



40 BEST

Wok Recipes



Fast And Easy Oriental Wok Cooking

Laurie B. Grad,Burrows



Fast And Easy Oriental Wok Cooking:

Fast and Easy Oriental Wok Cooking Jacqueline Hériveau, 1988-01-01 Tells how to use and maintain a wok describes useful ingredients and seasonings and provides recipes for appetizers soups rice noodles tofu poultry meat seafood vegetables salads and sauces

Everyday Chinese Cooking Lina Chang, 2018-08-10 Prepare Chinese food quickly and easily with these stir fry wok recipes You ll be amazed at how well they turn out Want a delicious appealing and healthy meal in just a few minutes Got leftovers in your fridge you don t know what to do with Trying to avoid all the sodium in Chinese takeout Stir frying at home is one of the best options Stir frying keeps more nutrients in your food and gives vegetables a bright vibrant color Most recipes focus on filling and fiber rich veggies mixed with just a little meat making for healthier less costly meals The traditional wok is the best pan for stir frying but your trusty old frying pan can give you satisfactory results as well For authentic stir fries a wok will give you the best results In this book you will find everything you need to know about cooking with a Wok including How to choose a wok How to season and maintain your wok The basic Wok cooking techniques The ingredients used in Chinese stir fry cooking Cooking tips specific to stir frying There are a variety of recipes in this cookbook and you re sure to find what will work for you Some recipes lean more towards the traditional while some lean more towards fusion You ll find some recipes that are mainstays in Chinese restaurants and some that may not be so familiar This collection includes over 60 of the most delicious Chinese stir fry recipes there is including Satisfying beef recipes like the Beef Chow Fun and the Beef with Tomatoes Traditional chicken recipes like the Kung Pao Chicken and the Honey Ginger Chicken Wholesome pork recipes such as the Pork in Hoisin Sauce and the Pork with Peking Sauce Delightful fish and seafood recipes such as the Fish in Oyster Sauce and the Ginger Garlic Shrimp Stir fry Easy to make vegetarian recipes such as the Easy Shiitake Stir fry and the Spicy Szechuan Eggplant All recipes come with a detailed list of ingredients cooking and preparation times number of servings easy to follow step by step instructions and nutritional information per serving Let s start cooking Scroll back up and order your copy today

Cooking the Thai Way Supenn Harrison, Judy Monroe, 2003-01-01 An introduction to the cooking of Thailand including such recipes as lemon chicken soup satay and Thai spring rolls Also includes information on the history geography customs and people of Thailand

Quick & Easy Asian Tapas and Noodles . Periplus Editors, 2012-08-07 With its clear defined photos and easy to read recipes Quick Easy Asian Tapas and Noodles contains everything you need to know to create over 80 delicious and authentic Asian dishes This cookbook contains recipes for a variety of dishes that are both healthy and appetizing Quick Easy Asian Tapas and Noodles features recipes for condiments sauces dips fritters patties noodle soups noodles with sauce skewered grilled meats stir fried noodles wraps and rolls Recipes include Sweet lime chutney Shrimp paste dip Thai crab cakes Thai glass noodle soup Grilled lemongrass beef noodle salad Chicken tikka kebabs Classic pad thai noodles Steamed shrimp wontons And many more favorites Also included are unit conversion tables dual measurements and an overview of the basic necessities for cooking

