Psoriasis Fast Facts

- More than eight million Americans have psoriasis.
- About 60 percent of people with psoriasis say it's a large problem in their life.
- Psoriasis usually begins between ages 15 and 25 but can happen at any age.
- Psoriasis is most prevalent among Caucasians, but it can happen to people of any race.
- There are several types of psoriasis, and plaque psoriasis is the most common.
- One in three people with psoriasis develops psoriatic arthritis.

Fast Facts Psoriasis

Carol A. Miller

Fast Facts Psoriasis:

Fast Facts: Psoriasis Alan Menter, Catherine Smith, Jonathan Barker, 2014-10-01 Psoriasis can no longer be considered a mere skin disease it is a spectrum of different conditions requiring a spectrum of different treatments Yet the systemic and psychosocial consequences of the condition often go unrecognized The fourth edition of this refreshingly readable handbook explores the potential to improve the quality of life of patients by reducing the range of comorbidities associated with psoriasis including arthritis cardiovascular disease and inflammatory bowel disease Fast Facts Psoriasis is packed with practical information on all aspects of this increasingly treatable disease including a concise review of the immunologic and genetic aspects of the disease a well illustrated guide to clinical presentation and differential diagnosis all management options from topical treatments to current and emerging receptor targeted therapies a commonsense approach to management by rotating and combining therapies a fully updated chapter on psoriatic arthritis Fast Facts Psoriasis is essential reading for the primary care team dermatology trainees and specialists in cardiology gastroenterology and rheumatology who want to learn all about psoriasis but have little time to spare Contents Epidemiology and pathophysiology Clinical presentation Differential diagnosis General management approach Topical Therapy Phototherapy and photochemotherapy Systemic therapy Receptor targeted biological therapies Psoriatic arthritis Future trends Useful Fast Facts: Benian Prostatic Hyperplasia Roger S. Kirby, Peter J. Gilling, 2011-08-01 Most men with BPH can be resources diagnosed and managed in the primary care setting In choosing appropriate treatment clinicians must take into account not only the nature and severity of symptoms but also the preferences of the patient and his immediate family cost benefit considerations and long term effectiveness of therapy Written by two leading urologists Fast Facts Benign Prostatic Hyperplasia provides a refreshingly readable practical overview of the pathophysiology diagnosis and treatment of BPH including Use of DRE and PSA results to discriminate between prostate cancer and BPH An evidence based review of the latest medical therapies A concise overview of the surgical and minimally invasive treatment options When to refer to a urologist There is important work to do to raise awareness of men s health issues in general and the problem of BPH in particular Lower urinary tract symptoms are among the commonest reasons for a man to consult his doctor and this ever popular book the first 7th edition in the Fast Facts series remains a must read for all primary care providers Contents Pathophysiology Diagnosis Medical management Traditional surgical treatment options Minimally invasive treatment options Considerations in treatment decisions Issues in BPH Useful resources **Fast Facts: Disorders of the Hair and Scalp** Rodney Sinclair, Vicky Jolliffe, 2013-08-21 Hair is inextricably linked with an individual s sense of worth personal style and self confidence If this is overlooked by clinicians patients presenting with hair disorders may feel undertreated and underappreciated Fast Facts Disorders of the Hair and Scalp is a practical resource that will help healthcare professionals diagnose a wide range of hair and scalp disorders including different types of hair loss perform further investigations and

where appropriate provide treatment options Highlights include A well illustrated overview of hair biology and the normal hair cycle A clear guide to history taking observational examination and investigation Over 70 tables illustrations and photographs to aid clinical diagnosis A concise explanation of the role of androgens and genetics in male and female pattern hair loss Practical steps for the assessment of diffuse hair loss Comprehensive details of topical and systemic therapies for alopecia areata A classification of scarring alopecias with treatment options Scalp disorders presented by symptom scaly itchy or painful An overview of special problems in children This fully revised second edition of Fast Facts Disorders of the Hair and Scalp is an ideal resource for primary care practitioners practice nurses trainee dermatologists and medical students wanting to provide the most appropriate therapeutic cosmetic and supportive advice to their patients and for trichologists and consultant dermatologists wanting to keep up to date and informed on the many hair and scalp disorders Contents Anatomy and physiology Diagnosis Androgenetic alopecia Diffuse hair loss telogen effluvium Alopecia areata Trichotillosis and traction alopecia Scarring alopecia Tinea capitis Hirsutism and hypertrichosis Scalp disorders Special problems in children Hair transplantation care and cosmetics Useful resources Fast Facts ProQuest, 2008 Fast Facts: Minor Surgery Christopher J. Price, Rodney Sinclair, 2008-01-01 Dermatological surgery is practised routinely in primary care and most minor procedures are straightforward and require minimal time Success is dependent on the practitioner's ability to recognize lesions choose and plan appropriate treatment and surgical interventions and perform surgical procedures Fast Facts Minor Surgery second edition provides an overview of the good practice and operative set up required for dermatological surgery the skin lesions commonly encountered in primary care and the various techniques and procedures involved in their treatment Contents Operative set up and equipment Local anesthesia Lesion identification and management Treatment planning Avoiding complications Suturing techniques and removal Surgical procedures Examining your practice

