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*The Flores Family's*  
**El Charro Café**  
**COOKBOOK**

JANE AND MICHAEL STERN  
With recipes by Carlotta Flores

*At El Charro Café, . . . your meal explodes with flavor. . . Mariachi music pulses through dining rooms where the walls are festooned with broad charro hats and bullwhips, images of the Virgin Saint, and romantic calendar art on which Aztec gods and gorgeous mortals fight, swoon, and sacrifice. The smells of hot flour tortillas and spiced beef swirl through the air and mingle with the perfume of icy Margaritas from the adjoining bar.*

— FROM THE INTRODUCTION

The colorful history of El Charro Café and the recipes for vibrant, exciting Mexican food make this book as unique and entertaining as the restaurant itself. It is rumored that in the 1940s founder Monica Flin sat on the El Charro patio, sipping martinis.

# El Charro Cafe Cookbook

**Mary Paganelli Votto**



## **El Charro Cafe Cookbook:**

*El Charro CafT Cookbook* Jane Stern, Michael Stern, 2002-09-03 A Roadfood™ Cookbook The colorful history of El Charro Caf and the 150 recipes for vibrant exciting Mexican food make this book as unique and entertaining as the 80 year old restaurant itself It is rumored that in the 1940s founder Monica Flin would sit on the El Charro patio sipping martinis from teacups and playing cards with John Wayne who was in Tucson to film westerns Today the restaurant is run by Carlotta Flores and her husband Ray The El Charro Caf America's oldest family operated Mexican restaurant is located in a house built in the 1890s by Monica's father who was also Carlotta's great grandfather The restaurant's signature dish is Carne Seca Beef a Tucson passion The beef is cured high above the restaurant's patio where strips of thin sliced tenderloin hang in an open metal cage Old favorites and creative new Mexican dishes that are enjoyable to cook and to serve fill the book The greatest restaurants in America are its wonderful independent regional restaurants And there are no greater experts on America's regional restaurants than Michael and Jane Stern Coast to coast said the New York Times they know where to find the freshest lobster rolls the fluffiest pancakes the crispiest catfish Rutledge Hill Press is launching a new series of Roadfood™ Cookbooks each with recipes pictures and the history of one of America's greatest regional restaurants The Flores Family's El Charro Café Cookbook Jane Stern, Michael Stern, Carlotta Dunn Flores, 2002 Presents 150 recipes for Mexican food from the 80 year old Tucson restaurant El Charro Caf **El Charro Cafe** Flores, 1998-11-04 Recipes and lore from El Charro Caf a Tucson landmark famous for its vibrant fresh Mexican food **Savor Arizona Cookbook** Chuck Johnson, Blanche Johnson, 2006-09 Wilderness Adventures Savor Arizona reveals recipes from chefs at acclaimed restaurants in the region *Arizona Chimichangas* Rita Connelly, 2014-04-01 A celebration of the crispy crunchy chimi with history photos and recipes Many claim to be the first to turn a plain burrito into a crispy chimichanga but everyone agrees that it happened in Arizona Fried to golden brown perfection at iconic restaurants like Casa Molina El Charro and Macayo's these crunchy wonders are favorites from Flagstaff to Bisbee Safford to Yuma and all parts in between Discover the disputed history of how chimichangas got their name and whether Chinese immigrants really invented them Learn what goes into making a chimi down to creating the perfect tortilla as well as the variety of creative ingredients from seafood to strawberries that have been wrapped up in this delightful dish Rita Connelly also presents delicious recipes and behind the scenes stories in this celebration of the Grand Canyon State's beloved chimichangas **The Border Cookbook** Cheryl Jamison, Bill Jamison, 1995-09-28 Over 300 recipes explore the common elements and regional differences of border cooking *Mexican-American Cuisine* Ilan Stavans, 2011-09-22 Providing food for the brain as well as the body this wonderful collection of essays explores the boundaries between Mexican and Mexican American foods promotes philosophical understandings of Mexican American cuisine and shares recipes from both past and present Defining Mexican American food is difficult due to its incredibly diverse roots and traditions This unique style of cuisine varies significantly from Mexican and