authentic and appetizing Asian food Each recipe includes cook time prep time and serving sizes Enjoy **Quick & Easy Asian Desserts** List,2012-07-10 Quick Easy Asian Desserts is a delightful selection of treats that allows you to indulge your sweet tooth with over 50 sumptuous Asian delicacies From sweet desserts such as Mango Pudding to savory Pineapple Tarts and Shaved Ice with Banana and Coconut Milk Quick Easy Asian Desserts makes it easier than ever to bring a touch of Asia to your table Featuring desserts from Hong Kong India Indonesian Malaysia Philippines Singapore Thailand and Vietnam this Asian dessert cookbook shows how easy it can be to create delectable and unusual Asian desserts Clear recipes step by step photographs and a glossary of ingredients ensure fantastic results every time Dessert Recipes include Creamy Egg Tarts Mango Refrigerator Cake Steamed Caramel Cakes Sweet Saffron Raisin Rolls Honey Glazed Bananas Sweet Potato Doughnuts Sago Pearls with Melon Balls and Coconut Cream Sweet Black Rice Pudding Mango Lassis Almond Jelly in Jackfruit Syrup Sweet Corn Puddings in Banana Leaf Cups Quick & Easy Dim Sum Appetizers and Light Meals Judy Lew,2007 Dim Sum and other types of small dishes continue to be one of our hottest culinary trends These tasty little treats from dumplings and spring rolls to buns noodles and mini cakes allow diners to sample a wide variety of dishes as a snack or a full meal Now Judy Lew author of the two bestselling books in the Quick then goes on to offer 50 individual recipes grouped according to type Buns Rolls Black Bean Sauce Variations Siu Mai Spring Rolls Seafood Meat Rice Noodles and Confectionary She also covers essentials like how to make sweet and sour sauce using a wok steaming rice making soup stock and preparing tea The volume concludes with sections on menu planning cooking methods utensils and a glossary Dim Sum Appetizers and Light Meals has been designed and packaged in the immediately recognizable and user friendly format of the Quick Easy series Each recipe is accompanied by a vivid color photograph of the finished dish as well as photos showing ingredients and each step of the preparation With its emphasis on simple fresh seasonal ingredients Quick Easy Dim Sum Appetizers and Light Meals will appeal to cooks at all levels of experience who want to produce delicious meals for casual family dining or festive occasions *Wok Cooking Made Easy* Nongkran Daks,2012-02-28 Prepare delicious wok dishes from China Thailand India and all across Asia with this easy to follow wok cookbook Mention wok cooking and one immediately visualizes a huge wok being wielded above a mighty flame One also thinks Asian comfort food with accompanying images of wholesome and thoughtfully prepared meals eaten together with family members in the comfort of the home Wok stir frying is one of the best and quickest cooking methods out there Because of the intense heat required the food is cooked rapidly and its taste and nutritional value are preserved Plus it s single dish cooking at it s finest In Wok Cooking Made Easy you ll find nutritious and easy to prepare Asian wok recipes compiled for a Western audience Favorite wok recipes include Spinach with Garlic stir fry Hot and Spicy Sichuan Tofu Sliced Fish with Mushrooms and Ginger Classic Sichuan Chicken with Dried Chilies Thai Fried Rice Five Spice Chicken All of the recipes in this cookbook are light healthy and tasty nor do they require special skills to prepare May this cookbook bring endless cooking pleasure as you venture into

the world of Asian cuisine **Chinese Cooking Made Easy** Daniel Reid,2012-02-07 Discover how easy it is to create mouthwatering Chinese cuisine in your own kitchen with this easy to follow Chinese cookbook Chinese cooking is easily prepared as most ingredients can be readily purchased from general food stores supermarkets and even online Chinese Cooking Made Easy features a selection of 55 delicious Chinese dishes that are easy to prepare at home and light and healthy too Learn to use the wok to cook all kinds of Chinese food from stir frying to deep frying braising to making sauces this versatile pan is a staple in Chinese cooking Clear recipes step by step photographs and a glossary of ingredients ensure fantastic results every time Enjoy Northern Chinese classic favorites like Pot Sticker Dumplings Black Bean Sauce Noodles Five Spice Beijing Spareribs There s also a guide to preparing Taiwanese favorites like Oyster Omelet Rice Vermicelli Soup with Oysters Diced Chicken with Dried Chilies Chicken Braised in Wine and Sesame San Bei Ji Along with these wonderful recipes are dishes that are a source of health for you and your family fortifying dishes such as Lingzhi Lean Pork Soup Chicken Stewed with Ginseng and Red Dates Pork Soup with Cordyceps and Fish Maw *Complete Chinese Cookbook* Ken Hom,2011-11-30 Ken Hom is widely regarded as the world s leading authority on Oriental cuisine and with the Complete Chinese Cookbook he has created a seminal collection of his best loved dishes Beautifully illustrated with full colour photography and popular favourites and new tastes to discover this is the perfect addition to anyone s kitchen shelf A fantastic collection of recipes A great investment BBC Olive If there s one man who knows about Chinese cooking it s Ken Hom Woman s Way This Chinese cracker of a book is all you need to wok and roll You Magazine This is the best Chinese cookbook I own Reader review Could this be the only Chinese cookery book you need to own Quite possibly Reader review Really easy to follow recipes Delicious Reader review With Cantonese stir fries and spicy Sichuan favourites alongside new discoveries from the lesser known culinary styles of Yunnan and Hong Kong this comprehensive collection is filled with mouth watering accessible and easy recipes demonstrating the amazing depth of flavour that is only now being fully appreciated in modern Chinese cuisine Set to become a kitchen classic this all encompassing cookery book guides you through the essential cooking techniques equipment and ingredients all with Ken s trusted blend of experience and enthusiasm Featuring 250 recipes covering all aspects of Chinese food including meat based and vegetarian recipes Ken offers tips and inspiration for a wealth of dishes that use simple healthy ingredients to create quick and delicious meals Over the past 25 years Ken has brought Chinese cookery into mainstream British homes and in this beautifully photographed cookbook he brings together all of his expertise to offer the ultimate guide to the flavours of China Simply Easy Chinese Rice & Noodles Recipes Mary Lai,2015-02-24 Easy Tasty Chinese Rice Noodle Recipes Chinese method of cooking can be very simple to learn even if you are a beginner The Chinese Cooking Style Is Easy and Healthy Chinese cooking method is simple and quick to retain the natural goodness of the ingredients It is not complicated using just a few common sauces and ingredients Chinese method of cooking can also be very flexible You can change and switch the amount or ingredients

