



# Approaches to building sustainable URBAN FOOD SYSTEMS

Understanding the key challenges facing urban food systems is the first step in managing them. The good news is that cities are already taking action – but they need assistance and support in order to do more. By connecting cities that share similar urban food systems challenges, the AMFODS project is fostering knowledge exchange and solution sharing across cities, regions and continents.

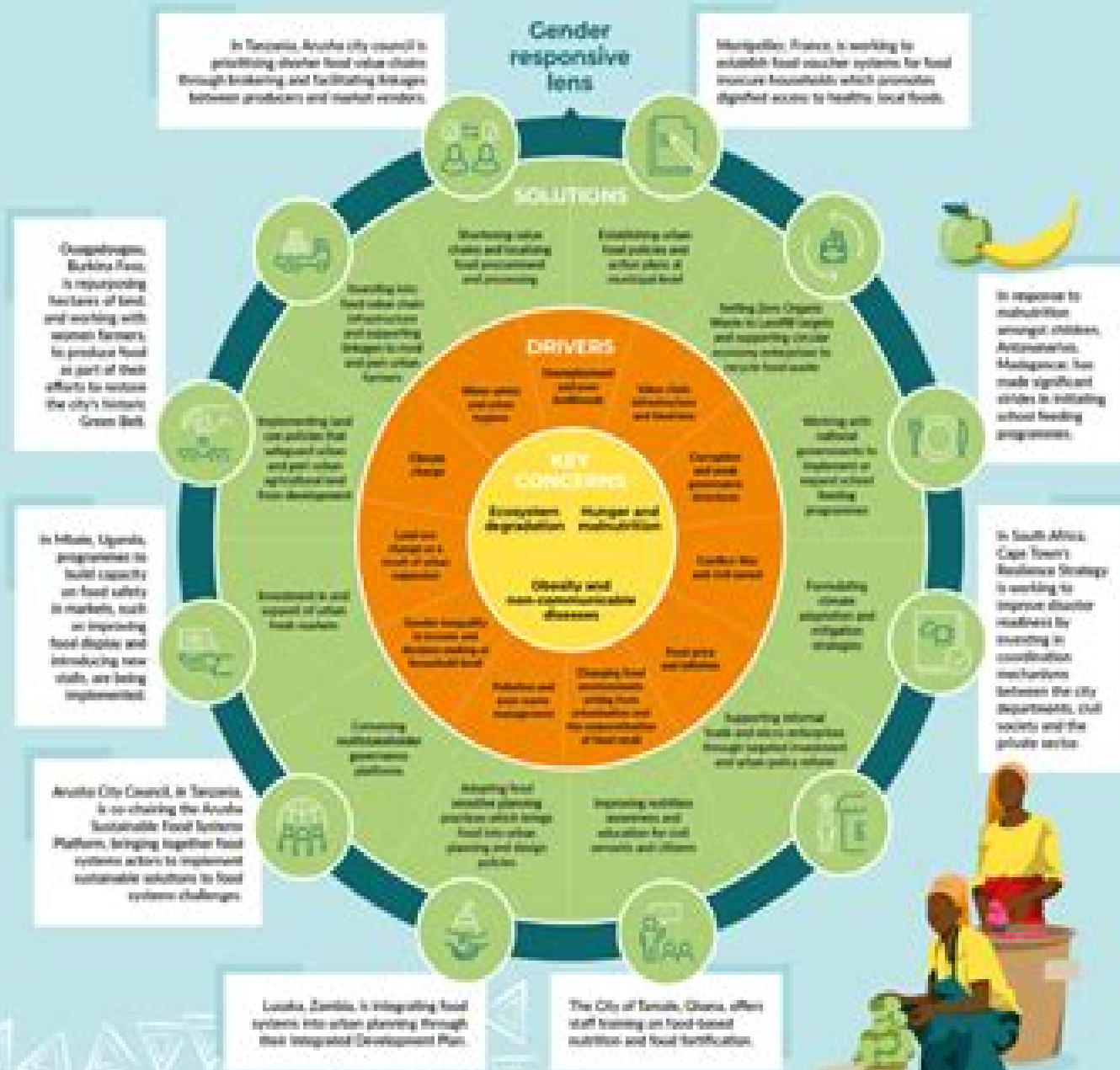
In March 2021, AfricaCDR has surveyed officials from 14 cities from across Africa and Europe to better understand the issues facing their urban food systems. Here are just a few examples of how local governments are falling a bit short.



