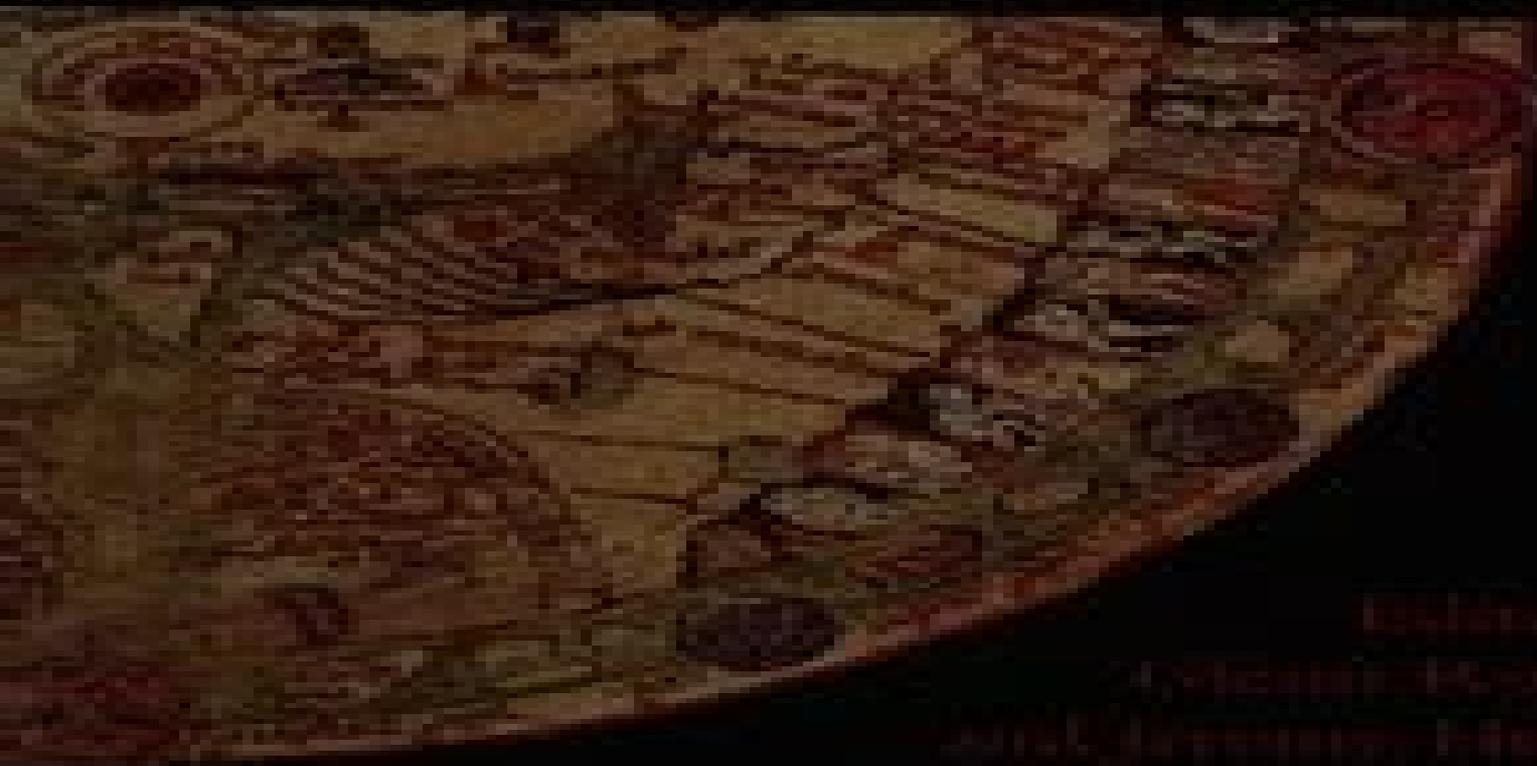


# Healing Stories

*Narrative in Psychiatry  
and Psychotherapy*



University  
of Toronto  
and  
University of  
British Columbia

# Healing Stories Narrative In Psychiatry And Psychotherapy

**Abraham Rudnick**



## **Healing Stories Narrative In Psychiatry And Psychotherapy:**

**Healing Stories** Glenn Roberts, Jeremy Holmes, 2023 The aim of this work is to rehabilitate stories and story telling within medicine psychiatry and psychotherapy and to consider a narrative approach both as a theoretical paradigm and a practical therapeutic tool

