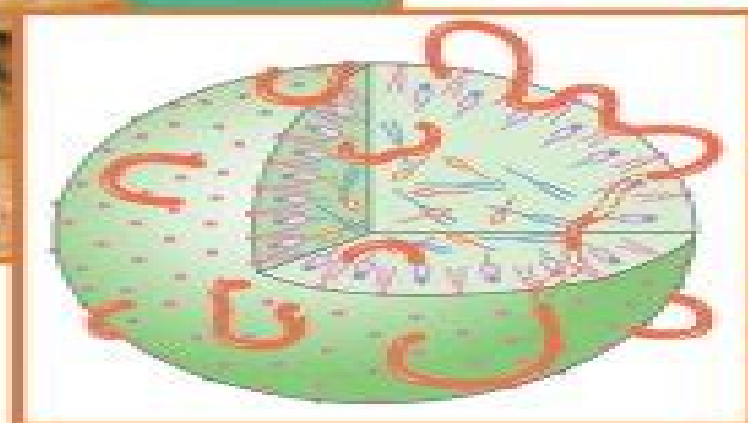


Fast Facts



# Fast Facts: Hyperlipidemia

Allan Sniderman and Paul Durrington  
Fourth edition



HEALTH PRESS

# Fast Facts Hyperlipidemia

**Jin-Ying Zhang**



## **Fast Facts Hyperlipidemia:**

Fast Facts: Hyperlipidemia Allan Sniderman, Paul Durrington, 2021-01-26 Fast Facts Hyperlipidemia is a crisp and accurate summary of lipid disorders with clear language and illustrations Directed at a broad range of healthcare professionals from primary care physicians to specialists this updated sixth edition addresses the importance of considering lipoprotein particles not just their lipids The renowned authors acknowledging the confusion surrounding the place of statins carefully unpick clinical trial evidence and discuss guideline recommendations The result is a clear and logical approach to the management of hyperlipidemia      **Fast Facts : Hyperlipidemia ,      Hyperlipidemia** Allan Sniderman, Paul N. Durrington, 2010 Directed at a broad range of healthcare professionals from primary care physicians to specialists this updated fifth edition addresses the importance of considering lipoprotein particles not just their lipids      **Fast Facts ProQuest**, 2010      **Fast Facts: Hypertension** Graham A. MacGregor, Michael Stowasser, 2016-02-15 Hypertension is the biggest cause of death and disability in the world yet it remains underdiagnosed undertreated and in many cases poorly controlled As in the previous edition Fast Facts Hypertension advises on accurate measurement of blood pressure and problems such as white coat hypertension routine assessments for people with high blood pressure other modifiable risk factors smoking high cholesterol levels etc non pharmacological measures reducing salt losing weight increasing physical activity etc rational and effective use of all drug treatments identification of people with secondary hypertension treatment of children pregnant women the elderly and patients with diabetes Updates in this new edition include distinguishing between patients with primary low renin and secondary aldosteronism greater use of home BP measurement in clinical decision making the latest thinking on BP treatment thresholds new guidance on fourth line therapy for resistant hypertension Sometimes dubbed the silent killer hypertension rarely produces symptoms until it manifests as a heart attack or stroke so early identification of the condition and appropriate management are vital This practical readable refresher for every day use supports better investigation and treatment of high blood pressure by primary care providers and better self management by patients Contents The dangers of raised blood pressure Causes Investigation When to treat How to treat Special patient groups Uncontrolled hypertension Useful resources      **Fast Facts: Liver Disorders** Thomas Mahl, John O'Grady, 2014-11-03 With rising levels of alcohol consumption obesity and viral hepatitis infection liver disease is presenting more and more frequently in general practice Health professionals need to be adept at isolating the cause of disease and initiating prompt action Fast Facts Liver Disorders is designed to help primary care providers hospital doctors and specialist nurses understand the most important issues as quickly as possible including the indicators of severe disease in order to identify patients who need specialist referral This succinct practical handbook provides quick access to an organized approach to the interpretation of liver function tests guidance on determining levels of alcohol consumption the latest hepatitis B and C treatments key information on the complications of cirrhosis an overview of the common clinical problems associated with

