



HEALTH COUNSELING

A Microskills Approach

RICHARD BLONNA | DANIEL WATTER

Health Counseling A Microski Pb

Jin-Ying Zhang



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Health Counseling: A Microskills Approach for Counselors, Educators, and School Nurses Richard Blonna, Janice Loschiavo, Dan Watter, 2010-05-21 **Health Counseling** Richard Blonna, Daniel Watter, 2005 Health Wellness *HEALTH COUNSELING* RICHARD. BLONNA, 2019 *Foundations of Mental Health Counseling* Artis J. Palmo, William J. Weikel, David P. Borsos, 2006 *Mental Health Counseling* David B. Hershenson, 1992-03-01 Telemental Health and Distance Counseling Heather Robertson, Heather C. Robertson, 2020-12-28 This timely text provides foundational knowledge and skills pertaining to ethical and evidence based practice for mental health providers engaging in or considering using distance modalities to treat clients Targeting day to day application the book explains the core functions of Telemental Health counseling TMH and its use across a broad spectrum of mental health modalities and settings Using the framework of the ACA divisions ASCA and CACREP core areas to examine TMH the text provides instructions to develop skills that readers can apply directly to their own counseling interactions Providing a wealth of information based on empirical and impartial views the book helps readers examine the benefits and risks of distance counseling in various settings It encompasses the history of TMH ethical codes legal guidelines and recent research Case studies and opportunities for self reflection enable readers to envision distance counseling in real world contexts ask critical questions and form conclusions about its utility in their practice Of particular value is the Voices from the Field feature where practitioners from different settings describe using distance counseling The Challenges and Opportunities features discuss the pros and cons of telemental health practice The book is written through the lens of professional counseling which makes it an ideal companion to Counselor Education program courses in Counseling Skills Pre Practicum Advanced Theory or elective coursework pertaining to distance counseling and telemental health Key Features Includes critical content pertaining to the COVID 19 crisis Expands the view of distance counseling to include such varied professionals as mental health school family couple rehabilitation addiction specialists etc Presents abundant case studies to provide context and practical application Addresses the positive and negative aspects of practicing distance counseling Includes ethical issues in each chapter pertaining to designated core areas or specialty Presents Questions of Practice to foster critical thinking regarding the use of TMH in specific roles or functions Offers Voices from the Field with real world examples focusing on practicing TMH within the designated core areas or specialties Emphasizes ethical practical and logistical TMH practice in all chapters Written through the lens of a professional counselor who is also a board certified telemental health provider **Mental Health Counseling** David B. Hershenson, Paul W. Power, 1987-01-01 **Clinical Mental Health Counseling** Donna S. Sheperis, Carl J. Sheperis, 2014-03-04 Note This is the loose leaf version of Clinical Mental Health Counseling and does not include access to the Enhanced Pearson eText To order the Enhanced Pearson eText packaged with the loose leaf version use ISBN 0133861929 In this authoritative new text experienced counselors guide students toward embracing the profession of clinical

mental health counseling and developing a standard of excellence in their practice The materials are organized in order to match students developmental understanding of the profession and divided into three sections providing an introduction a look at the practice and contemporary trends in clinical mental health counseling Each chapter is designed to meet learning outcomes associated with the 2009 accreditation standards established by the Council for Accreditation of counseling and Related Educational Programs CACREP The learning outcomes are based on general core areas of the CACREP standards and those related to the specialization of clinical mental health counseling Clinical Mental Health Counseling by Sheperis and Sheperis is the ideal resource for establishing a firm foundation in the theory and practice of clinical mental health counseling The Enhanced Pearson eText features embedded video and internet resources Improve mastery and retention with the Enhanced Pearson eText The Enhanced Pearson eText provides a rich interactive learning environment designed to improve student mastery of content The Enhanced Pearson eText is Engaging The new interactive multimedia learning features were developed by the authors and other subject matter experts to deepen and enrich the learning experience Convenient Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad R and Android R tablet Affordable Experience the advantages of the Enhanced Pearson eText along with all the benefits of print for 40% to 50% less than a print bound book The Enhanced eText features are only available in the Pearson eText format They are not available in third party eTexts or downloads The Pearson eText App is available on Google Play and in the App Store It requires Android OS 3.1.4 or 7 or 10 tablet or iPad iOS 5.0 or later Clinical Mental Health Counseling Donna S. Sheperis, Carl J. Sheperis, 2014-03-12 NOTE Used books rentals and purchases made outside of Pearson If purchasing or renting from companies other than Pearson the access codes for the Enhanced Pearson eText may not be included may be incorrect or may be previously redeemed Check with the seller before completing your purchase This access code card provides access to the Enhanced Pearson eText In this authoritative new text experienced counselors guide students toward embracing the profession of clinical mental health counseling and developing a standard of excellence in their practice The materials are organized in order to match students developmental understanding of the profession and divided into three sections providing an introduction a look at the practice and contemporary trends in clinical mental health counseling Each chapter is designed to meet learning outcomes associated with the 2009 accreditation standards established by the Council for Accreditation of counseling and Related Educational Programs CACREP The learning outcomes are based on general core areas of the CACREP standards and those related to the specialization of clinical mental health counseling Clinical Mental Health Counseling by Sheperis and Sheperis is the ideal resource for establishing a firm foundation in the theory and practice of clinical mental health counseling The Enhanced Pearson eText features embedded video and internet resources Improve mastery and retention with the Enhanced Pearson eText This access code card provides access to the new Enhanced Pearson eText a rich interactive learning environment designed to improve student mastery of content The

