

# FRIEND OF THE LONELY HEART



A 4-Session video series for  
junior high and high school students with  
**JOSH McDOWELL**

## INCLUDING:

- Interactive video lessons with dramatic vignettes and music videos.
- Video teaching by Josh McDowell and Norm Wakefield.
- *Friend of the Lonely Heart* companion book.
- Reproducible Leader's Guide for 60-minute sessions.
- Creative activities.

## Dear Josh

"Sometimes I feel so alone—like no one cares. It seems my folks live in their separate world and I live in mine. I know it sounds crazy, but I want them to leave me alone and yet, I want to be a part of their lives. Most of the time they leave me alone and it gets pretty lonely."  
—A Lonely Teenager

In the next 30 minutes 285 children will become victims of broken homes, 685 teenagers will take some form of narcotic, 57 kids will run away from home and 229 will attempt suicide. Loneliness plagues the lives of young people, even Christian youth, and they are trying desperately to fill that void. In this series Josh McDowell, along with counselor Dr. Norm Wakefield, strike at the heart of the loneliness problem and share biblical solutions that will enable your youth to begin breaking the loneliness cycle.

Each video session opens with a dramatic vignette that sets up the lesson. Then Josh and Norm provide insight, suggested solutions and guidance. Each video session concludes with a dramatic vignette or a music video. The sessions include:

## SESSION 1: "Outside Looking In"

Your youth will discover that loneliness is often rooted in their view of themselves. They will learn what makes them feel like losers and get 5 practical steps to developing a winner's mentality.

## SESSION 2: "Nightmare on Your Street"

Home is designed to be a place where teenagers can feel safe, secure and know they belong. But, if there is turmoil and trouble at home, they can feel very lonely. Here they will learn how to work through 4 common home problems that will help them overcome the feelings of loneliness.

## SESSION 3: "The Bore War"

Students will learn 4 practical steps of overcoming boredom that will give them new direction, meaning and excitement to living.

## SESSION 4: "Breaking Free From Loneliness"

Your young people will discover 7 forces that often trap them into a loneliness cycle and 5 principles that will allow them to begin breaking free from this negative cycle of living.



## CONTEMPORARY CHRISTIAN MUSIC VIDEOS FEATURING:

### PETRA



### KIM DOWCE



Produced by Dave Bell  
Dramatic Presentation by DC Productions  
Photos by Kenneth Perry and Becky Bell



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# Friend Of The Lonely Heart

**WJ Hussar**



## Friend Of The Lonely Heart:

**Friend of the Lonely Heart** Josh McDowell, Norm Wakefield, 1991      **Friend of the Lonely Heart** Josh McDowell, Norm Wakefield, 1991 Discusses how teenagers can combat loneliness by following God's direction      [The Lonely Hearts Lido Club](#) Charlie Lyndhurst, 2022-08-04 My favorite read of 2022 I am recommending it to everyone I know Reader Review Three strangers all caught in the deep end but can they help each other float through After tragically losing her husband and being left a single mother to two children Gabriella has only one escape for herself swimming at a local London lido to clear her mind A constant stream of both new and familiar faces visit the lido like Gabriella but she doesn't suspect any are suffering quite like her until she meets Helen who swims to escape her emotionless husband and Ian who feels lost in the deep end after becoming unemployed and unable to tell his husband Grateful for new companionship these three strangers decide to make their friendship into something more permanent The Lonely Hearts Lido Club An uplifting captivating read about the power of friendship fans of Hazel Prior and Mike Gayle will adore this Readers are loving joining The Lonely Hearts Lido Club I'm in awe of how Charlie Lyndhurst manages to tease out the extraordinary from ordinary lives and make me like every single character Sue Moorcroft author of Summer at the French Caf Well written with layered and likable characters So glad I found this gem Reader Review This was a truly beautiful book to read full of emotion hope and joy Reader Review Three strangers bond at the pool and form a friendship to circumvent their personal struggles I really enjoyed this book it's rare that you read a book about a true friendship Reader Review Love how each of these ppl are dealing with different heartbreaking situations but manage to find a way to come together to fight their grief but find happiness together instead The writing is beautiful the characters rich and the storyline keeps you wanting to turn the pages long into the night Reader Review This was a great lighthearted beach read About strangers who connect in a beautiful way It was a great read Reader Review This was an absolutely wonderful read It was exactly what I look for in a character driven novel it made me want to be a part of this little group so so badly Reader Review It was a beautiful read about friendship and how three people can come together and support each other Loved the writing style and I think it's a perfect summer read Reader Review A real escapist summer read their friendship is uplifting and heart warming I almost wish I was part of the Lonely Hearts Lido Club myself Reader Review This was a super cute book it was witty and charming and I'd highly recommend Reader Review Praise for Charlie Lyndhurst A super cute read you'll be laughing and crying Mandy Baggott author of Staying Out for the Summer Perfect meet cutes great characters a few laughs and of course that HEA that checks all the feelgood boxes Reader Review I loved jumping between these three stories I really fell in love with all of these characters Reader Review The story was fantastic An almost Love Actually kind of vibe Reader Review Had me laughing out loud The writing is good the storyline is adorable and the characters are lovable Reader Review Didn't let me go until I read the final page I became fully invested in their lives Reader Review A heartwarming story of staying true to yourself charming