transplantation With its simple explanations clear illustrations and logical algorithms Fast Facts Liver Disorders will help you identify and correct liver disease minimize permanent damage and monitor and manage recovery within the community  
Contents Investigating liver disease Acute liver disease Alcoholic liver disease Drug induced liver injury Autoimmune liver diseases Metabolic liver diseases Chronic viral hepatitis Complications of cirrhosis Benign liver tumors cysts infections and abscesses Hepatocellular carcinoma Pregnancy and the liver Liver transplantation **Fast Facts: Obesity** David

Haslam,Gary Wittert,2014-05-12 Not to broach the subject of excess weight with a patient is a dereliction of duty as a healthcare professional say the authors of Fast Facts Obesity Patients who smoke are rapidly identified for intervention and the same should be true of anyone who is obese Every consultation is an opportunity to educate and encourage patients to pursue better health Fast Facts Obesity is packed with practical advice on how best to support patients to improve their nutrition and levels of physical activity and change their habits with simple and achievable goals tailored to individual needs and concerns This highly readable handbook also provides a comprehensive overview of the causes and consequences of obesity the latest information on pharmacological and surgical options the issues specific to the management of obesity in children pregnant women and the elderly The authors say The opportunity to educate others and exert influence can be leveraged at many levels even with limited amounts of time Reading Fast Facts Obesity is an excellent starting point for any healthcare professional who wants to understand this major threat to human health and ultimately improve outcomes  
Contents Patient assessment Causes and science Cardiometabolic consequences Other consequences Management diet Management physical activity Management behavioral therapy Pharmacological and surgical treatments Children the elderly and pregnant women Management tools prevention and advocacy Useful resources The health risks of excess weight figure

Fast Facts: Acute Coronary Syndromes Paul A. Gurbel,Udaya S. Tantry,Kurt Huber,2014-01-20 All patients arriving at hospital with chest pain suggestive of myocardial ischemia require an immediate 12 lead ECG and medical assessment Management will depend on the type of acute coronary syndrome ACS diagnosed Fast Facts Acute Coronary Syndromes is an international evidence based primer that focuses on optimizing patient outcomes via accurate initial diagnosis appropriate risk stratification and proper therapeutic decision making in line with both American and European management guidelines This refreshingly readable handbook simplifies the complexities involved in the care of patients with ACS by Familiarizing readers with the common pathophysiology underlying all ACS Detailing the specifics of clinical assessment targeted history symptom oriented physical exam electrocardiography cardiac biomarkers and imaging Assisting best practice in ischemic risk stratification and assessment of bleeding risk Outlining coronary revascularization techniques reperfusion strategies and preventive measures Providing an update on potent antithrombotic therapy antiplatelet agents and anticoagulants Clearly explaining the latest developments that are likely to be implemented in the near future In this fast changing field it is difficult for healthcare professionals to remain current and virtually impossible to fully understand all of the subtle nuances of the

available clinical trial data This comprehensive handbook is therefore the essential resource for all healthcare professionals looking for up to date easy to read information that will assist best practice in the identification and management of all patients with ACS Contents Pathophysiology Diagnosis Risk stratification and decision making Coronary revascularization Unstable angina non ST segment elevation myocardial infarction ST segment elevation myocardial infarction Secondary prevention of coronary artery disease Developments Useful resources      **Fast Facts for the New Nurse Practitioner**