without messing up your meal This is the rice and noodle edition which features delicious fried rice clay pot rice fried noodles and a lot more Here are some of the all time favorite recipes you ll learn Wonton Noodle in Soup Clay Pot Chicken Rice Hainanese Chicken Rice Cantonese Fried Yi Mein Simple Hakka Noodle and much more Download Your Copy Today Book Keywords chinese cook book asian recipes rice recipes chinese cookbook noodle recipes chinese recipe book **Thai Cooking Made Easy** . Periplus Editors,2012-06-19 Thai Cooking Made Easy brings over 60 magnificent Thai treats into your kitchen Thai food is one of the world s most exciting cuisines a work of art that pleases the most discerning taste buds From fiery hot soups to tangy seafood dishes this beautifully illustrated Thai cookbook captures the savory tastes and heavenly flavors of Thai cuisine Step by step recipes show you how to make evergreen Thai food such as tom yam soup pineapple fried rice and jub chai mixed vegetable stew More than 60 full color photographs bring each dish to life on the page with flavorful sauces delicious salads tempting main dishes and sinful deserts making this the perfect introduction to Thai cuisine The important elements of this book the straightforward recipes careful ingredient listings and step by step instructions will have you cooking up a Thai culinary storm in no time at all Delicious Thai recipes include Crispy Shrimp Cakes Hot and Sour Shrimp and Lemongrass Soup Spicy Squid Salad Grilled Lobsters with Basil Garlic Sauce Green Curry Chicken Crying Tiger Beef Steak Stir fried Rice Noodles with Vegetables Sticky Rice with Grated Coconut Topping The recipes in Thai Cooking Made Easy are mainly homestyle and are accessible to chefs of all skill levels This book promises to be your handy guide to the world of Thai cuisine **Make It Easy in Your Kitchen** Laurie B. Grad,Burrows,1985 **The Quick and Easy Japanese Cookbook** Katsuyo Kobayashi,2000 Written by one of Japan s most popular television cooks this practical cookbook covers a range of everyday Japanese cooking and includes the Japanese variations of Chinese Korean and western cuisine common in Japanese homes For nearly thirty years Katsuyo Kobayashi has been showing people how to make good food with a minimum of fuss She s Japan s most trusted and popular television cooking personality and the best selling author of 140 books In The Quick and Easy Japanese Cookbook she presents foolproof recipes that anyone can make All the ingredients *The Student Vegetarian Cookbook* Beverly LeBlanc,2012-02-29 There s more to being a veggie than eating tofu and chickpeas and there s more to being a student than beans on toast and chips from the kebab van With 150 recipes from across the world this inspiring cookbook is crammed with meals even the novice cook will be able to master from simple curries and pasta dishes to South American stews and Spanish tortillas More interesting than the usual student fare and with delicious recipes students will really go for from quick and easy meals in minutes to cheap but impressive dinner party winners to wow their mates The Vegetarian Student Cookbook is a recipe for a tasty and healthy student life **Healthy Wok Chinese Cookbook for Beginners** Lim Chou,2021-02-15 Do you want to make easy healthy Chinese food Go for a wok It s time to toss the takeout menu and start stir frying like a seasoned master chef In the time it takes to call for takeout you could make a delicious Chinese dinner at home You do not have to train at a culinary art school to learn how to cook delicious