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# For Hungerproof Cities Sustainable Urban Food Systems

**Adriana Allen, Andrea Lampis, Mark  
Swilling**



## **For Hungerproof Cities Sustainable Urban Food Systems:**

*For Hunger-proof Cities* International Development Research Centre (Canada),1999 For Hunger Proof Cities Sustainable urban food systems    **The Hybrid Governance of Urban Food Movements** Alessandra Manganelli,2022-07-01 Undertaking a journey into the hybrid governance of urban food movements this book offers an original and nuanced analysis of the urban milieu as epicentre of food activism and food governance Through examples of food movements in the city regions of Toronto and Brussels the author highlights the critical governance tensions urban food initiatives experience as they develop in diverse ways and seek to change food systems and their related socio political conditions The author investigates urban food movements as they negotiate access to land in urban areas build resilient food network organisations and develop supportive policies and empowering institutions for urban food governance Through the analysis of these tensions the book effectively puts real life challenges of urban food movements in the spotlight challenges that are increasingly visible and pertinent in today s converging climate socio political and health crises The author offers suggestions to improve alternative food practices and ultimately to design promising pathways to instigate food system change

**Aquaponics Food Production Systems** Simon Goddek,Alyssa Joyce,Benz Kotzen,Gavin M. Burnell,2019-06-21 This open access book written by world experts in aquaponics and related technologies provides the authoritative and comprehensive overview of the key aquaculture and hydroponic and other integrated systems socio economic and environmental aspects Aquaponic systems which combine aquaculture and vegetable food production offer alternative technology solutions for a world that is increasingly under stress through population growth urbanisation water shortages land and soil degradation environmental pollution world hunger and climate change    [Marginalizing Access to the Sustainable Food System](#) Camille Tuason Mata,2013-09-12 Marginalizing Access to the Sustainable Food System is a comprehensive analysis of the barriers and opportunities confronting minority communities ability to access healthy fresh foods It expounds the meaning of marginalization through several measurement indicators examined from the cross sections of history space and participation These indicators include minority participation in agriculture the delivery scope of CSA farms the presence and location of farmer s markets in the minority districts the density of food stores the availability of fresh produce in grocery stores in minority districts the placement of urban food gardens in minority districts and minority residents participation in the sustainable food system Camille Tuason Mata applies this analysis to three minority districts in Oakland Chinatown Fruitvale and West Oakland and examines the patterns of marginalization in relation to the sustainable food system of the California Bay Area    **Sustainable Urban Agriculture and Food Planning** Rob Roggema,2016-08-12 As urban populations rise rapidly and concerns about food security increase interest in urban agriculture has been renewed in both developed and developing countries This book focuses on the sustainable development of urban agriculture and its relationship to food planning in cities It brings together the best revised and updated papers from the Sixth Association of

European Schools of Planning AESOP conference on Sustainable Food Planning The main emphasis is on the latest research and thinking on spatial planning and design showing how urban agriculture provides opportunities to develop and enhance the spatial quality of urban environments Chapters address various topics such as a new theoretical model for understanding urban agriculture how urban agriculture contributes to restoring our connections to nature and the limitations of the garden city concept to food security Case studies are included from several European countries including Bulgaria France Germany Italy Netherlands Romania Spain Turkey and the UK as well as Australia Canada Cameroon Ethiopia and the United States New York and Los Angeles