Latin American cuisines fusing Native American and Hispanic influences stemming from three centuries of first Spanish and later Mexican rule In Mexican American Cuisine renowned authority in Latino culture Ilan Stavans and 10 other experts in southwestern cuisine explore the food itself and associated traditions The book presents nine scholarly essays that examine philosophical understandings of Mexican American cuisine Covering both platillos principales main dishes and postres desserts the authors serve up a sideboard of anthropological ethnographic sociological and culinary observations Essay topics include the boundaries between Mexican and Mexican American food the history and uses of the chile and the derivations of Mexican cuisine Readers are also treated to recipes and recommendations by 19th century California chef Encarnaci n Pinedo who explores The Art of Cooking      **On the Border** Andrew Grant Wood,2004-09-14 A stunningly beautiful backdrop where cultures meet meld and thrive the U S DMexico borderlands is one of the most dynamic regions in the Americas On the Border explores little known corners of this fascinating area of the world in a rich collection of essays Beginning with an exploration of mining and the rise of Tijuana the book examines a number of aspects of the region s social and cultural history including urban growth and housing the mysterious underworld of border town nightlife a film noir treatment of the Peteet family suicides borderlands cuisine the life of squatters and popular religion As stimulating as it is lively On the Border will spark a new appreciation for the range of social and cultural experiences in the borderlands

**Frontier Fare** Sherry Monahan,2014-11-07 Drawn from the author s ongoing column in TrueWest Magazine this cookbook combines myths nostalgia and legends with usable delicious and fun recipes for use at home or on the trail all with a western theme Readers will be surprised to learn the stories behind some of their favorite recipes and they ll find inspiration from the days of cooking along the trail or in the old iron cook stove in these dishes interpreted for a modern cook s kitchen      **Eating History** Andrew F. Smith,2009 Offers an account of an eating history in America which focuses on a variety of topics ingredients and cooking styles      Wild Game Recipes and Laughs Robert Foote,Kris Blaze,2010-04 As a true conservationist hunter you re driven by the same primal urge that has always inspired humans to hunt the urge to provide sustenance You eat what you kill Naturally you also want what you eat to taste great Wild Game Recipes and Laughs combines the author s lifelong love of hunting with his zest for cooking travel and learning about other cultures With recipes for dishes like Camp Curry Deer Chops with Chipotle Sauce Elk Korean Barbecue and Rabbit Stew with Vegetables and Port Sauce you ll find a delicious way to prepare just about any meal you bring home If a disappointing hunt has left you without a few necessary ingredients there are also cartoons throughout to cheer you up until the next outing About the Authors Matthew Foote has had an interest in cartoons since high school He and collaborator Kristen Blaze have worked together in the Tucson and Southern California art scene for several years      **The Publishers Weekly** ,2002      *Naturally Healthy Mexican Cooking* Jim Peyton,2014-10-01 Valuable to anyone who loves cooking and eating south of the border food and doesn t want to sacrifice taste for healthy choices or vice versa Foreword Just about everyone loves Mexican food but should

you eat it if you want to manage your weight or diabetes Absolutely There are countless authentic Mexican dishes that are naturally healthy moderate in calories fat and sugar and completely delectable Naturally Healthy Mexican Cooking presents some two hundred easy recipes with exceptional nutrition profiles Substitutions that alter the taste and pleasure of food have no place here Instead you ll find flavorful low calorie dishes from the various schools of Mexican and Mexican American cooking in Texas New Mexico Arizona and California From traditional meat seafood and vegetarian entrees andm antojitos mexicanos including tacos enchiladas and tamales to upscale alta cocina Mexicana such as shrimp ceviche and mango salsa these recipes are authentic simple to prepare with supermarket ingredients and fully satisfying in moderate portions Every recipe includes nutritional analysis calories protein carbs fat cholesterol fiber sugar and sodium You ll also find information on Mexican cooking and nutrition ingredients techniques and equipment Try the recipes in Naturally Healthy Mexican Cooking and you ll discover that comfort food can be both delicious and good for you Buen provecho