**Listening in the Silence, Seeing in the Dark** Prof. Ruthann Knechel Johansen, 2002-03-22 Traumatic brain injury can interrupt without warning the life story that any one of us is in the midst of creating When the author's fifteen year old son survives a terrible car crash in spite of massive trauma to his brain she and her family know only that his story has not ended Their efforts Erik's own efforts and those of everyone who helps bring him from deep coma to new life make up a moving and inspiring story for us all one that invites us to reconsider the very nature of self and selfhood Ruthann Knechel Johansen who teaches literature and narrative theory is a particularly eloquent witness to the silent space in which her son confronted with life shattering injury and surrounded by conflicting narratives about his viability is somehow reborn She describes the time of crisis and medical intervention as an hour by hour struggle to communicate with the medical world on the one hand and the everyday world of family and friends on the other None of them knows how much or even whether they can communicate with the wounded child who is lost from himself and everything he knew Through this experience of utter disintegration Johansen comes to realize that self identity is molded and sustained by stories As Erik regains movement and consciousness his parents younger sister doctors therapists educators and friends all contribute to a web of language and narrative that gradually enables his body mind and feelings to make sense of their reacquired functions Like those who know and love him the young man feels intense grief and anger for the loss of the self he was before the accident yet he is the first to see continuity where they see only change The story is breathtaking because we become involved in the pain and suspense and faith that accompany every birth Medical and rehabilitation professionals social workers psychotherapists students of narrative and anyone who has faced life's trauma will find hope in this meditation on selfhood out of the shambles of profound brain injury and coma can arise fruitful lives and deepened relationships Keywords narrative selfhood therapy traumatic brain injury healing spirituality family crisis children

**Recovery of People with Mental Illness** Abraham Rudnick, 2012-08-30 It is only in the past 20 years that the concept of recovery from mental health has been more widely considered and researched This book is unique in addressing philosophical issues including conceptual challenges and opportunities raised by the notion of recovery of people with mental illness

**Narrative Psychiatry** Bradley Lewis, 2011-03-01 Psychiatry has lagged behind many clinical specialties in recognizing the importance of narrative for understanding and effectively treating disease With this book Bradley Lewis makes the challenging and compelling case that psychiatrists need to promote the significance of narrative in their practice as well Narrative already holds a prominent place in psychiatry Patient stories are the foundation for diagnosis and the key to managing treatment and measuring its effectiveness Even so psychiatry has paid scant scholarly attention to the intrinsic value of patient stories Fortunately the

study of narrative outside psychiatry has grown exponentially in recent years and it is now possible for psychiatry to make considerable advances in its appreciation of clinical stories Narrative Psychiatry picks up this intellectual opportunity and develops the tools of narrative for psychiatry Lewis explores the rise of narrative medicine and looks closely at recent narrative approaches to psychotherapy He uses philosophic and fictional writings such as Anton Chekhov's play Ivanov to develop key terms in narrative theory plot metaphor character point of view and to understand the interpretive dimensions of clinical work Finally Lewis brings this material back to psychiatric practice showing how narrative insights can be applied in psychiatric treatments including the use of psychiatric medications Nothing short of a call to rework the psychiatric profession Narrative Psychiatry advocates taking the inherently narrative centered patient psychiatrist relationship to its logical conclusion making the story a central aspect of treatment

### **The Art of Narrative Psychiatry** SuEllen

Hamkins,2013-10-03 The Art of Narrative Psychiatry is the first book to comprehensively show narrative psychiatry in action Lively and engaging it offers psychiatrists and psychotherapists detailed guidance in collaborative narrative approaches to healing

**Stories We've Heard, Stories We've Told** Jeffrey A. Kottler,2015 If you ask someone the question Tell me a story that changed your life there will almost certainly be a thoughtful pause before a huge grin emerges Everyone's life has been guided and impacted by stories beginning with the earliest fables and nursery rhymes our parents used to instill moral values to the last time you wanted to illustrate a point in a meeting or get a laugh out of a friend over dinner Storytelling is a uniquely human activity among our first and most enduring forms of communication This is a book about the meaning of stories in people's lives especially those that have produced enduring changes in their values behavior lifestyle and worldview Carefully documented and supported by research from the social sciences as well as from neurobiology the humanities media studies and arts Jeffrey Kottler will explore how and why stories are so powerfully influential in people's lives especially those that lead to major life transformations

