarter not harder with these grade boosting supplements from Allyn Bacon Instructors give your students the extraordinary benefits of these study aids by ordering them packaged with this Allyn Bacon text Contact your Allyn Bacon representative for ordering information Allyn Bacon s Career Center offers registered students eight 30 minute sessions with a career specialist This 25 00 retail value is FREE when packaged with any Social Work textbook For more information visit [www.ablongman.com/careercenter](http://www.ablongman.com/careercenter) Title of related interest from Allyn Bacon Toseland Rivas Student Workbook 5 e ISBN 0 205 42995 5 *Teaching a Methods Course in Social Work with Groups* Roselle Kurland,Robert Salmon,1998 *Journal of Education for Social Work* ,2000

**Transforming Community Health through Leadership** John W. Moran,2018-04-24 As the United States faces increasingly difficult and trenchant public health problems from the Zika virus to the obesity epidemic to the opioid crisis population health is a growing area of concern for public health organizations particularly how to care for populations effectively on a shoestring budget Though little discussed in the mainstream media community health improvement organizations are increasingly partnering and forming coalitions with local hospitals working together to improve traditional medical care But with the pace of change in health care policy these coalitions must be thoughtfully lead and managed This new book from John W Moran Senior Quality Advisor to the Public Health Foundation demonstrates how to build operate manage and sustain a community health improvement coalition once it is formed Offering the reader practical examples and guidance on forming and sustaining a community health coalition this book demonstrates the ways in which the success of a coalition depends upon a stable anchor organization and a committed leader Chapters focus on each of these roles and how to achieve success in each examining what needs improvement why it is important to improve now how it will be done and

where in the community improvement can have the most impact The last chapter offers a case study exploring a community health coalition and leader to illustrate application of the concepts introduced throughout the book Transforming Community Health through Leadership is designed specifically to prepare governmental public health health care and community leaders to take advantage of the ever changing landscape of public health and health care in concrete ways to improve population health     Bibliographic Index ,1997     Social Work Education Reporter ,1995

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