"The Adolescent Brain VS. the Adult"

Frontal Lobe is the part of our brain that controls impulse, emotion, judgment and empathy in an adult like fashion. Limbic system controls impulse, sexual behavior, emotion and risk/reward. There is a temporary imbalance in the rate of development of the two systems in the adolescent brain which causes a challenge when it comes to making the right decision. Teens and adults possess the same capacity to see between right and wrong, but teens have trouble making the correct decision in the moment.

Teens think with the amygdala, the emotional part of the limbic system

The emotional center of the brain and decision-making part are developing at different rates, leading to more emotions and less thinking when making decisions

Teens are more likely to

Be impulsive, quick-tempered, unpredictable, flaky, emotional, self-destructive, mischievous, irritable, troublesome



Adults think with the prefrontal cortex

Leading to rational decision making and being aware of consequences

From Adolescent To Adult

Jiyuan Zhang



From Adolescent To Adult Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has be more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**From Adolescent To Adult**," written by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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