Nadine Aktan, Nadine M. Aktan, 2010-02-17 This book is a Fast Facts for students considering the NP track NP students and new NPs a quick all in one read that features what you really need to know about NP education and practice It incorporates humor and real life examples useful tips comparative salary tables and other ready to access resources such as professional organizations networks associations and websites Included is discussion on the history of the nurse practitioner NP role and the coming practice degree the DNP It contains insight coming directly from experts in the field Key Features The all in one fast facts for potential or current NP students and newly practicing NPs Explores reasons to become a nurse practitioner Clarifies NP education hurdles from choosing the right program to selecting the best clinical preceptor and more Offers suggestions on how to survive the first year of practice Discusses contractual relationships with institutions doctors and related health providers Outlines legal malpractice issues Explores the DNP degree as the coming mandate for NP practice Features personal stories from the author and colleagues in a straight from the shoulder style Includes check lists to facilitate important decision making and charts tables with hot topics or key elements      Fast Facts: Familial

Chylomicronemia Syndrome Michael H. Davidson, Lane Benes, Anthony S. Wierzbicki, 2021-11-02 Familial chylomicronemia syndrome FCS is an ultra rare genetic disorder characterized by the abnormal build up of chylomicrons the largest type of lipoprotein which transport dietary fat from the gut to the rest of the body Patients with FCS often experience severe symptoms the most feared of which is acute potentially life threatening pancreatitis This resource is intended to raise awareness of FCS among all members of the healthcare team who come into contact with patients with FCS with the aim of earlier diagnosis and management thus preventing some of the more devastating physical neurological and cognitive symptoms of the disorder      *Fast Facts: Pancreas and Biliary Tract Diseases* Manoop S. Bhutani, Peter Vilmann, Adrian Saftoiu, 2017-10-09 Pancreaticobiliary diseases are extremely common and all primary care staff will encounter patients with diseases of the pancreas and biliary tract Rapid differentiation diagnosis treatment and or referral to a specialist must be made to avoid serious life threatening consequences It is therefore essential that every clinician has at least a basic understanding in this area Fast Facts Pancreas and Biliary Tract Diseases 2nd edn provides a clear and concise guide to diagnosis and management of these diseases It is an invaluable resource for primary care providers physician assistants nurse practitioners medical students medical residents interns house physicians and all other health professionals faced with the challenge of caring for patients with diseases of the pancreas and biliary tract Contents Anatomy physiology and

epidemiology Evaluation of pancreaticobiliary diseases Diseases of the gallbladder Bile duct stone disease choledocholithiasis Bile duct tumors Unusual diseases of the biliary tree Dysfunction of the sphincter of Oddi complex and gallbladder Acute pancreatitis Chronic pancreatitis Hereditary pancreatitis Pancreatic adenocarcinoma Unusual tumors of the pancreas and ampulla of Vater

**Fast Facts: Cognition in Multiple Sclerosis** Dawn Langdon, Carolyn Young, 2023-03-31 Difficulties with cognition are an assault on ourselves and our identities In the context of the unpredictable and often progressive course of multiple sclerosis MS reductions in information processing memory function and other mental faculties can be a heavy burden for people with MS PwMS Fast Facts Cognition in Multiple Sclerosis was written to support healthcare professionals HCPs working in MS clinics and other services Each chapter is designed to be read as a standalone text The authors aim with this book is to bring increased understanding and confidence to everyone facing the challenges of dealing with cognitive impairment linked to MS Table of Contents What do cognitive difficulties mean for people with MS and their caregiver partners MS cognitive difficulties and their impacts How do MS cognitive deficits relate to other variables Assessment strategies MS clinic management of cognition I healthcare professional information and action MS clinic management of cognition II people with MS engagement information and action Additional specialist input Difficult conversations

