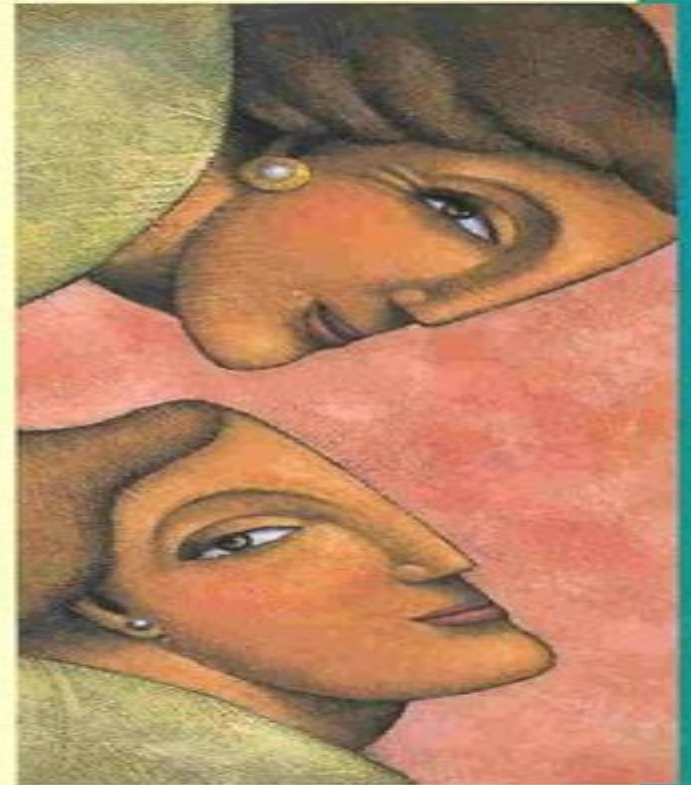


FRIENDS FOR LIFE

Enriching the
Bond Between
Mothers and Their
Adult Daughters



SUSAN JONAS AND
MARILYN NISSENSON

Friends For Life Enriching The Bond Between Mothers And Their Daughters

Patricia Gottlieb Shapiro



Friends For Life Enriching The Bond Between Mothers And Their Daughters:

Friends for Life Susan Jonas, Marilyn Nissenson, 1998 Drawing on interviews expert advice and the authors own experiences this wise inspiring book will aid every woman who has a mother is a mother or hopes to become one New York Times

Friends for Life Susan Jonas, Marilyn Nissenson, 1997-04-01 More than 100 mothers reveal how they re coping with their daughters preferences in partner career and other life defining issues They reflect on their relationships with their own mothers and on their hopes for growing intimacy with their daughters Helps mothers identify and resolve the tensions that can arise when their expectations for a daughter conflict with the reality of how she s living her life when she seems to be making a grave mistake and when she doesn t want to hear the advice her mother wants to give Helps mothers communicate their thoughts and feelings more effectively during those years when they and their daughters are learning to see each other as adults and friends

Too Close for Comfort? Linda Perlman Gordon, Susan Shaffer, 2009-09-01 A fascinating look at how mothers and their adult daughters have formed a greater friendship than generations past and whether or not their should be boundaries No relationship is more complicated than the one between mothers and daughters especially today when a cultural shift can cause a longer period of time of overlapping interests before the traditional adult markers of marriage and family As a result these young women are developing deeper bonds with their own mothers a relationship that sometimes mimics friendship But are these close bonds healthy Is it time to cut the umbilical cord In this eye opening book Linda Perlman Gordon and Susan Morris Shaffer explore the modern mother daughter relationship in all its glorious complexity Combining a brilliant sociological analysis with fascinating stories of real life women Too Close for Comfort provides a rich provocative look at the ways mothers and daughters get it right how they get it wrong and how they can happily maintain being friends as well as mothers and daughters

Family Re-union Robert Kuttner, Sharland Trotter, 2002 In this relevant new book a journalist husband and his psychologist wife offer wise and inspiring advice to middle aged adults on how to have more meaningful relationships with their adult children and elderly parents