### **The Temporal Dimension in Counselling and**

**Psychotherapy** Sue Wright,2020-02-21 The Temporal Dimension in Counselling and Psychotherapy looks at time as an intangible phenomenon that is culturally created historically framed but only individually understood Examining our relationship to time as well as what it means in terms of our mortality it integrates historical cultural and psychotherapeutic perspectives to shine a light on our experience of time from our current identity to past trauma both in the consulting room and beyond Divided into three parts the book explores those time related issues that emerge in psychotherapy it initially focuses on our existence as individuals in time with chapters discussing how we develop a sense of self as a being in time how our relationship to time is coloured by the world we live in today and our attachment relationships and past traumas In part two the focus narrows to the consulting room itself the practical aspects of the time frame and how these can be managed The third part of the book concerns the impact of trauma and other crises on our existence in time as well as our experience of it Exploring time related issues as people navigate different stages in the life cycle as well as for people

affected by illness trauma and bereavement this insightful and thought provoking book will provide insights for counsellors and therapists about what time means both to themselves and their clients **Trauma Among Older People** Leon Albert Hyer, Steven Sohnle, 2014-10-10 Trauma Among Older Adults presents an integrative model of treatment that considers current theories of treatment in light of special considerations relating to elderly patients The book provides case studies vignettes and discussions and demonstrates the importance of considering the personality memory and familial history of an elderly individual who has suffered a trauma Organising Music Nic Beech, Charlotte Gilmore, 2015-02-05 This book applies organisation theory to the creative and performance aspects of music through a dialogue between organisation theorists and practising musicians **Mentalizing in the Development and Treatment of Attachment Trauma** Jon G Allen, 2018-03-08 This book brings together the latest knowledge from attachment research and neuroscience to provide a new approach to treating trauma for therapists from different professional disciplines and diverse theoretical backgrounds The field of trauma suffers from fragmentation as brands of therapy proliferate in relation to a multiplicity of psychiatric disorders This fragmentation calls for a fresh clinical approach to treating trauma Pinpointing at once the problem and potential solution the author places the experience of being psychologically alone in unbearable emotional states at the heart of trauma in attachment relationships This trauma results from a failure of mentalizing that is empathic attunement to emotional distress Psychotherapy offers an opportunity for healing by restoring mentalizing that is fostering psychological attunement in the context of secure attachment relationships in the psychotherapy relationship and in other attachment relationships The book gives a unique overview of common attachment patterns in childhood and adulthood setting the stage for understanding attachment trauma which is most conspicuous in maltreatment but also more subtly evident in early and repeated failures of attunement in attachment relationships **Controversies in Psychotherapy and Counselling** Colin Feltham, 1999-08-28 My congratulations to Colin Feltham for assembling a set of contentious issues and lively authors which together made me forget my surroundings Person Centred Practice Editor Colin Feltham's choice of topics shows an astute on the ground awareness of the issues that dog the industry while still making lively reading New Therapist In this book leading practitioners critics and commentators take sides on many topical and core debates including Theoretical issues Does the unconscious really exist Is birth trauma a fiction Should one believe in false memories Clinical issues Is there *Writing Cures* Gillie Bolton, Stephanie Howlett, Colin Lago, Jeannie K. Wright, 2004-08-02 Writing Cures demonstrates the power of expressive and reflective writing in the context of therapy whether online or text based enabling counsellors and psychotherapists to undertake writing methods with clients Handbook of Narratology Peter Hühn, Jan Christoph Meister, John Pier, Wolf Schmid, 2014-10-10 This handbook provides a systematic overview of the present state of international research in narratology and is now available in a second completely revised and expanded edition Detailed individual studies by internationally renowned narratologists elucidate central terms of narratology present a critical account of the major

research positions and their historical development and indicate directions for future research

