

Review

# State of the Art and Challenges in Epilepsy— A Narrative Review

Aida Mihaela Manole <sup>1,†</sup>, Carmen Adella Sirbu <sup>1,2,3,†</sup> , Mihaela Raluca Mititelu <sup>4,5,†</sup> , Octavian Vasiliu <sup>6</sup>,  
Lorenzo Lorusso <sup>7</sup> , Octavian Mihai Sirbu <sup>2,8,\*</sup> and Florentina Ionita Radu <sup>9,10</sup>

- <sup>1</sup> Department of Neurology, ‘Dr. Carol Davila’ Central Military Emergency University Hospital, 010242 Bucharest, Romania
- <sup>2</sup> Clinical Neurosciences Department, University of Medicine and Pharmacy ‘Carol Davila’ Bucharest, 050474 Bucharest, Romania
- <sup>3</sup> Centre for Cognitive Research in Neuropsychiatric Pathology (Neuropsych-Cog), Department of Neurology, Faculty of Medicine, ‘Victor Babes’ University of Medicine and Pharmacy, 300041 Timisoara, Romania
- <sup>4</sup> Nuclear Medicine Department, ‘Dr. Carol Davila’ Central Military Emergency University Hospital, 010242 Bucharest, Romania
- <sup>5</sup> Department No.8, University of Medicine and Pharmacy ‘Carol Davila’ Bucharest, 050474 Bucharest, Romania
- <sup>6</sup> Department of Psychiatry, ‘Dr. Carol Davila’ Central Military Emergency University Hospital, 010242, Bucharest, Romania
- <sup>7</sup> Neurology Unit—Neuroscience Dept. A.S.S.T.Lecce, Merate Hospital, 23807 Merate, Italy
- <sup>8</sup> Department of Neurosurgery, ‘Dr. Carol Davila’ Central Military Emergency University Hospital, 010242 Bucharest, Romania
- <sup>9</sup> Department of Gastroenterology, ‘Dr. Carol Davila’ Central Military Emergency University Hospital, 010825 Bucharest, Romania
- <sup>10</sup> Department of Gastroenterology, ‘Carol Davila’ University of Medicine and Pharmacy, 020021 Bucharest, Romania
- \* Correspondence: raluca.mititelu@umfcd.ro (M.R.M.); octaviansirbu@gmail.com (O.M.S.)
- † These authors contributed equally to this study.



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**Abstract:** Epilepsy is a common condition worldwide, with approximately 50 million people suffering from it. A single seizure does not mean epilepsy; almost 10% of the population can have a seizure during their lifetime. In particular, there are many other central nervous system disorders other than epilepsy in which seizures occur, either transiently or as a comorbid condition. The impact of seizures and epilepsy is, therefore, widespread and easily underestimated. It is estimated that about 70% of patients with epilepsy could be seizure-free if correctly diagnosed and treated. However, for patients with epilepsy, quality of life is influenced not only by seizure control but also by antiepileptic drug-adverse reactions, access to education, mood, employment, and transportation.

**Keywords:** seizure; seizure-free; quality of life; epilepsy; education; drug-resistant; medically intractable; pharmacoresistant; surgery; neurosurgery

## 1. Introduction

Epilepsy is a heterogeneous disorder characterized by epileptic syndromes, diverse etiologies, and variable prognosis. Epileptic seizures are quite common, affecting between 8 and 10% of the population throughout their lifetime and accounting for 1–2% of presentations to an emergency room, and about a quarter of these will be first seizure with a different type (Table 1) [1,2].

# Epilepsy State Of The Art 1993

**DJ Losen**



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