



Healing The Terrorist Within!

Self - and Other - Esteem

**Florence Pittman Matusky
with
Jeanne Elodie Matusky**

Healing The Terrorist Within Self And Otheresteem

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Healing the Terrorist Within! Self- And Other-Esteem Florence Pittman Matusky, Jeanne Elodie Matusky, 2003-01-01

Nobody wants to be a Nobody Everybody wants to be a Somebody The difference between a Nobody and a real Somebody is esteem for self and others Fix the blame not the problem is an Old World s bureaucratic response so we have Wars on Drugs Poverty Terrorism Cancer and other dis eases rather than humane responses to human beings cries for help in a left brained numbers oriented technology driven transnational and domestic terrorist ridden world Today s World of drugs crime violence disrespect for self and others revenge greed and conspicuous consumption means people s cries are cries for their basic needs for love respect dignity safety belonging and meaning and or a roof over their heads and food on the table Could it be that there is something wrong with a society that promotes a steady diet of more negativity violence prescription drugs and plastic fast food Should our government s Titanicism Corporate America s big is better and regimented educational systems be charged with contributory negligence Shall we continue to blame the victims HEALING THE TERRORIST WITHIN reminds us that words lipped but not lived reveal esteem s status that esteem is missing when the age old battle for human minds bodies emotions and spirit perpetuates fear dogma a dislike of the unlike and war and that our society does not honor all human cultures and intelligences including right brained emotional intelligence and individuals uniqueness The human brain s plasticity means we the people can make a difference in our own and in others lives when we heal the intimate and other domestic terrorists residing within and or outside us who silence betray undermine abuse or destroy us they are as dangerous as the transnational terrorists We cannot heal what we do not acknowledge understand or work on Without self knowledge we accept reactive victim or status quo mindsets for we do not see people and things as they are **Flight Of Vision** Ehsan Sehgal, 2019-12-02 A collection of Prose Poems and Quotes in English

Healing The Terrorist Within Self And Otheresteem: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous captivating novels enthralling the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the engaging narratives that have captivated audiences this year. Healing The Terrorist Within Self And Otheresteem : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Healing The Terrorist Within Self And Otheresteem : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and thrilling novel that will keep you guessing until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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