

The background of the image shows several blister packs of pills scattered on a blue surface. There are at least five packs visible, some partially overlapping. The pills are mostly white and oval-shaped, though one pack on the right contains round, grey tablets. The packs are made of clear plastic with a metallic foil backing.

MEDITATION is to the mind
what **MEDICATION** is to the body.

Clara Seeger

From Medication To Meditation

BM King



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