**The Making of Psychotherapists** James Davies, 2018-03-22 Here for the first time is a book that submits the psychoanalytic training institute to deep anthropological scrutiny It expertly uncovers the hidden institutional devices used to transform trainees into professionals By attending closely to what trainees feel do and think as they struggle towards professional status it exposes the often subtle but deeply penetrating effects psychoanalytic training has upon all who pass through it effects that profoundly shape not only therapists professionally and personally but also the community itself The author s fascinating and original data is culled from his extensive fieldwork his case studies of clinical work and his interviews with teachers senior practitioners and trainees This book is written to be accessible to all those who have an interest in the therapeutic profession from the professional whether psychotherapist or anthropologist to the trainee and general reader

*A Companion to the Anthropology of India* Isabelle Clark-Decès, 2011-02-10 A Companion to the Anthropology of India A Companion to the Anthropology of India offers a broad overview of the rapidly evolving scholarship on Indian society from the earliest area studies to views of India s globalization in the twenty first century Contributions by leading experts present up to date comprehensive coverage of key topics that include developments in population and life expectancy caste and communalism politics and law public and religious cultures youth and consumerism the new urban middle class civil society social moral relationships environment and health The broad variety of topics on Indian society is balanced with the larger global issues demographic economic social cultural political religious and others that have transformed the country since the end of colonization Illuminating the continuity and diversity of Indian culture A Companion to the Anthropology of India offers important insights into the myriad ways social scientists describe and analyze Indian society and its unique brand of modernity

Child Mental Health in Primary Care D. Phillips, 2018-04-19 This book helps general practitioners health visitors and other professionals working in primary care to assess manage and refer children and adolescents with mental health problems School medical officers social workers and educational psychologists many of whom are in the front line of mental health provision for children and young people will also find it particularly useful Each problem is covered in a uniform way with definitions assessment outlines detailed management options and indications for referral Numerous case examples further illuminate aspects of many conditions The book supports service provision in the new primary care environment and forms a comprehensive practical guide to the full range of difficulties and disabilities affecting the mental health of children and young people

**Child Mental Health in Primary Care** Quentin Spender, 2001 This text helps general practitioners health visitors and other professionals working in primary care to assess manage and refer children and adolescents with mental health problems It supports service provision in the new primary care environment

Oral and Written Narratives and Cultural Identity Francisco Cota Fagundes, Irene Maria Blayer, 2007 This interdisciplinary volume centers on the interrelations of storytelling and various manifestations of cultural identity from written to oral and from

autobiographical to regional and national Indigenous storytelling as well as storytelling for and by children and the elderly are the main focus of these essays Together these fifteen texts make a significant contribution toward a deeper understanding of various aspects of textual and oral narrative they broaden the lines of inquiry into multidisciplinary and multicultural interests particularly those centering on the construction expression and contextualization of various types of identity and they illustrate the deployment of storytelling not only as testimony contestation and subversion but also as peacebuilding Many countries languages and cultures are herein represented from the United States and Canada to Japan Singapore and Malaysia from English to Japanese to Greek to Italian to the languages of indigenous peoples of Latin America and the Philippines

*Pedagogies of the Imagination* Timothy Leonard, Peter Willis, 2008-06-11 I have long admired the mythopoetic tradition in curriculum studies That admiration followed from my experience as a high school teacher of English in a wealthy suburb of New York City at the end of the 1960s A dream job I taught four classes of 15-20 students during a nine-period day in a dream suburb where I could afford to reside only by taking a room in a retired teacher's house many of these often Ivy League bound students had everything but meaningful lives This middle class Midwestern young teacher was flabbergasted In one sense my academic life has been devoted to understanding that searing experience Matters of meaning seemed paramount in the curriculum field to which Paul Klohr introduced me at Ohio State Klohr assigned me the work of curriculum theorists such as James B Macdonald Like Timothy Leonard who also studied with Klohr at Ohio State and Peter Willis Macdonald 1995 understood that school reform was part of a broader cultural and political crisis in which meaning is but one casualty In the mythopoetic tradition in curriculum studies scholars labor to understand this crisis and the conditions for the reconstruction of meaning in our time in our schools

*Satire, Comedy and Mental Health* Dieter Declercq, 2021-01-13 *Satire, Comedy and Mental Health* examines how satire helps to sustain good mental health in a troubled socio-political world Through an interdisciplinary dialogue and a close analysis of satire in various media the book argues that satire helps us cope in a sick world through its ambiguous combination of critique and entertainment

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