**Fast Facts: Disorders of the Hair and Scalp** Rodney Sinclair, Vicky Jolliffe, 2013-08-21 Hair is inextricably linked with an individual's sense of worth personal style and self confidence If this is overlooked by clinicians patients presenting with hair disorders may feel undertreated and underappreciated Fast Facts Disorders of the Hair and Scalp is a practical resource that will help healthcare professionals diagnose a wide range of hair and scalp disorders including different types of hair loss perform further investigations and where appropriate provide treatment options Highlights include A well illustrated overview of hair biology and the normal hair cycle A clear guide to history taking observational examination and investigation Over 70 tables illustrations and photographs to aid clinical diagnosis A concise explanation of the role of androgens and genetics in male and female pattern hair loss Practical steps for the assessment of diffuse hair loss Comprehensive details of topical and systemic therapies for alopecia areata A classification of scarring alopecias with treatment options Scalp disorders presented by symptom scaly itchy or painful An overview of special problems in children This fully revised second edition of Fast Facts Disorders of the Hair and Scalp is an ideal resource for primary care practitioners practice nurses trainee dermatologists and medical students wanting to provide the most appropriate therapeutic cosmetic and supportive advice to their patients and for trichologists and consultant dermatologists wanting to keep up to date and informed on the many hair and scalp disorders Contents Anatomy and physiology Diagnosis Androgenetic alopecia Diffuse hair loss telogen effluvium Alopecia areata Trichotillitis and traction alopecia Scarring alopecia Tinea capitis Hirsutism and hypertrichosis Scalp disorders Special problems in children Hair transplantation care and cosmetics Useful resources

[Fast Facts for the Gerontology Nurse](#) Charlotte Eliopoulos, 2013-11-25 Print CourseSmart *Fast Facts for the Pediatric Nurse* Diana Rupert,

PhD, RN, CNE, Diana L. Rupert, Kathleen Young, Kathleen Young, MSN, RN, CNE, 2014-09-08 Print CourseSmart **Ferri's Practical Guide: Fast Facts for Patient Care E-Book** Fred F. Ferri, 2014-03-28 For nearly 25 years Ferri's concise pocket sized resource has served as the go to reference for practical clinical information among students residents and other medical professionals Formerly known as Practical Guide to the Care of the Medical Patient this volume continues to provide a fast effective and efficient way to identify the important clinical laboratory and diagnostic imaging information you need to get through your internal medicine clerkship or residency Consult this title on your favorite device conduct rapid searches and adjust font sizes for optimal readability Benefit from the expert guidance of Dr Fred Ferri a leading teacher clinician and author Confidently manage patients with the latest clinical information drug therapies and lab tests Apply the latest knowledge and techniques with this updated and streamlined title which still stays true to the Ferri name Quickly find important information with content organized into three major sections Section I titled Surviving the Wards contains information on charting laboratory evaluation and formulary Section II provides the differential diagnosis of common signs and symptoms likely to be encountered in the acute care setting Section III has been completely revised and subdivided into 11 specialty specific diseases and disorders Carry just the sections you need add personalized materials and keep everything together and safe with an improved ring binder and design Access the full text and procedural videos online at Expert Consult *Fast Facts for the Adult-Gerontology Acute Care Nurse Practitioner* Dawn Carpenter, 2021-12-28 This quick access orientation guide the only one written by experienced acute care nurses delivers all the information new AG ACNP practitioners and students need for skilled clinical practice across the adult lifespan Organized with a clinical system based approach this resource puts vital information at your fingertips with succinct easy to read bullet points diagrams and formulas Tables highlight diagnostic criteria and compare contrast similar disorders and treatments along with commonly used medications dosages and infusions Designed to fit into a pocket for daily use this book is based on critical care curriculum developed by the author over 25 years along with the wisdom of experienced nurse contributors It includes useful tips on medication dosing ordering diagnostic tests documentation and billing and provides clinical pearls for each body system This pocket resource will be an invaluable companion for AG ACNP students in clinical rotation novice AG ACNP graduates and experienced nurses who are working with a new patient population Key Features Places vital information at your fingertips for easy information retrieval in a fast paced environment Organized in a clinical system based approach Provides quick access tables diagrams and formulas including risk calculators Streamlines complex information into easily understandable language Compares similar diagnostic criteria for accurate diagnoses in high acuity settings Includes evidence based treatments for best practice and patient care *Fast Facts for the New Nurse Practitioner, Second Edition* Nadine M. Aktan, 2015-03-09 What type of degree do I need to become a nurse practitioner How do I choose the right clinical preceptor How can I best prepare for my first year of practice Written for those considering NP practice current NP students