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Online Counseling Cedric Speyer, 2010-12-08 Providers and consumers of mental health services are increasingly making use of the internet to gather information consult and participate in psychotherapy This Handbook gives practical insight into how professionals can translate their practice to an online medium Divided into four sections section one provides an overview of how the internet has become an integral part of people's lives and the research to date on the use and effectiveness of counseling online as well as idiosyncrasies of online behavior and communication Section two discusses the practical aspects of counseling online including technological issues ethical and legal issues and business issues Section three focuses on performing psychotherapy online including online treatment strategies and skills working with online groups online testing and assessment and international and multicultural issues in online counseling The last section discusses the future of online counseling The Handbook is intended for those professionals interested in the burgeoning telehealth movement and to those practicing therapists looking for ways to expand their practices online and or to help round out treatment to specific patients who might benefit from online therapy in addition to traditional delivery

Promoting Optimum Mental Health Through Counseling J. Scott Hinkle, 1999

Wellness Counseling Jonathan H. Ohrt, Philip B. Clarke, Abigail H. Conley, 2018-12-28 This innovative text presents a comprehensive review of the theoretical and empirical support for a wellness approach to counseling with current techniques for client assessment case conceptualization treatment planning and intervention The authors provide holistic strategies for wellness promotion with children adolescents and young midlife and older adults as well as in counseling with groups couples and families Each chapter includes reflection questions learning activities and resources to deepen readers understanding of the content and application to practice Wellness boosters offer quick methods for clients and counselors to increase their domain specific and overall well being In addition experienced counselors share their personal experiences implementing wellness interventions in Practitioner Spotlight vignettes A chapter on counselor self care completes the book Requests for digital versions from ACA can be found on www.wiley.com To purchase print copies please visit the ACA website Reproduction requests for material from books published by ACA should be directed to publications@counseling.org

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Online Counseling, 2010

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engaging in or considering using distance modalities to treat clients Targeting day to day application the book explains the core functions of Telemental Health counseling TMH and its use across a broad spectrum of mental health modalities and settings Using the framework of the ACA divisions ASCA and CACREP core areas to examine TMH the text provides instructions to develop skills that readers can apply directly to their own counseling interactions Providing a wealth of information based on empirical and impartial views the book helps readers examine the benefits and risks of distance counseling in various settings It encompasses the history of TMH ethical codes legal guidelines and recent research Case studies and opportunities for self reflection enable readers to envision distance counseling in real world contexts ask critical questions and form conclusions about its utility in their practice Of particular value is the Voices from the Field feature where practitioners from different settings describe using distance counseling The Challenges and Opportunities features discuss the pros and cons of telemental health practice The book is written through the lens of professional counseling which makes it an ideal companion to Counselor Education program courses in Counseling Skills Pre Practicum Advanced Theory or elective coursework pertaining to distance counseling and telemental health The purchase of the book includes digital access for use on most mobile devices or computers Key Features Includes critical content pertaining to the COVID 19 crisis Expands the view of distance counseling to include such varied professionals as mental health school family couple rehabilitation addiction specialists etc Presents abundant case studies to provide context and practical application Addresses the positive and negative aspects of practicing distance counseling Includes ethical issues in each chapter pertaining to designated core areas or specialty Presents Questions of Practice to foster critical thinking regarding the use of TMH in specific roles or functions Offers Voices from the Field with real world examples focusing on practicing TMH within the designated core areas or specialties Emphasizes ethical practical and logistical TMH practice in all chapters Written through the lens of a professional counselor who is also a board certified telemental health provider Includes digital access for use on most mobile devices or computers

Wellness Counseling Paul F Granello, 2013-04-09 This is the eBook of the printed book and may not include any media website access codes or print supplements that may come packaged with the bound book Developed by a professor who has been teaching a popular and innovative wellness counseling course for over a decade this new text is organized into a format specifically designed to meet the needs of both counselor education graduate students and their teachers making both teaching and learning the material easier and more intuitive Giving a general but comprehensive overview of the subject of wellness Wellness Counseling offers students a compelling balance of the science and research in the field the theories that have emerged from this research and the practical applications that we can take away from practicing these theories Holistic scientific and ultimately concerned with the humanity of counseling this text strives to be inclusive especially of the psychological and social aspects of wellness that have gained more attention in recent years The book is organized in three main sections While Section One is concerned with the background of wellness as a

healthcare paradigm in the United States and major theories of wellness and historical context for wellness Section Two contains specific information on the social physical emotional and cognitive domains of wellness The last main section of the book synthesizes the first two sections of the book to extract practical applications of wellness in behavioral healthcare intervention counseling

Mental Health Counseling Priest, *Practical Guide to Mental Health Counseling* Craig Osborn, 2014-08-21

Wellness Counseling in Action Jonathan H. Ohrt, 2018-12 This innovative text presents a comprehensive review of the theoretical and empirical support for a wellness approach to counseling with current techniques for client assessment case conceptualization treatment planning and intervention The authors provide holistic strategies for wellness promotion with children adolescents and young midlife and older adults as well as in counseling with groups couples and families Each chapter includes reflection questions learning activities and resources to deepen readers understanding of the content and application to practice Wellness boosters offer quick methods for clients and counselors to increase their domain specific and overall well being In addition experienced counselors share their personal experiences implementing wellness interventions in Practitioner Spotlight vignettes A chapter on counselor self care completes the book

Cover **Counselling Skills for Health Professionals** Philip Burnard, 1994 An introduction to basic theoretical and practical skills essential for all health care professionals Early chapters explore theoretical issues relating to the nature of counseling and self awareness Later chapters consider specific skills and discuss ways in which counseling skills can be learned Includes individual and group exercises This third edition contains new material on aggression and personal safety The author is vice dean of the School of Nursing Studies at the University of Wales College of Medicine Distributed by ISBS Annotation copyrighted by Book News Inc Portland OR

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