

1.



What food group does **bread** belong to?

A

Dairy

B

Fats and sugar

C

Proteins

D

Carbohydrates

2.



Which food group is this?

A

Fats and sugar

B

Carbohydrates

C

Proteins

D

Dairy

3.



This is an apple.

Is this food good to eat everyday?

A

Yes

B

I don't know

C

No

4.

Eating only one type of food is a good choice if it is a healthy food

A

Fact

B

Rumor

5.

Chocolate and other sweets are okay as long as you have them sometimes and the portion is small.

A

True

B

False

# Health Grade 3

**R Sandford**



## **Health Grade 3:**

## Reviewing **Health Grade 3**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Health Grade 3**," an enthralling opus penned by a highly acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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