**Insiders' Guide® to Tucson** Mary Paganelli Votto,2012-01-10 Your Travel Destination Your Home Your Home To Be Tucson Savor the Southwestern cuisine Bask in 350 days of sunshine a year Find inspiration in the desert and mountain landscape A personal practical perspective for travelers and residents alike Comprehensive listings of attractions restaurants and accommodations How to live thrive in the area from recreation to relocation Countless details on shopping arts entertainment and children s activities *International Who's Who of Authors and Writers 2008* Europa Publications,2007-08-23 An invaluable source of information on the personalities and organizations of the literary world

**The Tex-Mex Cookbook** Robb Walsh,2004-06-15 Nobody knows Tex Mex like Houstonian Robb Walsh who has spent much of his career researching the vibrant Mexican American and Texan kitchen *Taste of Tucson* Jackie Alpers,2020-06-24 RUSA BOOK AND MEDIA AWARD WINNER MPIBA s EATING THE WEST AWARD FINALIST AMERICAN PHOTOGRAPHY 37 WINNER IPA INTERNATIONAL PHOTOGRAPHY AWARD WINNER Named one of the best cookbooks of the year by the Arizona Republic Phoenix New Times and Arizona Daily Star Learn how to make Mexican food the Sonoran way Jackie s delicious book takes me back to Tucson with each incredibly delicious recipe tied to stories and wonderful characters It will connect you to the one and only place that Tucson is What a delight Pati Jinich chef cookbook author and host of PBS s Pati s Mexican Table Award winning photographer and cookbook author Jackie Alpers shares her own inspired recipe creations in this book as well as recipes for her favorite restaurants dishes provided by 16 regional chefs while incorporating the history of the region the mysticism and lore and how it has contributed to the food of the people who live there Building from tried and true basics and tutorials on tacos enchiladas carne asada and huevos rancheros she divulges secrets to making the Tucson area s most unique Sonoran style savories and sweets including Chicken Mole Amarillo Adobo Pulled Pork Red Pozole Dark Chocolate and Coffee Figgy Pudding Cakes and more For cooks of all levels from anywhere in the world This cookbook welcomes you to bring the Sonoran region s best and most iconic tastes into your own kitchen

**Sunset** ,1999 **Roadfood, 10th Edition** Jane

Stern, Michael Stern, 2017-03-07 First published in 1977 the original Roadfood became an instant classic James Beard said This is a book that you should carry with you no matter where you are going in these United States It s a treasure house of information Now this indispensable guide is back in an even bigger and better edition covering 500 of the country s best local eateries from Maine to California With more than 250 completely new listings and thorough updates of old favorites the new Roadfood offers an extended tour of the most affordable most enjoyable dining options along America s highways and back roads Filled with enticing alternatives for chain weary travelers Roadfood provides descriptions of and directions to complete with regional maps the best lobster shacks on the East Coast the ultimate barbecue joints down South the most indulgent steak houses in the Midwest and dozens of top notch diners hotdog stands ice cream parlors and uniquely regional finds in between Each entry delves into the folkways of a restaurant s locale as well as the dining experience itself and each is written in the Sterns entertaining and colorful style A cornucopia for road warriors and armchair epicures alike Roadfood is a road map to some of the tastiest treasures in the United States

Roadfood Jane Stern, Michael Stern, 2011-05-10 For road warriors and armchair epicures alike the seventh edition of Roadfood is the key to finding some of the tastiest treasures in the United States The indispensable companion for savvy travelers nationwide Roadfood is now bigger and better than ever Totally revised and updated the seventh edition covers over 700 of the country s best local eateries including more than 200 brand new listings along with up to date descriptions of old favorites An extended tour of the most affordable most enjoyable dining options along America s highways and back roads Roadfood offers enticing satisfying meal time alternatives for chain restaurant weary travelers The Sterns provide vivid descriptions and clear regional maps that direct people to the best lobster shacks on the East Coast the ultimate barbecue joints in the South the most sizzling steakhouses in the Midwest and dozens of top notch diners hotdog stands ice cream parlors and other terrific spots to stop for a bite countrywide

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