



# God's Cure *for* Anxious Care

PHILIPPIANS 4:4-7

*pew Bible page 1166*

# God39s Cure For Anxious Care

**Ned Sherrin**



### **God39s Cure For Anxious Care:**

*Leaves of Healing*, 1925      *Cambridge Scientific Biochemistry Abstracts*, 1992      *The Oxford Dictionary of Humorous Quotations* Ned Sherrin, 1995 Offers nearly 5 000 humorous quotations from a wide variety of speakers throughout history arranged by theme each including information on who said it where and when      God's Cure for Anxious Care John R. Rice, 1948      The Anxiety Cure Robert L. DuPont, Elizabeth DuPont Spencer, Caroline M. DuPont, 2003-10-03 The Anxiety Cure is a warm wise and thoroughly wonderful book for people with anxiety disorders and for everyone who cares about them From the Foreword by Jerilyn Ross M A L I C S W President Anxiety Disorders Association of America and author of *Triumph Over Fear* The Anxiety Cure is sure to enjoy substantial popularity and will be used widely by anxious people their families and therapists R Reid Wilson Ph D author of *Don't Panic* One in four people suffers from some form of anxiety and for millions the symptoms can be crippling Fortunately anxiety disorders are highly treatable Written in a friendly and reassuring manner The Anxiety Cure offers both sufferers and their loved ones immediate long lasting relief The authors share their step by step methods for dealing with the six main types of anxiety including panic disorder agoraphobia generalized anxiety disorder specific phobias and obsessive compulsive disorder along with treatment prescriptions and easy relaxation techniques Grounded in the authors own treatment of thousands of clinically anxious people The Anxiety Cure Reveals how to manage anxiety at home and at work Provides action plans for friends family and support people Features dramatic stories as well as boxes tools and forms to chart your personal progress Outlines lifesaving strategies for anxious people with alcohol or drug problems The Anxiety Cure is written by a father and his two daughters now in clinical practice together who tell the inspiring story of how they overcame anxiety in their family Completely revised and updated this practical guide features a chapter on anxiety and terrorism and an updated section on the latest medications

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