**Profitability and sustainability of urban and periurban agriculture** René van Veenhuizen, Danso, G., 2007 Urban agriculture UA is a dynamic concept that comprises a variety of livelihood systems ranging from subsistence production and processing at the household level to more commercialized agriculture It takes place in different locations and under varying socio economic conditions and political regimes The diversity of UA is one of its main attributes as it can be adapted to a wide range of urban situations and to the needs of diverse stakeholders This paper aims to provide pertinent information on profitability and sustainability of UA to a wide audience of managers and policymakers from municipalities ministries of agriculture local government Non Governmental Organizations NGOs donor organizations and university research institutions It aims to highlight the benefits of linkages between agriculture and the urban environment leading to a more balanced understanding of the conflicts and synergies It examines how UA can contribute substantially to the Millennium Development Goals MDGs particularly in reducing urban poverty and hunger MDG 1 and ensuring environmental sustainability MDG 7

**Global Urban Agriculture** Antoinette M G A Winkler Prins, 2017-05-24 There has been growing attention paid to urban agriculture worldwide because of its role in making cities more environmentally sustainable while also contributing to enhanced food access and social justice This edited volume brings together current research and case studies concerning urban agriculture from both the Global North and the Global South Its objective is to help bridge the long standing divide between discussion of urban agriculture in the Global North and the Global South and to demonstrate that today there are greater areas of overlap than there are differences both theoretically and substantively and that research in either area can help inform research in the other The book covers the nature of urban agriculture and how it supports livelihoods provides ecosystem services and community development It also considers urban agriculture and social capital networks and agro biodiversity conservation Concepts such as sustainability resilience adaptation and community and the value of urban agriculture as a recreational resource are explored It also examines quite fundamentally why people farm in the city and how urban agriculture can contribute to more sustainable cities in both the Global North and the Global South

*The Urban Food Revolution* Peter Ladner, 2011-11-15 Our reliance on industrial agriculture has resulted in a food supply riddled with hidden environmental economic and health care costs and beset by rising food prices With only a handful of corporations responsible for the lion s share of the food on our supermarket shelves

we are incredibly vulnerable to supply chain disruption The Urban Food Revolution provides a recipe for community food security based on leading innovations across North America The author draws on his political and business experience to show that we have all the necessary ingredients to ensure that local fresh sustainable food is affordable and widely available He describes how cities are bringing food production home by Growing community through neighborhood gardening cooking and composting programs Rebuilding local food processing storage and distribution systems Investing in farmers markets and community supported agriculture Reducing obesity through local fresh food initiatives in schools colleges and universities Ending inner city food deserts Producing food locally makes people healthier alleviates poverty creates jobs and makes cities safer and more beautiful The Urban Food Revolution is an essential resource for anyone who has lost confidence in the global industrial food system and wants practical advice on how to join the local food revolution

Food and Nutrition Security in Southern African Cities Bruce Frayne,Jonathan Crush,Cameron McCordic,2017-12-22 Urban population growth is extremely rapid across Africa and this book places urban food and nutrition security firmly on the development and policy agenda It shows that current efforts to address food poverty in Africa that focus entirely on small scale farmers to the exclusion of broader socio economic and infrastructural approaches are misplaced and will remain largely ineffective in ameliorating food and nutrition insecurity for the majority of Africans Using original data from the African Food Security Urban Network s AFSUN extensive database it is demonstrated that the primary food security challenge for urban households is access to food Already linked into global food systems and value chains Africa s supply of food is not necessarily in jeopardy Rather the widespread poverty and informal urban fabric that characterizes Africa s emerging cities impinge directly on households capacity to access food that is readily available Through the analysis of empirical data collected from 6 500 households in eleven cities in nine countries in Southern Africa the authors identify the complexity of factors and dynamics that create the circumstances of widespread food and nutrition insecurity under which urban citizens live They also provide useful policy approaches to address these conditions that currently thwart the latent development potential of Africa s expanding urban population

Informal Urban Agriculture Michael Hardman,Peter J. Larkham,2014-10-01 The book explores how unused and under used urban spaces from grass verges roundabouts green spaces have been made more visually interesting and more productive by informal and usually illegal groups known as guerrilla gardeners The book focuses on groups in the English Midlands but the work is set in a broad international context and reveals how and why they undertake this illegal activity Guerrilla gardening is usually viewed uncritically and promoted as a worthwhile activity this study provides a more balanced evaluation and focuses on its contribution in terms of local food production

