

Fast Facts



# Fast Facts: Osteoporosis

**Juliet E Compston and Clifford J Rosen**  
Sixth edition



# Fast Facts Osteoporosis 2nd Edition

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## **Fast Facts Osteoporosis 2nd Edition:**

**Fast Facts: Osteoarthritis** Philip G. Conaghan, Amanda E. Nelson, 2017-10-16 Worldwide osteoarthritis is one of the most rapidly rising conditions associated with disability. For most people it is a syndrome of joint pain and stiffness with associated functional problems that have a substantial effect on quality of life. As well as expert advice on well established diagnostic criteria and the latest practical treatment information, this comprehensive handbook provides updates on the genetics of the disease, novel concepts of the association between structural changes and pain, recent recommendations for the use of modern imaging modalities, the latest on intra articular therapies, an insight into current developments in the field. For all healthcare professionals who have ever felt unable to provide effective therapy for this disease or who have encountered negative patient and community attitudes to joint pain, *Fast Facts Osteoarthritis* is essential reading. Something can be done to help every person with osteoarthritis. *Osteoporosis Sourcebook, 2nd Ed.* James Chambers, 2019-03-01 Provides information about the risk factors of osteoporosis along with answers to questions about calcium intake and supplements and other dietary needs, hormone replacement therapies, the drugs used to treat osteoporosis and surgical options. **Fast Facts: Minor Surgery** Christopher J. Price, Rodney Sinclair, 2008-01-01 Dermatological surgery is practised routinely in primary care and most minor procedures are straightforward and require minimal time. Success is dependent on the practitioner's ability to recognize lesions, choose and plan appropriate treatment and surgical interventions and perform surgical procedures. *Fast Facts Minor Surgery* second edition provides an overview of the good practice and operative set up required for dermatological surgery, the skin lesions commonly encountered in primary care and the various techniques and procedures involved in their treatment. Contents: Operative set up and equipment, Local anesthesia, Lesion identification and management, Treatment planning, Avoiding complications, Suturing techniques and removal, Surgical procedures. Examining your practice. **Fast Facts for Dementia Care, Second Edition** Carol A. Miller, 2020-07-28 This quick access clinical reference for nurses in adult health settings addresses the most prevalent and complex management challenges in caring for people with dementia. The second edition, completely updated with the newest guidelines for evidence based person centered care, includes two new chapters on the Emotional Needs of People with Dementia and Self Neglect and Elder Abuse, along with new information on cultural considerations and distinguishing between dementia and delirium. Quotes from people with dementia are included in this edition to give first person accounts of their experiences. *Fast Facts for Dementia Care* Second Edition delivers specific care strategies for all stages of dementia in a wide range of clinical settings including acute care, long term care and home and community settings. Chapters introduce relatively simple dementia specific interventions nurses can incorporate into their care plans to prevent or address problems before they escalate. Using bullet points and concise paragraphs, this streamlined resource discusses the issues faced by people with dementia and their care partners and what nurses can do. It addresses disease progression, assessment and management of pain, medications, safety concerns.

communication strategies ethical issues and end of life care New to the Second Edition Completely updated with the newest guidelines for evidence based person centered care of people with dementia New information of cultural considerations including culturally appropriate communication considerations related to treatment goals and more Chapters on Emotional Needs of People with Dementia and Self Neglect and Elder Abuse Key Features Helps identify and manage conditions associated with mental status including delirium and dementia Provides clinical vignettes and quotes of real life situations illustrating successful nursing interventions Discusses communication techniques for different stages of dementia Describes numerous interventions for addressing issues such as pain safety end of life care and more Includes Fast Facts boxes for quick reference to essential information

*Fast Facts: Menopause* David H. Barlow, Barry G. Wren, 2005-08-01

Fast Facts Menopause is a concise handbook designed to provide an overview of menopausal and postmenopausal health issues and their management Although effective therapies for symptoms are available controversies surrounding some of the available treatments have made potential users wary In the second edition of this succinct and practical text two eminent specialists review in detail the causes and consequences of menopausal symptoms and the options available to women today The text is evidence based drawing on the results of the most recent research to provide general practitioners specialist nurses gynaecologists and other healthcare professionals with an increased understanding of the physiological and psychological effects of the menopause and to contribute to more effective management Contents Stages effects and implications Vasomotor function Osteoporosis Urogenital changes Neurological symptoms Sexuality Symptom management Types of hormone therapy Side effects of hormone therapy Endometrial bleeding with hormone therapy Risks of hormone therapy Tibolone Alternatives to hormone therapy