and newly certified NPs alike this quick easy to use manual covers everything there is to know about transitioning into the NP role its rewards and its challenges This second edition includes several new chapters covering electronic health records the impact of health care reform promoting the NP role and choosing a doctoral program All of the original chapters have been revised or expanded with updated key points tables and vignettes supplying cutting edge knowledge and skills to help new NPs excel The only resource of its kind this book guides the reader through the entire process of becoming an NP from the initial decision to the selection of the right educational program to licensure It discusses the contractual relationship with institutions and related health providers along with legal and administrative issues Currently practicing NPs offer words of wisdom on how to survive the first year of practice and stories from the author and her colleagues provide an intimate look at everyday realities Organized for easy access to information and filled with humor the book features learning objectives quizzes checklists to facilitate decision making and other helpful tools Fast Facts in a Nutshell boxes highlight need to know information and useful tips and resource lists provide information on scholarships certification professional organizations and networking New to the Second Edition The dos and don ts of electronic health records Surviving health care reform today and tomorrow Marketing the NP role to the nursing profession employers and the public The terminal degree in nursing PhD EdD or DNP Revised and expanded information in all chapters Updated key points vignettes and tables Nadine M Aktan PhD RN FNP BC received her bachelor s master s and doctoral degrees in nursing from Rutgers University College of Nursing and Graduate School in New Brunswick and Newark New Jersey She is currently chairperson and associate professor at William Paterson University in Wayne New Jersey teaching future nurses and nurse practitioners She also practices as a family nurse practitioner at the Immedicenter an urgent care family practice with locations in Clifton Bloomfield and Totowa New Jersey and as a maternal child community health nurse for Valley Home Care in Paramus New Jersey

**Fast Facts:**  
**Thyroid Disorders** Gilbert H. Daniels, Colin M. Dayan, 2006-01-01 Abnormalities of thyroid function rival diabetes mellitus in terms of prevalence and can affect any system in the body In the UK and North America it is estimated that palpable thyroid nodules are present in 1 in 20 of the population and in the UK alone 20 000 tests are carried out each year in clinical chemistry laboratories Thus all doctors can expect to encounter thyroid disease in one form or another Thyroid disorders are generally very responsive to treatment but there are traps for the unwary not least because of the frequent atypical presentations and the widespread prevalence of subclinical disease Fast Facts Thyroid Disorders is written by two leading experts of international standing who share a wealth of clinical and research experience The text which is comprehensively illustrated to make core clinical information easily accessible is a concise and practical guide for all who manage patients with these common conditions A concise guide to the recognition of thyroid disorders and the selection of appropriate thyroid function tests Provides expert advice on when to test when to treat and when to refer ensuring rapid initiation of appropriate therapy Highlights the particular challenges posed by thyroid disease during pregnancy Covers the management of thyroid



eye conditions Sound dependable advice for the healthcare team and patient in coping with these common conditions  
Contents Glossary Introduction Thyroid physiology and function tests Hyperthyroidism etiology and presentation  
Hyperthyroidism diagnosis and management Hypothyroidism etiology and presentation Hypothyroidism diagnosis and  
management Pregnancy and the thyroid Thyroid nodules and thyroid cancer      **Fast Facts: Psoriasis** Alan  
Menter, Catherine Smith, Jonathan Barker, 2014-10-01 Psoriasis can no longer be considered a mere skin disease it is a  
spectrum of different conditions requiring a spectrum of different treatments Yet the systemic and psychosocial  
consequences of the condition often go unrecognized The fourth edition of this refreshingly readable handbook explores the  
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General management approach Topical Therapy Phototherapy and photochemotherapy Systemic therapy Receptor targeted  
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