Asian wok dishes In fact all you actually need to do is to gather up your ingredients prepare them in advance and fire up that wok so you can stir fry them to perfection Now you can capture the flavors of Chinatown in your own kitchen This Chinese cookbook makes it quick and easy to prepare Chinese takeout favorites at home with beginner friendly recipes that anyone can master From appetizers to desserts and everything in between learn how to make classics like Appetizers and Dim Sum Favorites Hot and Sour Soup Orange Chicken Kung Pao Beef Shrimp Lo Mein and Sweet Egg Custard Dessert These step by step recipes use simple affordable everyday ingredients you can find at most grocery stores and don t require lengthy prep work or complicated cooking techniques Welcome to your new Asian inspired cooking adventure Here are some of the kind of recipes you ll find in Healthy Wok Chinese Cookbook for Beginners Dumplings and egg rolls Chinese soups Vegetables tofu and eggs Pork beef and lamb recipes Noodles and rice Chicken and duck dishes The most delicious fish and seafood recipes 100 best Asian recipes to impress your friends and family Skip the takeout and enjoy quick healthy Chinese food with Healthy Wok Chinese Cookbook for Beginners So if you ve got a wok in the kitchen all you have to do is start Download your copy today Scroll up and click the BUY NOW button CHOOSE which one you like more The Book is Available in 3 Editions Kindle Paperback Full Color Paperback Black White Filipino Homestyle Dishes Norma Olizon-Chikiamco, 2012-07-03 Cook delicious and authentic homemade dishes with this easy to use Filipino cookbook Filipino food is one of the least well known of all Southeast Asian cuisines Strongly influenced by the historical presence of the Spaniards Chinese and Americans it lacks the singular national identity that characterizes the food of other nations Yet it is precisely that indefinable quality this veil of mystery surrounding it that makes Filipino food such an interesting and delicious discovery Filipino Homestyle Dishes offers the best of Filipino cuisine more than 60 classic Filipino recipes as they are prepared in Filipino homes From delightful snacks to delectable seafood rice and noodle dishes this wonderful Filipino cookbook is full of utterly delightful Filipino fare Making these classic Filipino dishes has never been easier a quick trip to your local supermarket for some basic ingredients is all you need to enjoy these mouthwatering recipes Clear recipes step by step photographs and a glossary of ingredients ensure fantastic results every time Authentic Filipino recipes include Tasty Pork and Shrimp Spring Rolls Braised Vegetables with Fish Shrimp Rice Noodles Chicken and Pork Adobo Stuffed Beef Roll Iced Fruit Mix Halo Halo And many more Many of the dishes are personal favorites of the author all have been kitchen tested and are representative of true Filipino cuisine in all its diversity simplicity and complexity They are a magical discovery of the food of a resilient people who while adopting foreign influences have managed to create a cuisine that is truly their own part Western part Asian and uniquely Filipino

The Breath of a Wok Grace Young, Alan Richardson, 2013-06-25 Award winning author Grace Young celebrates and demystifies the art of wok cooking for the Western home cook When Grace Young was a child her father instilled in her a lasting appreciation of wok hay the highly prized but elusive taste that food achieves when properly stir fried in a wok As an adult Young aspired to create that taste in her own kitchen Grace Young s quest to master wok cooking led her throughout

the United States Hong Kong and mainland China Along with award winning photographer Alan Richardson Young sought the advice of home cooks professional chefs and esteemed culinary teachers like Cecilia Chiang Florence Lin and Ken Hom Their instructions stories and recipes gathered in this richly designed and illustrated volume offer not only expert lessons in the art of wok cooking but also capture a beautiful and timeless way of life With its emphasis on cooking with all the senses The Breath of a Wok brings the techniques and flavors of old world wok cooking into today s kitchen enabling anyone to stir fry with wok hay IACP award winner Young details the fundamentals of selecting seasoning and caring for a wok as well as the range of the wok s uses this surprisingly inexpensive utensil serves as the ultimate multipurpose kitchen tool The 125 recipes are a testament to the versatility of the wok with stir fried smoked pan fried braised boiled poached steamed and deep fried dishes that include not only the classics of wok cooking like Kung Pao Chicken and Moo Shoo Pork but also unusual dishes like Sizzling Pepper and Salt Shrimp Three Teacup Chicken and Scallion and Ginger Lo Mein Young s elegant prose and Richardson s extraordinary photographs create a unique and unforgettable picture of artisan wok makers in mainland China street markets in Hong Kong and a wok a thon in which Young s family of aunties uncles and cousins cooks together in a lively exchange of recipes and stories A visit with author Amy Tan also becomes a family event when Tan and her sisters prepare New Year s dumplings Additionally there are menus for family style meals and for Chinese New Year festivities an illustrated glossary and a source guide to purchasing ingredients woks and accessories Written with the intimacy of a memoir and the immediacy of a travelogue this recipe rich volume is a celebration of cultural and culinary delights