*Fast Facts: Thyroid Disorders* Gilbert H. Daniels, Colin M. Dayan, 2006-01-01

Abnormalities of thyroid function rival diabetes mellitus in terms of prevalence and can affect any system in the body In the UK and North America it is estimated that palpable thyroid nodules are present in 1 in 20 of the population and in the UK alone 20 000 tests are carried out each year in clinical chemistry laboratories Thus all doctors can expect to encounter thyroid disease in one form or another Thyroid disorders are generally very responsive to treatment but there are traps for the unwary not least because of the frequent atypical presentations and the widespread prevalence of subclinical disease Fast Facts Thyroid Disorders is written by two leading experts of international standing who share a wealth of clinical and research experience The text which is comprehensively illustrated to make core clinical information easily accessible is a concise and practical guide for all who manage patients with these common conditions A concise guide to the recognition of thyroid disorders and the selection of appropriate thyroid function tests Provides expert advice on when to test when to treat and when to refer ensuring rapid initiation of appropriate therapy Highlights the particular challenges posed by thyroid disease during pregnancy Covers the management of thyroid eye conditions Sound dependable advice for the healthcare team and patient in coping with these common conditions Contents Glossary Introduction Thyroid physiology and function

tests Hyperthyroidism etiology and presentation Hyperthyroidism diagnosis and management Hypothyroidism etiology and presentation Hypothyroidism diagnosis and management Pregnancy and the thyroid Thyroid nodules and thyroid cancer

**Fast Facts for Stroke Care Nursing, Second Edition** Kathy Morrison, Kathy J. Morrison, 2018-06-28 This quick reference text to guide nurses is a must have as this disease tests our health care delivery system Fast Facts for Stroke Care Nursing Second Edition provides a succinct yet comprehensive review Linda Littlejohns MSN RN FAAN SCRNCNRN Neuroscience Clinical Nurse Consultant From the Foreword The second edition of this practical pocket sized reference has been updated to include the groundbreaking changes to stroke care protocols Stroke is the fifth leading cause of death in the United States today and leading preventable cause of long term disability This resource fills in the gaps left in neuroscience content in nursing school and streamlines an often intimidating but critically important area of care Featuring diagnostic tests cutting edge treatments and standards for best practice Fast Facts for Stroke Care Nursing Second Edition distills the lengthy and often complex national stroke care guidelines into a clear easily digestible format This guide can be used as a staff education resource or as a concise review for SCRNC or SNRN certification exams as well as a refresher for nurses seeking the essentials of stroke care Content starts with stroke care improvements covers moving through acute care to postacute care and finishes with practical pointers for performance improvement New to the Second Edition Updated diagnostics with additional MR CT and transcranial Doppler options Modified Rankin Scale score Expands upon the neurological assessment with tips for completing it New acute hemorrhagic stroke intervention and 2015 landmark studies on thrombectomy Pipeline device New large vessel occlusion tools routing plans and certification programs for prehospital personnel Expanded use of telemedicine Information for advanced practice providers Changes to the prehospital phase the acute treatment phase and the population affected by stroke Key Features Reflects current standards of the American Heart Association American Stroke Association and The Joint Commission Provides crucial information at a glance about diagnostic tests state of the art treatments and best practice standards *Fast Facts for the School Nurse, Second Edition* Janice Loschiavo, MA, RN, NJ-CSN, Janice Loschiavo, 2015-03-09 This concise reference resource for school nurses offers straightforward guidelines to a range of daily tasks and nursing responsibilities including clinical protocols for safe management of common childhood illnesses accidents and emergencies legal and ethical considerations documentation high risk areas in school nursing practice and the requirements of both the Americans with Disabilities Act and the Individuals with Disabilities Education Act From publisher description **Fast Facts** David Rampton, Fergus Shanahan, 2006 Ulcerative colitis and Crohn's disease referred to collectively as inflammatory bowel disease IBD are chronic debilitating disorders IBD particularly Crohn's disease is increasing everywhere most notably in the Western world where about 1 in 200 people now has the condition This highly readable zippy fifth edition of Fast Facts Inflammatory Bowel Disease provides succinct yet thorough information that will aid early recognition of these disorders and their complications alongside practical holistic