A Return to Modesty Wendy Shalit, 2014-05-20 Updated with a new introduction this fifteenth anniversary edition of A Return to Modesty reignites Wendy Shalit s controversial claim that we have lost our respect for an essential virtue modesty When A Return to Modesty was first published in 1999 its argument launched a worldwide discussion about the possibility of innocence and romantic idealism Wendy Shalit was the first to systematically critique the hook up scene and outline the harms of making sexuality so public Today with social media increasingly blurring the line between public and private life and with child exploitation on the rise the concept of modesty is more relevant than ever Updated with a new preface that addresses the unique problems facing society now A Return to Modesty shows why the lost virtue of modesty is not a hang up that we should set out to cure but rather a wonderful instinct to be celebrated A Return to Modesty is a deeply personal account as well as a fascinating intellectual exploration into everything from seventeenth century manners to the 1948 tune Baby It s Cold Outside Beholden

neither to social conservatives nor to feminists Shalit reminds us that modesty is not prudery but a natural instinct and one that may be able to save us from ourselves How To Manage Your Mother Alyce-Faye Cleese,2016-12-21 This book explores how different people have dealt with the issues related to getting on with their mothers Psychotherapist Alyce Faye Cleese interviewed a wide range of people to get an in depth understanding of the different questions that arise in our relationships with our mother From a New York taxi driver to her former husband John Cleese and a computer consultant to General Colin Powell the interviews show a remarkable similarity between the problems different people have with their mothers both alive and dead and Alyce Faye Cleese suggests a range of ways of dealing with problems that many of us share in one way or another **Basic Concepts in Family Therapy** Linda Berg Cross,2014-02-25 Gain confidence and creativity in your family therapy interventions with new up to date research Basic Concepts in Family Therapy An Introductory Text Second Edition presents twenty two basic psychological concepts that therapists may use to understand clients and provide successful services to them Each chapter focuses on a single concept using material from family therapy literature basic psychological and clinical research studies and cross cultural research studies Basic Concepts in Family Therapy is particularly useful to therapists working in a family context with child or adolescent referred problems and for students and clinicians treating the problems they see every day in their community The book builds on the strengths of the first edition incorporating ideas and articles that have become worthy of investigating since 1990 into the original text This new edition also introduces five new chapters on resiliency and poverty adoption chronic illness spirituality and religion and parenting strategies The new chapters make the book far more relevant for students and clinicians trying to use family theory and technique in response to the problems they see in their communities Basic Concepts in Family Therapy will assist you in offering clients better services by providing a deeper understanding of the contemporary family in its various forms the psychological bonds that shape all families and the developmental stages of the family life cycle This exploration of how family demography stages and life cycles affect family functions is a solid foundation from which all of the therapeutic concepts in this book can be explored Some of the facets of family therapy you will explore in Basic Concepts in Family Therapy are the importance of spirituality and religion in family therapy generational boundaries closeness and role behaviors managing a family's emotions defining problems and generating and evaluating possible solutions teaching children specific attitudes values social skills and norms transracial adoptions and normative processes and developmental issues of adoptive parents strategies for reducing conflict and much more Basic Concepts in Family Therapy will help to broaden your understanding of the ways families function in general You can use the effective concepts explored in this text to make a thorough assessment of the impact of a disorder on a child and on the rest of his or her family as well as how family dynamics might have shaped or exacerbated the problems The concepts described in this text can be customized to clients cultural values to avoid unnecessary resistance As a new therapist you will gain confidence in your assessments and if

you are already a seasoned professional you will gain creativity in your interventions

The Art of the Book Proposal Eric Maisel, 2004-05-24 Here is an expert's guide through the elements of a nonfiction book proposal including the outline chapter summaries marketing publicity book and chapter titles and more Filled with exercises designed to help a writer conceive and create a desirable proposal and checklists to keep track of the project's progress The Art of the Book Proposal provides the framework on which to build a great idea as well as intelligent empathetic instruction on how to produce a proposal that will capture the interest of an agent or editor While most how to writing books focus only on the nuts and bolts of putting a proposal together Maisel considered by many to be America's foremost expert on the psychological side of the creative process also helps the writer overcome mental barriers to producing the best work possible Using a holistic approach to the sometimes unglamorous work of designing a proposal his guide enables a writer to transform an idea into a book

