# Food safety and sanitation



# Cook

Cook food to the recommended internal temperature.



# Clean

- Practice food hygiene (e.g. handwashing, not working when sick, wearing hair net, etc)
- Thoroughly clean and sanitize food contact surfaces and equipment before and after use.
- Only use the suggested level of cleaning and sanitizing solutions for kitchen surfaces.



# Store

- Properly store foods inside a refrigerator.
   Follow the recommended fridge food safety layout.
- Maintain at least 40°F (4°F) during refrigeration and 0°F (-18°C) for freezing temperatures.
- Maintain a temperature of 135°F (57°C) for hot holding foods.
- Storage areas must always be clean.



# Separate

- Use separate utensils and kitchen tools for preparing raw and ready-to-eat foods.
- Do not use a shared preparation table for raw and ready-to-eat foods.



# **Food Service Sanitation**

United States. Public Health Service.

Division of Sanitation. Milk and Food

Branch

#### **Food Service Sanitation:**

Food Service Sanitation Manual United States. Division of Retail Food Protection, 1978 Foodborne illness is a major public health problem despite improvement of food protection programs in the United States Sound regulations and day to day compliance by food service operators are essential for effective food protection programs. The purpose of the program is to protect food against contamination ensure food soundness and meet consmer expectations. The food service program should cover public semi public and limited food service establishments Requirements for temporary food service establishments should be modified concerning physical facilities. Recommendations for conducting an effective food sanitation program include staff competancy and training public relations working with other agencies and groups attending to administratiive industry and financial considerations program evaluation and ensuring supportive facilities and equipment In depth explanations of the FDA Food Service Sanitation Ordinance 1976 Recommendations are given Applied Foodservice Sanitation, 1995 Food Service Sanitation Requirements Indiana State Board of Health, 1983

Occupational and Environmental Health ,1991 Essentials of Food Safety and Sanitation David Zachary McSwane, Nancy Roberts Rue, Richard Linton, 2003 A fundamental overview of all the factors that affect the wholesomeness of food from its inception to the time it is eaten Essentials of Food Safety and Sanitation Updated 2nd Edition is based on the Food Code and is designed to serve as a workplace reference guide to safe food handling procedures Chapter topics cover hazards to food safety factors that affect foodborne illnesses following the food product flow the hazard analysis critical control point HACCP system facilities equipment and utensils cleaning and sanitizing operations environmental sanitation and maintenance accident prevention and crisis management education and training and food safety regulations For use by any food handling facility from supermarkets to care centers to restaurants and in preparing for any one of the national certification exams or as a teaching tool for training everyone on the basics of food safety **Applied Foodservice Sanitation** National Institute for the Foodservice Industry, 1978 Applied Foodservice Sanitation Educational Foundation (National Restaurant Association), 1993-06-01 A course on food safety which includes proper food handling and storage and cleaning and sanitizing of equipment and work area The 4th edition contains new information on Hazard Analysis Critical Control Point food safety systems emerging pathogens that cause food borne illness handling and using eggshells employees with HIV and AIDS cook chill units Hazard Communication Standard required by OSHA integrated pest management and Food Service Sanitation Manual United States. Public Health Service, United States. Public Health crisis management Service. Division of Environmental Engineering and Food Protection, 1962 Applied Foodservice Sanitation National Institute for the Foodservice Industry, National Sanitation Foundation (U.S.), 1978 **Federal Support for Restaurant Sanitation Found Largely Ineffective** United States. General Accounting Office, 1975 Food Safety and Sanitation Audiovisuals Natalie A. Updegrove, Natalie Updegrove Partridge, 1990 Applied Foodservice Sanitation ,1985 **Sanitary** 

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