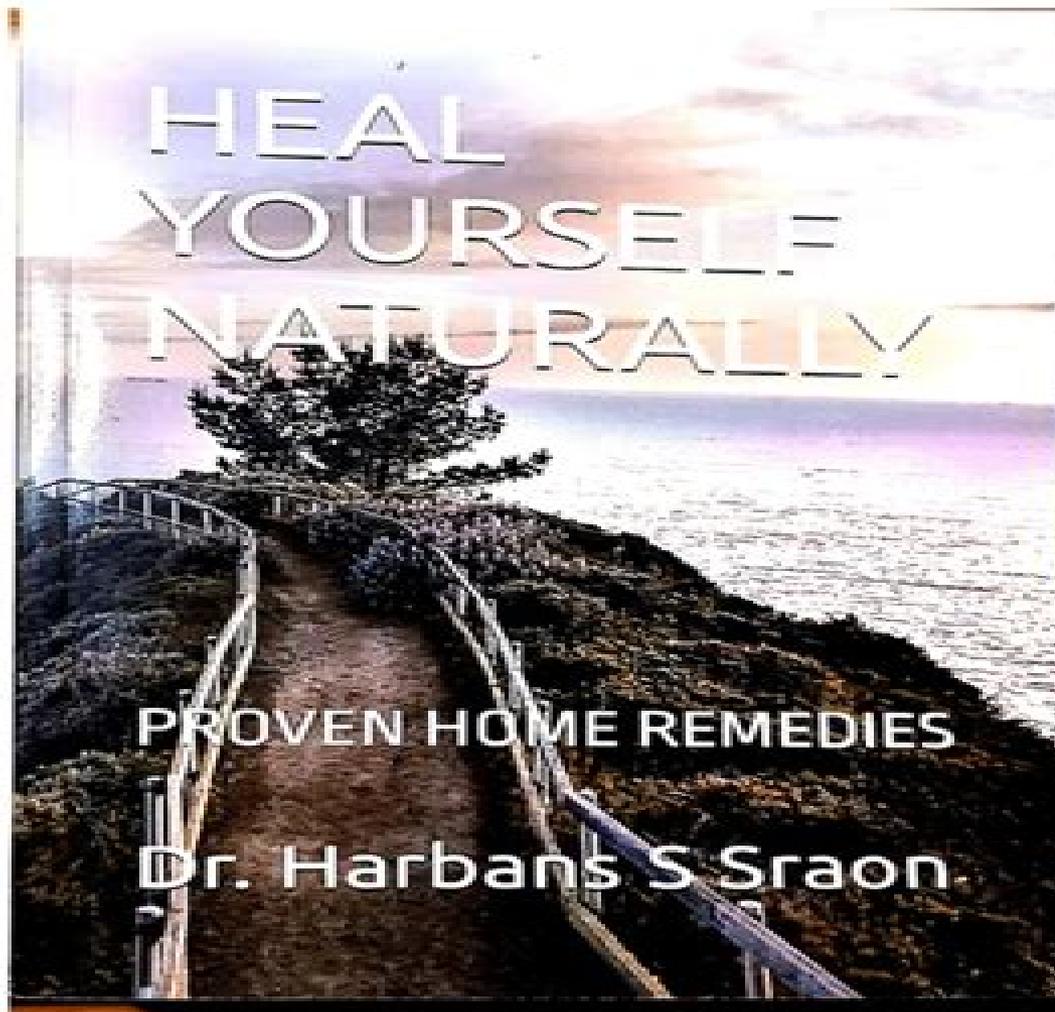


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Authored by: Dr Harbans Singh Sraon, Roseville City, California
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Reviewed by: Prof. Hardev Singh Virk, #14017, 30 Ave, Surrey, BC, Canada



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The Utne Reader ,1999-05 **Natural Healing Remedies Over 1,000 Natural**

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,2024-01-03 **The Root of All Healing** Misa Hopkins,2009-05 Within each of us there is a core discovery that needs to be made if we are going to become well In a direct yet compassionate style Misa Hopkins reveals the reason so many of us don't get well even though we have tried a variety of treatments and solutions There is a growing acknowledgement in contemporary spiritual thought that we are the creators of our own reality including our health Hopkins shares real life stories demonstrating that healing is not just the result of finding the right cure but rather a personal opportunity to create wellness by engaging the sacred flow of Divine consciousness Without promoting any particular healing methodology or spiritual practice she provides us with simple steps a guidebook for accessing the healing power and wisdom that already lives inside Hopkins candidly takes us into the successes of her own healing as she uncovered and transformed secret needs being met through her life challenging illnesses She shows us how illness can actually meet profound subconscious emotional needs causing us to remain sick and then she teaches us how to invite our subconscious worlds into alignment with our conscious desires The result of this alignment is the ultimate root of all healing a new level of our own Divine awareness and power awakened If everyone seeking medical and holistic help read this and addressed the hidden barriers to healing they would get healthier faster and with less struggle I want all my patients to have this book Valerie Olmsted NMD Host of The Enlightened Medicine Show Misa after witnessing the results of your healing steps several times in my life and in the lives of clients you've helped I know miracles can be created Kevin Hooey Transformational Coach This book is absolutely brilliant Misa puts important concepts together in a way that makes you go Oh I get it It's a first aid handbook for the new 21st century consciousness Cheryl McDaniel LPN The 7 steps provide practical ways any of us can develop grass roots self mastery in our journey of Divine awareness and healing John Brown Minister I have fewer migraines less back pain and sleep better I am so much more upbeat and happy trusting myself and my process and enjoying ordinary life now Arleahna Spiritual Healer **Don't Believe What You Think** Edzard Ernst,2020-05-20 So called alternative medicine SCAM is largely useless very few SCAMs demonstrably generate more good than harm Yet SCAM is popular and has grown into a huge business Spending on SCAM in Australia 2016 was estimated to be AUS 3.9bn in the UK 2008 4.5bn and in the US 2012 US 30.2bn Why is something that is expensive and useless nevertheless popular One answer is that consumers are constantly being misled about SCAM Consequently many of us have come to believe things that are quite simply not true Currently over 50,000,000 websites promote SCAM and consumers are being bombarded with information not just via the internet but also via newspapers magazines books and many other sources This situation has the potential of separating us from our cash or even of damaging our health There is little that protects us from greedy SCAM entrepreneurs and over enthusiastic SCAM therapists Therefore we ought to protect ourselves This book offers this protection for anyone who is willing to reconsider their own beliefs It discloses the errors and lies that misled you into believing things about SCAM that are untrue It analyses

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