*Gender, Nutrition, and the Human Right to Adequate Food* Anne C. Bellows,Flavio L.S. Valente,Stefanie Lemke,María Daniela Núñez Burbano de Lara,2015-12-07 This book introduces the human right to adequate food and nutrition as evolving concept and identifies two structural disconnects fueling food insecurity for a billion people and

disproportionally affecting women children and rural food producers the separation of women s rights from their right to adequate food and nutrition and the fragmented attention to food as commodity and the medicalization of nutritional health Three conditions arising from these disconnects are discussed structural violence and discrimination frustrating the realization of women s human rights as well as their private and public contributions to food and nutrition security for all many women s experience of their and their children s simultaneously independent and intertwined subjectivities during pregnancy and breastfeeding being poorly understood in human rights law and abused by poorly regulated food and nutrition industry marketing practices and the neoliberal economic system s interference both with the autonomy and self determination of women and their communities and with the strengthening of sustainable diets based on democratically governed local food systems The book calls for a social movement led reconceptualization of the right to adequate food toward incorporating gender women s rights and nutrition based on the food sovereignty framework

Sustainable Urban Agriculture Kheir Al-Kodmany, Madhav Govind, Sharmin Khan, Chittaranjan Kole, 2024-09-19 In the vibrant discourse of urbanization and climate change Sustainable Urban Agriculture New Frontiers investigates emerging needs rising challenges and opportunities to support urban agriculture Navigating the dynamic interplay of urbanization and environmental challenges the book introduces two pivotal agendas for urban sustainability the green agenda focusing on environmental health and the brown agenda emphasizing human well being and social justice The book embraces a global perspective by confronting geographical biases and advocating for context specific understanding and early interventions in small and medium cities This transformative journey guides readers through uncharted territories fostering profound awareness of urban agriculture s role in shaping a sustainable and resilient future in agriculture Features Presents information on socio ecological resilience shaping a sustainable urban future Unveils practical implications traversing frontiers where urban cultivation extends beyond crops cultivating a thriving urban ecosystem Discusses diverse urban agriculture practices from traditional methods to cutting edge technologies Providing readers with an understanding of the multifaceted layers inherent in urban agriculture this volume in the NextGen Agriculture Novel Concepts and Innovative Strategies series is essential for academics students practitioners and experts in urban agriculture and planning horticulture landscape architecture and plant sciences

Urban Agriculture for Growing City Regions Undine Giseke, Maria Gerster-Bentaya, Frank Helten, Matthias Kraume, Dieter Scherer, Guido Spars, Fouad Amraoui, Abdelaziz Adidi, Said Berdouz, Mohamed Chlaida, Majid Mansour, Mohamed Mdafai, 2015-09-07 This book demonstrates how agriculture can play a determining role in integrated climate optimised urban development Agriculture within urban growth centres today is more than an economic or social left over or a niche practice It is instead a complex system that offers multiple potentials for interaction with the urban system Urban open space and agriculture can be linked to a productive green infrastructure this forms new urban rural linkages in the urbanizing region and helps shape the city But in order to do this agriculture has to be seen as an integral part of the

urban fabric and it has to be put on the local agenda Urban Agriculture for Growing City Regions takes the example of Casablanca one of the fastest growing cities in North Africa to investigate this approach The creation of synergies between the urban and rural in an emerging megacity is demonstrated through pilot projects design solutions and multifunctional modules These synergies assure greater resource efficiency particularly regarding the use and reuse of water and they strengthen regional food security and the social integration of multiple spheres A transdisciplinary research approach brings together different scientific disciplines and local actors into a process of integrated knowledge production The book will have a long lasting legacy and is essential reading for researchers planners practitioners and policy makers who are working on urban development and urban agricultural strategies

