

HERIDAS

CLASIFICACIONES



HERIDAS AGUDAS



CORTANTE

- ▶ Objetos afilados
- ▶ Bordes limpios y lineales



PUNZANTE

- ▶ Objetos puntiagudos
- ▶ Hemorragia escasa o interna
- ▶ Orificio pequeño
- ▶ Profundo
- ▶ Pueden perforar viscera
- ▶ ↑ Infección y tetania



CONTUSA

- ▶ Objetos duros
- ▶ Equimosis
- ▶ Lesión de tejidos blandos



EXCORIACIÓN/ ABRASIÓN

- ▶ Fricción en superficies
- ▶ Pérdida de epidermis
- ▶ Hemorragia escasa
- ▶ Infección frecuente



AVULSIVA

- ▶ Tejido rasgado
- ▶ Hemorragia abundante



- ▶ Aplastamiento
- ▶ Quemadura

TIPOS DE CICATRIZACIÓN



1RA INTENCIÓN

- ▶ Heridas limpias con mínima desvitalización.
- ▶ Por medio de suturas, adhesivos o grapas.



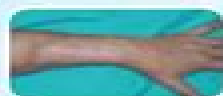
2RA INTENCIÓN

- ▶ Heridas amplias o infectadas.
- ▶ Permite la granulación y reepitelización.



3RA INTENCIÓN

- ▶ Heridas muy contaminadas sin pérdida o desvitalización del tejido.
- ▶ Primer cierre por segunda intención.
- ▶ Luego cierre completo por primera intención.



4TA INTENCIÓN

- ▶ Heridas muy amplias con imposibilidad de cierre por primera intención.
- ▶ Se utiliza injerto o colgajo.

FASES DE CICATRIZACIÓN

INFLAMATORIA O EXUDATIVA

- ▶ Activación plaquetaria y fibrina.
- ▶ Entre los 3 a 7 días.
- ▶ Signos de flogosis.

PROLIFERATIVA, REPARACIÓN O ANABÓLICA

- ▶ Formación de tejido de granulación.
- ▶ Fibroplasia, contracción de la herida.
- ▶ Epitelización entre 7 a 11 días.
- ▶ Coloración rosada.

DIFERENCIACIÓN, MADURACIÓN Y REMODELADO

- ▶ 14 días hasta los 6 o 12 meses.
- ▶ Modificación de textura, grosor y color.

HERIDAS CRÓNICAS

Úlceras por presión



Úlceras vasculares



Úlceras neuropáticas



Úlceras neoplásicas



El Dueño De La Herida

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