

DR RICHARD M. FLEMING

THE

HEALTHY HEART PROGRAMME

How to Prevent and Reverse
Heart Disease in Three Easy Steps

SIMPLE, EFFECTIVE AND SAFE 2011
EFFECTIVE AND SUPPLEMENTAL PLAN

NO NEED FOR DEPENDENCE ON PRESCRIPTION DRUGS

TREATMENT FOR HEART DISEASE, HIGH BLOOD PRESSURE,
STROKE, DIABETES AND MANY OTHER CONDITIONS

Healthy Heart Programme

Nova Corcoran



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