

Heart Sense

For Women

**Your Plan for
Natural Prevention
and Treatment**

- How to recognize the unique early warning signs of heart attacks in women (76% of physicians surveyed don't know this!)
- How to tap the "female advantage" for protecting your heart
- The five essential vitamins and minerals every woman must have in her daily healthy heart regimen
- Why 45 is the critical age for women and heart disease
- 15 key risk factors for women, and how to assess your own risk profile

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Heartsense For Women

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