

From the New York Times bestselling author of **FAT FLUSH PLAN**

THE Fast Track
ONE-DAY
Detox Diet

**MIRACLE
JUICE**
RECIPE INSIDE

Boost metabolism, get rid of fattening toxins,
safely lose up to 8 pounds overnight
and keep them off for good

ANN LOUISE GITTLEMAN, PH.D., C.N.S.

Fast Track One Day Detox Diet

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Fast Track One Day Detox Diet:

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