and heartfelt Reader Review *Friends' Intelligencer*, 1908 **How to be a Hero to Your Kids** Josh McDowell, Dick Day, 2008-08-03 You don't have to be a super parent to be a hero to your kids All it takes is love motivation and a workable plan Josh McDowell and Dick Day offer a six point biblically based plan for positive parenting that will set you on the path to being a hero to your child **Our Friend Faustina** Michele Faehnle, Emily Jaminet, 2024-04-30 In this joy filled anthology Michele Faehnle and Emily Jaminet the writing team behind Divine Mercy for Moms present modern women's testimonies to the powerful witness and intercession of St Faustina Kowalska 1905-1938 in their busy lives *The Heathen Woman's Friend*, 1876 *Friends' Review* Samuel Rhoads, Enoch Lewis, 1887 *The Friend*, 1900 *Joyce's Love Stories* Christopher DeVault, 2016-12-05 In his comprehensive study of love in James Joyce's writings Christopher DeVault suggests that a love ethic persists throughout Joyce's works DeVault uses Martin Buber's distinction between the true love for others and the narcissistic desire for oneself to frame his discussion showing that Joyce frequently ties his characters' personal and political pursuits to their ability to affirm both their loved ones and their fellow Dubliners In his short stories and novels DeVault argues Joyce shows how personal love makes possible a broader social compassion that creates a more progressive body politic While his early protagonists' narcissism limits them to detached engagements with Dublin that impede effective political action Joyce demonstrates the viability of his love ethic through both the Blooms' empathy in *Ulysses* and the polylogic dreamtext of *Finnegans Wake* In its revelation of Joyce's amorous alternative to the social and political paralysis he famously attributed to twentieth century Dublin Joyce's *Love Stories* allows for a better appreciation of the ethical and political significance underpinning the author's assessments of Ireland **The Library of Choice Literature and Encyclopædia of Universal Authorship** Charles Gibbon, Ainsworth Rand Spofford, 1890 **The American Friend**, 1917 *Friend Eli's Daughter, and Other Tales, Etc. (The Works of Charles Lever. Reprinted from Blackwood's Magazine, April, 1862.)*. Eli, 1866 *Friends' Intelligencer and Journal*, 1898 *Friendship's Offering*, 1834 *The Westminster Pulpit* vol. I G. Campbell Morgan, 2012-02-06 G Campbell Morgan Reprint Series Foreword If it is true that the measure of a person's greatness is their influence not only on his own time but on future generations G Campbell Morgan must be regarded as a great person His greatness is seen not only in the wide impact of his ministry on both sides of the Atlantic but in the fact that his books are still read and studied sixty-five years after his death Named one of the ten greatest preachers of the twentieth century by the contributing board of Preaching magazine Morgan made the Bible a new and living book not only to the congregations who listened to him but the vast multitude of persons who read his books For sixty-seven years Morgan preached and taught the Scriptures and served churches in England and the United States What is remarkable is that his commentaries and expositions of the Bible still speak to persons of a new millennium There have been many changes in the world since he faithfully preached and taught the Scriptures but the wide appeal of his books testify to the timelessness of his message Although he held pastorates in the Congregational and Presbyterian denominations he had an ecumenical appeal to

persons of all denominations and traditions The mystic Thomas Kempis once wrote He to whom the eternal word speaks is delivered from many opinions In one of his sermons he referred to the words of Amos that there would be a famine for hearing the word of God Amos 8 11 The timeless work of G Campbell Morgan addresses that hunger as his books enable his readers to get beyond opinions to the living Word Wipf and Stock Publishers have rendered a great gift to the religious world in reprinting dozens of Morgan's books This growing collection makes his books more available so that readers have an option other than searching the internet for used and often expensive copies Among this collection is the classic The Great Physician and commentaries on the Gospel of Matthew and John Persons seeking a living faith and a meaningful encounter with God would profit from reading any of these Morgan books Near the end of his ministry in a sermon entitled But One Thing Morgan commented on how Portugal changed the words of a coin after Christopher Columbus discovered America No longer did the inscription say Ne Plus Ultra nothing more beyond but Plus Ultra more beyond It is the hope of the G Campbell Morgan Trust that the reprinting of these books will bring readers to the more beyond and an even deeper encounter with the Word in Scripture The Morgan Trust Richard L Morgan Howard C Morgan John C Morgan     *Cosmopolitan* ,1908     **A dictionary of poetical illustrations** Robert Aitkin Bertram,1877     Friendship's Offering, and Winter's Wreath ,1834  
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