management advice From product description      *Infection Highlights 2000-2001* Wilcox,2001 This title focuses on what was in what was out and what was new in infections in 2000 It offers an opportunity to keep abreast of the latest innovations in the specialty and key results from the latest studies and conclusions from the major international meetings      **Fast Facts: Pyruvate Kinase Deficiency** Bertil Glader,Wilma Barcellini,Rachael Grace,2025-02-28 Pyruvate kinase PK deficiency is an inherited disease that affects red blood cells and manifests as hemolytic anemia It is a lifelong condition with symptoms that range from mild to severe Despite an ever growing understanding of its pathophysiology etiology and epidemiology and an active research program PK deficiency remains unfamiliar to many medical practitioners PK deficiency is clinically heterogeneous so healthcare professionals need to consider the possibility of this disorder in all patients with a congenital hemolytic anemia      *Advanced Bioactive Inorganic Materials for Bone Regeneration and Drug Delivery* Chengtie Wu,Jiang Chang,Yin Xiao,2013-03-22 Bioceramics play an important role in repairing and regenerating defective or damaged bone Annually more than 500 000 bone graft procedures are performed in the United States and approximately 2 2 million are conducted worldwide *Advanced Bioactive Inorganic Materials for Bone Regeneration and Drug Delivery* reviews the latest advances in the field      **Self Assessment in Musculoskeletal Pathology X-rays** Karen Sakthivel-Wainford,2011 Today many radiographers are trained to report on trauma radiographs Universities are also training student radiographers to comment on trauma radiographs It is useful in some cases essential that whilst we review the trauma radiograph we also recognise and note any appropriate pathology For instance a patient attends Accident and Emergency with pain in their knee for several weeks following trauma the radiographs show no fracture but some signs of a malignant bony tumour which on further investigation is an osteosarcoma As with the other books in the series this book starts with several chapters by different authors followed by a series of 100 cases Self assessment in Musculoskeletal Pathology X rays will appear to a variety of health professions and like others in the series is intended to accompany a reporting course and to be used alongside further research and reading      **Fast Facts: Celiac Disease** Geoffrey Holmes,Carlo Catassi,Alessio Fasano,2009-08-01 Remarkable progress has been made in our knowledge of celiac disease yet the diagnosis is often overlooked The practical challenge for healthcare professionals is to identify the disease and offer patients a gluten free diet that will restore most to full health and help to prevent further complications This comprehensively revised second edition of *Fast Facts Celiac Disease* written by three international experts considers Celiac disease in all its forms typical atypical silent potential and latent Gluten sensitivity genetic risk and predisposing physiological abnormalities The variable presentation of disease in both adults and children Associated immune disorders The puzzle of diagnosis solved by clinical serological histological and genetic investigation Troublesome and sometimes life threatening non malignant complications The close links between celiac disease and dermatitis herpetiformis The risk of malignancy its treatment and prognosis Management with a gluten free diet and the emotional and social implications of the diet Potential new therapies Highly readable with

informative illustrations Fast Facts Celiac Disease provides an up to date account of this common yet easily missed condition It is an excellent clinical resource for the primary care team gastroenterologists in training and anyone who wants to know more about this challenging disease Contents Definition Epidemiology Pathophysiology Clinical manifestations Diagnosis Non malignant complications Dermatitis herpetiformis Malignant complications Management Future trends Useful resources