[Easy Chinese Recipes](#) Bee Yinn Low,2012-04-16 Cook all your favorite Chinese dishes at home with this easy to follow Chinese cookbook Growing up in a Chinese household in Malaysia where cuisine and culture were inseparable Bee Yinn Low developed a deep love and appreciation for food Her early memories of helping her mother prepare steamy and fragrant Chinese meals solidified into a way of life for Bee as a working woman in Southern California A love of Chinese food didn t translate well to a modern Western lifestyle due to time and ingredient constraints Rather than give up her favorite foods Bee experimented with recreating the unforgettable flavors of her youth with her limited time and using ingredients found in local supermarkets She managed to develop versions of her favorite Chinese dishes that had all the taste but were a lot less work In Easy Chinese Recipes Bee shares her passion and expertise in Chinese cooking It features a collection of Bee s all time favorite dishes the foods she loves to cook and eat at home She includes updated traditional family recipes along with her own versions of the best Chinese restaurant dishes from around Asia Favorite Chinese recipes include Crispy Shrimp Dumplings Kung Pao Chicken Sweet and Sour Pork Homestyle Chow Mein Noodles Mongolian Beef And many more Building off her passion expertise and the avid following she has on her website [rasamalaysia.com](#) the Internet s most popular Asian food and cooking site Easy Chinese Recipes is sure to become the go to book for cooks interested in creating Chinese meals at home

The Mainland China Cookbook Anjan Chatterjee,2012-06-01 The Mainland China Cookbook

includes all the beloved restaurant chain s favourite dishes and teaches you how to whip up the perfect Chinese meal in your kitchen Spicy Hunan prawns quick fried snow peas with garlic pearls chicken with chilli and cashewnuts lamb with cumin hot and sour soup try these and more Accompanied with notes on the main regional styles techniques and tips for easy cooking and a list of suppliers in all major metros The Mainland China Cookbook is the ultimate Chinese cookbook for your Indian kitchen The Everything Quick Meals Cookbook Rhonda Lauret Parkinson,2008-10-17 American families are busier than ever and a nutritious dinner often falls to the bottom of the priority list This cookbook shows them how easy it can be to prepare wholesome meals everyone will love This second edition of an Everything bestseller is packed with quick cooking tips and 300 all new easy to follow recipes including 10 Minute Yogurt and Rice Pudding Fast Frittata with Beans Easy Skillet Zucchini Quiche One Dish Baked Chicken and Potatoes Five Ingredient Steak Diane Foil Wrapped Fish Fillets with Dill Simple Rigatoni with Tomato Sauce 5 Minute Chocolate Mousse Fast Chicken Fajitas and more With these recipes readers will learn how to make delicious quality meals in minutes not hours

Uncover the mysteries within Explore with is enigmatic creation, Embark on a Mystery with **Fast And Easy Oriental Wok Cooking** . This downloadable ebook, shrouded in suspense, is available in a PDF format (Download in PDF: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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Table of Contents Fast And Easy Oriental Wok Cooking

1. Understanding the eBook Fast And Easy Oriental Wok Cooking
 - The Rise of Digital Reading Fast And Easy Oriental Wok Cooking
 - Advantages of eBooks Over Traditional Books
2. Identifying Fast And Easy Oriental Wok Cooking
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Fast And Easy Oriental Wok Cooking
 - User-Friendly Interface
4. Exploring eBook Recommendations from Fast And Easy Oriental Wok Cooking
 - Personalized Recommendations
 - Fast And Easy Oriental Wok Cooking User Reviews and Ratings
 - Fast And Easy Oriental Wok Cooking and Bestseller Lists
5. Accessing Fast And Easy Oriental Wok Cooking Free and Paid eBooks
 - Fast And Easy Oriental Wok Cooking Public Domain eBooks
 - Fast And Easy Oriental Wok Cooking eBook Subscription Services
 - Fast And Easy Oriental Wok Cooking Budget-Friendly Options
6. Navigating Fast And Easy Oriental Wok Cooking eBook Formats

- ePub, PDF, MOBI, and More
- Fast And Easy Oriental Wok Cooking Compatibility with Devices
- Fast And Easy Oriental Wok Cooking Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Fast And Easy Oriental Wok Cooking
 - Highlighting and Note-Taking Fast And Easy Oriental Wok Cooking
 - Interactive Elements Fast And Easy Oriental Wok Cooking
- 8. Staying Engaged with Fast And Easy Oriental Wok Cooking
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Fast And Easy Oriental Wok Cooking
- 9. Balancing eBooks and Physical Books Fast And Easy Oriental Wok Cooking
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Fast And Easy Oriental Wok Cooking
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Fast And Easy Oriental Wok Cooking
 - Setting Reading Goals Fast And Easy Oriental Wok Cooking
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Fast And Easy Oriental Wok Cooking
 - Fact-Checking eBook Content of Fast And Easy Oriental Wok Cooking
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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