All Grown Up Roberta Maisel, 2000-11 Many parents in their 50s and 60s don't know how to parent their adult children Yet increases in health and longevity mean that parents and their children may share 40 or more years together as adults All Grown Up describes how mid life parents and their grown children can celebrate this new lease on life together by developing loving and egalitarian friendships that are positive and guilt free Using conflict resolution strategies borrowed from the field of mediation a healthy respect for generation gap issues engendered by the social revolutions of the 1960s and 70s and a broad spiritual perspective the author provides both practical solutions to on going problems as well as thought provoking discussions of how these problems came to be Unlike other books in the field All Grown Up addresses the cultural changes of the late 20th century which deeply affect how we approach parenting self development and lifestyle issues The book provides guidance on how parents of adult children can communicate with their adult children without judgments or fear of giving praise let go and share activities in a stress free equal way deal with crises in their adult children's lives knowing when and when not to give advice set boundaries limits and deadlines avoid over identification with their child's successes and failures and avoid competitiveness and build understanding trust and compassion without prying Wise compassionate and helpful All Grown Up will appeal to all mid life and older parents and children as well as mediators therapists and counselors Marketing for All Grown Up National print advertising National print radio and web publicity Co op available Roberta Maisel is a sociologist educator and professional mediator A parent of three adult children she watches over her 93 year old mother and lives in Berkeley California

New Books on Women and Feminism, 1997

Forthcoming Books Rose Arny, 2001-08 *Feminist Bookstore News*, 1998 *Library Journal*, 1997-04 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately

Heart to Heart Patricia Gottlieb Shapiro, 2001 Faced with a kaleidoscope of changes women at midlife often turn to their female friends for comfort support and stability In this moving and insightful new book psychologist Patricia Shapiro interviews fifty women from ages 45 60 and blends their stories with

research expert commentary and her own personal experiences What emerges are the hidden benefits of midlife friendship how it can complement and stabilize a marriage or offer strength support and security to single women Through suggested dialogs and guidelines she helps women develop the skills needed to enrich friendships cope with negative emotions expand networks of friends and most importantly befriend themselves in the midst of challenging physical and emotional changes

Echoes of Her Embrace Roula Shriram,Anshu Dogra,2025-07-07 Aphrodite The name has always struck me as perfectly fitting for my wonderful mother Aphrodite Krishnamurti s life is a testament to resilience love and transformation From the sun drenched days of Doxato Greece to the bustling high streets of Kavala her childhood was filled with laughter and imagination Despite the upheavals of the Second World War that engulfed Greece during this period Aphrodite faced every challenge with unwavering dignity Love found her in the form of a young Indian medical officer P V Krishnamurti whose arrival on Greek shores marked the beginning of a new chapter Her life spanned three continents and she navigated each with composure and confidence Her deep bond with her daughter rooted in unwavering support and encouragement is the heart of this story This book delves into the enduring power of a mother s love and a unique mother daughter relationship that has only deepened over time Girl in the Mirror Nancy L. Snyderman,Peg Streep,2002-02-06 The one book every mother of a girl age 9 to 19 needs to have on her shelves Girl in the Mirror is the book we ve all been looking for It teaches us that our daughters adolescence isn t a time to be gotten through or survived instead it s a tremendous opportunity not just to foster social emotional and intellectual growth but to forge new connections between us and our daughters Drawing on the latest research and interviews with experts in different fields Girl in the Mirror sheds new light on the journey that is adolescence the crucial interaction between mother and daughter and the ways in which our own parenting skills must evolve as our daughters move into a new stage of growth **The New Yorker** Harold Wallace Ross,William Shawn,Tina Brown,David Remnick,Katharine Sergeant Angell White,Rea Irvin,Roger Angell,1997 The Publishers Weekly ,1999 **American Book Publishing Record** ,2007 Current Contents Institute for Scientific Information (Philadelphia),1997

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