**Fast Facts About the Gynecologic Exam** R. Mimi Secor, Heidi Collins Fantasia, 2017-10-28 This is an extraordinarily down to earth and useful guide for both novice clinicians and experienced clinicians who are presented with challenging patient situations a must have book for novice clinicians as they struggle to make it through their first solo gynecologic examination and move on to mastering the art of caregiving as well as the science of providing the best possible individualized care for each woman across the life span Joellen W Hawkins PhD RN WHNP BC Professor Emeritus Boston College William F Connell School of Nursing Writer in Residence Simmons College School of Nursing and Health Sciences This newly updated step by step guide to the key points of conducting the GYN exam addresses everything both busy nurse practitioners and NP students need to know from basic procedures to high level challenges Part I breaks down the GYN exam into clinical parts emphasizing strategies to decrease anxiety and minimize discomfort at every stage of the exam Part II walks the caregiver through the exam for women at every stage of the life span sexually abused women obese women and women who have undergone genital mutilation This second edition delivers an all new chapter on providing care to transgender and LGBT women and also includes new information on intimate partner violence and working with adolescents and menopausal and older women Comprehensive and organized for easy access to information the book features prominently displayed key points learning objectives and Fast Facts in a Nutshell boxes based on the authors more than 40 years of teaching experience Along with the most up to date information on STIs Pap guidelines across the life span and recommendations on the well woman exam this concise guide comes with a wealth of essential resources including links to instructional videos and free apps for patient and practitioner education adding to the book's value as an indispensable quick access guide to delivering excellent holistic care to women New to the Second Edition New chapter on examining the transgender and LGBT woman Latest information on intimate partner violence Updates on examining adolescents and menopausal and older women New information on female genital mutilation New CDC STD PAP and ACOG Guidelines Links to instructional videos Free apps for patient and practitioner education Key Features Delivers easy to read bulleted information in a convenient pocket size Provides learning objectives key points and Fast Facts in a Nutshell Includes tips on examining special populations including obese anxious multiparous pediatric menopausal and older patients and transgender LGBTQ Serves as a refresher for those studying for the WHNP Exam

**Osteoporosis** Juliet Compston, Clifford J. Rosen, 2004 This book provides a concise and comprehensive up to date review of the pathophysiology diagnosis and treatment of osteoporosis and provides practical and easily accessible information for family physicians and other healthcare professionals

*Hyperlipidaemia* Paul N. Durrington, Allan Sniderman, 2000 Fat consumption in western society has increased dramatically throughout the course of the twentieth century As a consequence coronary heart disease is now the most common cause of death from middle age onwards in much of the developed world Yet trials have shown that lipid lowering drugs can decrease the risk of coronary heart disease and stroke and increase life expectancy Using an evidence based approach this illustrated guide offers practical solutions to the problems encountered by healthcare professionals in the clinical management of hyperlipidaemia

**Fast Facts: Postmenopausal Osteoporosis** Elaine Dennison, Michael Clynes, 2021-11-30 Fractures resulting from osteoporosis are increasingly common in postmenopausal women resulting in substantial bone associated morbidities and increased mortality and healthcare costs Despite well established treatment guidelines there is an urgent need to improve the recognition of women at high risk for fracture and their treatment Fast Facts Postmenopausal Osteoporosis provides an overview of current clinical guidelines and addresses the reasons cited for suboptimal fracture prevention Finally but importantly best practice regarding patient support is described This concise educational resource is ideal for any primary care practitioner involved in the diagnosis and treatment of patients with postmenopausal osteoporosis Table of Contents Age related changes affecting bone Epidemiology Screening and estimating risk Diagnosis and assessment Pharmacological management Non pharmacological management Patient support

*Fast Facts: Multiple Sclerosis* Mary Rensel, Orla Gray, 2016-08-29 Since the last edition of this book no evidence of disease activity NEDA has been proposed as a new treatment target early data on the first pharmacological treatments for progressive MS have emerged and the first remyelination trial has shown positive effects on nerve repair It is with this sense of optimism that the authors of Fast Facts Multiple Sclerosis have detailed the latest developments for use in clinical practice by all members of the multidisciplinary team including a concise overview of investigations and modern diagnostic criteria a holistic approach to all signs and symptoms and proactive relapse management the latest disease modifying drugs including when to treat choice of drug and risk versus benefit With case histories that will help to guide treatment decisions discussion of the special considerations for MS during pregnancy and in children and the elderly and a detailed outline of emerging therapies this book will benefit all healthcare professionals involved in the care of patients with this complex disease

Essentials of Global Health Richard Skolnik, 2008-07-03 From the Publisher Essentials of Global Health is just one offering in Jones and Bartlett's new Essential Public Health series The book is a clear concise and user friendly introduction to the most critical issues in global health It illustrates key themes with an extensive set of case studies examples and the latest evidence While the book offers a global perspective particular attention is given to the health development link to developing countries and to the health needs of poor and disadvantaged people This introductory level textbook is perfect for undergraduate students and others new to the field of public health or global health It is based on and designed for a one semester global health course

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