





EMERGENCY FIRST AID

ABC's OF IMMEDIATE FIRST AID ACTION



A Open the Airway **B** Check for Breathing **C** Check for Circulation

MOUTH TO MOUTH RESUSCITATION



-  1. Tilt the victim's head back and lift the chin to open the airway.
-  2. Pinch the victim's nose shut with your thumb and index finger.
-  3. Breathe into the victim's mouth, forming a seal with your lips.
-  4. Watch for chest rise and repeat the process.

CHOKING



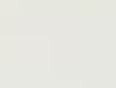
If choking victim can cough, speak or breathe, do not interfere. Call a paramedic. IF VICTIM CANNOT BREATHE:

-  1. Perform abdominal thrusts (Heimlich maneuver) on a standing victim.
-  2. Perform abdominal thrusts on a seated or lying victim.



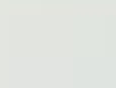
SEVERE BLEEDING

-  1. Apply direct pressure to the wound with a clean cloth or dressing.
-  2. Elevate the injured limb above the level of the heart.

FRACTURE

-  1. Do not move the victim.
-  2. Immobilize the injured limb.
-  3. Call for medical assistance.

BURNS






-  1. Stop the burn by removing the victim from the source.
-  2. Cover the burn with a clean dressing.
-  3. Do not touch the burn with grease or ointment.

EYE INJURY

CHEMICAL BURNS OF THE EYE

-  1. Flush the eye with water for at least 15 minutes.


OBJECT IN EYE (PARTICLE)

-  1. Do not rub the eye.
-  2. Flush the eye with water.
-  3. Do not attempt to remove the object.
-  4. Cover the eye with a clean dressing.
-  5. Call for medical assistance.

ELECTRIC SHOCK

-  1. Remove the victim from the source of the shock.
-  2. Check for breathing and pulse.
-  3. Call for medical assistance.

SHOCK DUE TO INJURY

-  1. Clear the area.
-  2. Lay the victim on a flat surface.
-  3. Elevate the legs.
-  4. Call for medical assistance.

YOUR LOCATION

EMERGENCY TELEPHONE NUMBERS

Paramedic _____
Police _____
Fire _____
Doctor _____
Poison Control Center _____

This sheet is a compilation of general first aid information obtained from sources believed to be reliable. However, we cannot guarantee the medical utility of the information or the results obtained from using said information. We do not represent that every applicable safety procedure is contained herein, or that attention to product instructions may not demand or require further additional procedures.



Emergency Room An Abc Tour

Debra P. Ferenc



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