

Skrå tyggegummi forbedrer hukommelsen

(Fra aviser, marts 2002)

Hjernen arbejder bedre efter tyggegummi, ifølge en undersøgelse præsenteret for den årlige konference for British Psychological Society.

Læge Andrew Scholey, neurolog ved University of Nothumbria (UK) har evalueret effekten på hukommelse af forskellige stoffer som ginseng, rosmarin og aromaterapiolier. Han har sagt, at tyggegummi forbedrer hukommelsen. Han baserer sin påstand på resultaterne af et eksperiment, han har udført. Han delte 75 frivillige i 3 grupper. Den første tyggede tyggegummi under forsøget, havde den anden gruppe ikke tygget noget, og den tredje tygget med noget i munden. Ord og billeder blev vist til dem på en computer og bagefter blev bedt om at huske ord og billeder. De, der tyggede tyggegummi huskede to eller tre ord eller billeder mere end dem, der ikke tyggede i gennemsnit.

Ecology Takes Form Danish Text

Rosina Ehmann



Ecology Takes Form Danish Text:

Unveiling the Energy of Verbal Art: An Mental Sojourn through **Ecology Takes Form Danish Text**

In a global inundated with monitors and the cacophony of quick communication, the profound energy and psychological resonance of verbal beauty usually fade into obscurity, eclipsed by the continuous assault of sound and distractions. However, nestled within the lyrical pages of **Ecology Takes Form Danish Text**, a fascinating function of fictional splendor that impulses with raw thoughts, lies an unforgettable journey waiting to be embarked upon. Written by a virtuoso wordsmith, this mesmerizing opus books readers on a mental odyssey, gently exposing the latent possible and profound affect embedded within the delicate web of language. Within the heart-wrenching expanse with this evocative evaluation, we can embark upon an introspective exploration of the book is central subjects, dissect their charming publishing style, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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