**Urban Geography in Postcolonial Zimbabwe** Abraham R. Matamanda, Verna Nel, Innocent Chirisa, 2021-05-07 This interdisciplinary book provides a cross sectoral and multi dimensional exploration and assessment of the urban geography perspectives in Zimbabwe Drawing on work from different disciplines the book not only contributes to academia but also seeks to inform urban policy with the view of contributing to the national aspirations of Zimbabwe attaining middle income status by 2030 Adopting a multi dimensional assessment that transcends disciplines such as urban and regional planning human and physical geography urban governance political science economics and development studies the book provides a background for co production concerning urban development in the Global South The book contributes into its analysis of the institutional and legislative framework that relates to the urban geography of Zimbabwe as these are responsible for the evolution of the urban system in the country The connections among different sectors and issues such as environment economy politics and the wider objectives of the SDGs especially goal 11 aspiring to create sustainable communities by 2030 are explored The success stories relating to urban geography in Zimbabwe are identified together with the best possible practices that may inform urban planning policy and management

**Untamed Urbanisms** Adriana Allen, Andrea Lampis, Mark Swilling, 2015-07-30 An electronic version of this book is available Open Access at [www.tandfebooks.com](http://www.tandfebooks.com) It has been made available under a Creative Commons Attribution Non Commercial No Derivatives 3.0 license One of the major challenges of urban development has been reconciling the way cities develop with the mounting evidence of resource depletion and the negative environmental impacts of predominantly urban based modes of production and consumption This book aims to re politicise the relationship between urban development sustainability and justice and to explore the tensions emerging under real circumstances as well as their potential for transformative change For some cities are the root of all that is unsustainable while for others cities provide unique opportunities for sustainability oriented innovations that address equity and ecological challenges This book is rooted in the latter category but recognises that if cities continue to evolve along current trajectories they will be where the large bulk of the most unsustainable and inequitable human activities are concentrated By drawing on a range of case studies from both the global South and global North this book is unique in its aim to develop an integrated social ecological perspective on

the challenge of sustainable urban development Through the interdisciplinary and original research of a new generation of urban researchers across the global South and North this book addresses old debates in new ways and raises new questions about sustainable urban development Growing Greener Cities Eugenie Ladner Birch,Susan Wachter,2008 This thoroughly illustrated collection of essays written by scholars as well as practitioners of urban policy gives a panoramic view of sustainability and environmental issues for green minded city planners policy makers researchers and citizens

Teaching and Learning in Urban Agricultural Community Contexts Isha DeCoito,Amie Patchen,Neil Knobloch,Levon Esters,2021-09-07 This book fills a void in the literature around how urban agricultural education can be used to create opportunities to educate youth and citizens who live in urban areas about growing food To date very little has been written about program design and the impact of such experiences on learning outcomes In fact most of the journal articles and research to date has focused on access contextual factors sustainability relevance of urban agricultural education and the intersection of science of agriculture This book will cover such topics as how urban youth learn science while engaged in urban agriculture programs how such programs support youth in becoming interested about healthy eating and science more generally and how to design urban agriculture programs in support of STEM education The chapters in this book are written by educational researchers and each chapter has been reviewed by researchers and practitioners **Food and Culture**

Carole Counihan,Penny Van Esterik,2013 This reader reveals how food habits and beliefs both present a microcosm of any culture and contribute to our understanding of human behaviour Particular attention is given to how men and women define themselves differently through food choices **Environmental Resilience** Percy Toriro,Innocent Chirisa,2021-05-21 This book discusses the production distribution regulatory and management frameworks that affect food in urban settings It plugs a gap in knowledge especially in the sub Saharan Africa region where food despite its critical importance has been ignored as a determinant of success in the planning and management of cities and towns The various chapters in the book demonstrate how urban populations in Zimbabwe and elsewhere have often devised ways to produce own food to supplement on their incomes Food is produced largely by way of urban agriculture or imported from the countryside and sold in both formal and informal stores and stalls The book shows how in spite of the important space food occupies in the lives of all city residents the planning and regulatory framework does not facilitate the better performance of food systems Food and Culture

Carole Counihan,Penny Van Esterik,Alice Julier,2018-12-07 This innovative and global best seller helped establish food studies courses throughout the social sciences and humanities when it was first published in 1997 The fourth edition of Food and Culture contains favorite articles from earlier editions and several new pieces on food politics globalism agriculture and race and gender identity



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