

HUMAN HEART ANATOMY

Human Heart Anatomy

Right Atrium

A ticket booth that welcomes blood back to get oxygen again.

Aorta

A strong highway that carries the oxygen-rich blood to all parts of the body.

Pulmonary Valve

A special road that carries blood from the heart to the lungs for a breath of fresh air.

Left Atrium

A cozy waiting room that gets special oxygenated blood from the lungs.

Left Ventricle

A powerful muscle that pumps oxygen-rich blood to the whole body.

Right Ventricle

A pump that sends oxygen-poor blood to the lungs for a refreshing break.

Your amazing Heart

Fun Facts about

Your heart is like a pump that keeps your body running. It beats a lot, around 100,000 times every day!

Your heart has its own special electricity that makes it beat and keep the blood moving.

When you feel excited or scared, your heart can beat faster to give you extra energy.

Your heart gets stronger when you exercise and play sports. It's like a superhero muscle!

Just like you have a special fingerprint, your heart has its own special pattern.

Good habits for Heart

1. Eating Fruits and Vegetables: Having a balanced diet with plenty of fruits and vegetables helps keep your heart healthy.

2. Exercising Regularly: Engaging in activities like running, swimming, or dancing keeps your heart strong and happy.

3. Getting a good night's sleep.

From The Heart Lesson From A Sparrow

Sandra Jackson



From The Heart Lesson From A Sparrow:

From the Heart Sandra Jackson,2001-06 MY HEART IS MY OWN IS A BOOK OF FICTION THOUGH IN REALITY AND IN SOME RESPECTS IT REPRESENTS DIFFERENT PEOPLE THAT THE AUTHOR HAS MET AND KNOWN IT IS ABOUT A VERY SUCCESSFUL ATTORNEY WHO IN HIS QUEST FOR SUCCESS REALIZES THAT SOMETHING IS MISSING IN HIS LIFE HE LIVES DAY TO DAY WITHOUT COMING TO REALIZE THAT HE MUST FACE HIS FEELINGS ABOUT LIFE AND LOVE SO THAT HE CAN COME TO EXPERIENCE BOTH AS THIS HAPPENS HE OPENS HIS HEART AND LIFE TO MORE HAPPINESS THAN THEY COULD EVER HOLD IN THE END HE LOSES HIS LOVE BUT HE RECEIVES A PRECIOUS BABY SON FROM THAT LOVE THE BOOK WAS WRITTEN OVER A TWO YEAR PERIOD AND IS TRULY A LABOR OF LOVE OF THE AUTHOR WHOSE FIRST BOOK HAS BEEN PUBLISHED

From the Heart Sandra Jackson,2008-10-27 God has truly poetically enhanced the actual pages of my mind During the course of writing this book I asked God as in II Timothy 1 6 to stir up the gift that was inside of me I can truly say that God has done just that From the style of my writing to the message and even in my walk with Christ there has been a spiritual growth To God be the glory I pray this book inspires and encourages you greatly so that this labor of love will not be in vain Yours in Christ Sandra Jackson **Sparrow's Arrows**

William Rowe,2018-09-18 In the magical land of Jik where people are either lemon yellow or witchy green bullies are a big problem And Yellies think Greenies are weird Fortunately for the pipsqueak Sparrow some of the Witches in Jik are playfully kind One of these using some very sly magic helps Sparrow and his heart friend Lucy to thwart and reform the mean bully Marvin But it takes all the cleverness and bravery that Sparrow can muster *Ward's evangelical [afterw.] The Evangelical almanac* ,1865 One Small Sparrow Jeff Leeland,2000-04-01 This father s faith perspective on the fear of losing his infant son to leukemia and the community outpouring of love which refused to let that happen will restore your belief in others

The Church ,1874 **The Mothers' treasury** ,1873 ... *Select Notes on the International Sunday School Lessons* ... Wilbur Moorehead Smith,1918 *Becoming* Dr. Peter J. Morry,2013-11-01 Being both evocative and provocative the author using a artfull synthesis of poetry and prose takes the reader on a transformative exploration of the timeless themes of love truth killing sexuality religion and politics that characterize the human condition *Becoming* is a timeless book that is both intimate and broad in scope By challenging your core beliefs on the human condition this book invites transformation The character Bill travels through time gathering insight into the human soul He explores the effect that the darker forces of power and greed which have plagued humanity throughout history have had on mankind both on the individual and societal level Juxtaposed to this are the forces of love truth and enlightenment which are also explored Your journey of discovery with Bill will be both entertaining and revealing as you examine the struggle that exists within everyone of us between these opposing forces By the end of your journey experience the triumph of the human spirit over the powerful forces of conflict chaos and adversity as conclusions are drawn and solutions to the problems identified are proposed **Motivational Bird**

Tales Sharr Dee, 2025-04-23 Motivational Bird Tales is a heartfelt collection of inspiring stories that draw strength and wisdom from the lives of birds Through vivid storytelling the book explores themes of resilience hope and perseverance using bird characters to mirror human struggles and triumphs From Eldara an aging eagle who adapts to blindness to Daisy a determined duck with a limp who dreams of flight each tale celebrates courage in the face of adversity There s also Sally the sparrow who builds her home amid the chaos of a city showing the power of persistence These stories reflect our own challenges and inspire us to rise above them with strength and belief Set in rich natural and urban landscapes the book invites readers of all ages to find motivation encouragement and joy Ultimately Motivational Bird Tales is a tribute to the human spirit reminding us all that with determination we too can spread our wings and soar Birds and all Nature Vol VII, No. 3, March 1900 Various, 2021-03-16 *The Christian Intelligencer and Mission Field* ,1923 West Virginia Wild Life; Official Monthly Publication of the Wild Life League of West Virginia ,1923 **Tarbell's Teacher's Guide to the International Sunday-school Lessons for 1912, 1914** Martha Tarbell, 1913 **Great lessons for little people** Great lessons, 1866 **The Christian Union** ,1889 *Providence of a Sparrow* Chris Chester, 2004-04-13 There s a special providence in the fall of a sparrow William Shakespeare Hamlet B fell twenty five feet from his nest into the life of Chris Chester The encounter was providential for both of them B and Chester spent hours together playing games like bottle cap fetch or hide and seek They learned words in each other s vocabularies B developed a fetish for nostrils and a dislike of the color yellow He grew anxious if Chester came home late from work At bedtime he would rub his sleepy eyes on Chester s thumb and settle to sleep in his palm Chester ended up turning part of his house into an aviary and adjusting his social life to meet B s demands This was a small price to pay though for the trust and comfort of a twenty five gram friend who brought joy and wonder back into his life *Lessons from the Heart* Jack Graham, 2001 This book helps you improve the spiritual condition of your heart and enables you to develop a heart for God that will bring peace fulfillment and joy to your life and prepare you to spend eternity with the One who created you **The young scholar's companion; or, A selection of reading lessons** Robert Connel, 1853 *Illustrative Notes* ,1891

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