HEARTMATES.

a survival guide for the cardiac spouse

Rhoda F. Levin



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Heartmates A Survival Guide For Cardiac Spouse

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Filled with Dr Senay s expert medical advice personal anecdotes and a healthy dose of humor From Boys to Men will resonate with women of every age and stage of life TOPICS INCLUDE BOYS Health issues unique to infants the most dangerous threats to teenage boys learning disabilities and developmental disorders gender issues sportsmanship body image sex and sexuality MEN Preventative care emotional needs and disorders stress and depression high cholesterol and blood pressure coping with illness sexual dysfunction and more The Caregiver's Tale Ann Burack-Weiss, 2006 Ann Burack Weiss explores a rich variety of published memoirs by authors who cared for ill or disabled family members The text will offer insight and comfort to individuals caring for a loved one and is a valuable resource for all healthcare professionals Heartmates Meditation Journal Rhoda F. Levin, 1995 **When Cancer Strikes** Nabil G. Hagag, 1998-06 By the end of 1997 more than 1 3 million new cases of cancer will be diagnosed and it is estimated that two of every three American families will at some time have at least one family member diagnosed with cancer The current trend towards earlier discharge form acute care hospitals and an expected increase in home care may result in more adult children becoming involved in caring for a physically dependent parent Furthermore advances in cancer treatment have led to increased survivorship which in turn has led to caregiving demands that many exist for several months to years Family caregiving requires adjustments in daily schedules imposes financial burdens and causes the individual members to re evaluate their relationships with the patient The book is intended to raise awareness of the stresses evoked by a caregiving relationship A Patient's Guide to Heart Surgery Carol Cohan, 1991 A comforting unique guide to the psychological aspects of open heart surgery From choosing and preparing for surgery to recovering in the hospital and at home this guide explores the emotional and practical ramifications of heart surgery 21 line drawings We are Not Alone Sefra Pitzele, 1986-01-01 Explains the problems faced by victims of chronic illnesses gives practical advice on coping and discusses sexuality diet exercise and adaptive living devices

Caregiver Connection DIANE Publishing Company,1994-11 Provides information and skills training for families and friends who take care of their elderly loved ones Covers aging changes listening skills personal care home safety exercise and much more Drawings
Coping with Heart Surgery and Bypassing Depression Carol Cohan, June B. Pimm, James R. Jude, 1998 Knowledge is power Study after scientific study has shown that the right kind of information about a medical problem speeds recovery And when that medical problem is heart surgery information specially tailored to answer patients questions quiet their fears and give them a sense of control over their circumstances promises the quickest and most complete recovery possible This unique combination of practical information and solutions to common problems fills the pages of Coping with Heart Surgery and Bypassing Depression The problems associated with heart surgery become less threatening when you know what to expect when you understand the problems you encounter and when you can solve those problems Accordingly Coping with Heart Surgery and Bypassing Depression spells out everything you need to know to enter surgery with confidence and recover swiftly and smoothly The book provides detailed information about the events that

accompany each stage of the heart surgery experience from the time surgery is recommended until months after convalescence is under way It discusses what other patients encountered at each stage problems that arose and a variety of solutions And it invites you to pick and choose among the suggestions to suit your particular needs and personality style

Women Over Forty Jean Dresden Grambs, 1989 When a Loved One is Ill Leonard Felder, 1991 Sexual Concerns when Illness Or Disability Strikes Carol L. Sandowski, 1989 The Consumer Health Information Source Book Alan M. Rees, Catherine Hoffman, 1990 How can an award winning source book that helps consumers find health information be improved Health expert Alan Rees has done just that in his sixth edition by providing practical advice on using the Internet tips on where to find Spanish language health pamphlets and recommendations on what s most important in the world of alternative medicine The sixty edition provides users with an annotated guide to health related resources hotlines newsletters pamphlets Web sites CD ROMS magazines books and more Readers are given a description on each resource and how to best use it

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