Fast Facts: Ankylosing Spondylitis Maxime Dougados, Désirée van der Heijde, 2004-04-01 Fast Facts Ankylosing Spondylitis is a practical fact filled handbook for health professionals who need to update their knowledge of this disorder for the benefit of the patients in their care Provides a concise overview of the clinical features of the disease and differential diagnosis Includes the most recent information on the genetic basis of this disorder Covers the various management options including physical therapy non steroidal anti inflammatory agents and disease modifying drugs Highlights recently developed biological agents In addition to providing a wealth of practical information for use in patient care this text reviews future directions for investigation and management of this debilitating disease Contents The spectrum of spondylarthropathies Genetic aspects Epidemiology and socioeconomic impact Clinical features Assessment Physical therapy Non steroidal anti inflammatory drug therapy Disease controlling antirheumatic therapy Future trends Useful resources Fast Facts:

Dermatological Nursing Rebecca Penzer-Hick, Sarah Copperwheat, Lucy Moorhead, Saskia Reeken, Melanie Sutherland, Julia Wheeler, Heulwen Wyatt, 2022-12-16 Providing dermatology care to the large number of people with skin disease requires a

workforce that is appropriately trained and competent to meet patients needs safely and effectively Nurses form a critical part of the team that provides that care and they are increasingly developing new skills and approaches that complement the skills of the other healthcare professionals they work with Here we aim to provide practical guidance for developing these more advanced roles with signposting to additional resources After reading this Fast Facts resource dermatology nurses will be aware of a variety of career pathways in subspecialist dermatology fields have a clear understanding of the clinical skills required in these areas know how to proceed with their training Fast Facts: Menopause David H. Barlow, Barry G. Wren, 2005-08-01 Fast Facts Menopause is a concise handbook designed to provide an overview of menopausal and postmenopausal health issues and their management Although effective therapies for symptoms are available controversies surrounding some of the available treatments have made potential users wary In the second edition of this succinct and practical text two eminent specialists review in detail the causes and consequences of menopausal symptoms and the options available to women today The text is evidence based drawing on the results of the most recent research to provide general practitioners specialist nurses gynaecologists and other healthcare professionals with an increased understanding of the physiological and psychological effects of the menopause and to contribute to more effective management Contents Stages effects and implications Vasomotor function Osteoporosis Urogenital changes Neurological symptoms Sexuality Symptom management Types of hormone therapy Side effects of hormone therapy Endometrial bleeding with hormone therapy Risks of hormone therapy Tibolone Alternatives to hormone therapy Fast Facts: Thyroid Disorders Gilbert H. Daniels, Colin M. Dayan, 2006-01-01 Abnormalities of thyroid function rival diabetes mellitus in terms of prevalence and can affect any system in the body In the UK and North America it is estimated that palpable thyroid nodules are present in 1 in 20 of the population and in the UK alone 20 000 tests are carried out each year in clinical chemistry laboratories. Thus all doctors can expect to encounter thyroid disease in one form or another Thyroid disorders are generally very responsive to treatment but there are traps for the unwary not least because of the frequent atypical presentations and the widespread prevalence of subclinical disease Fast Facts Thyroid Disorders is written by two leading experts of international standing who share a wealth of clinical and research experience The text which is comprehensively illustrated to make core clinical information easily accessible is a concise and practical guide for all who manage patients with these common conditions A concise guide to the recognition of thyroid disorders and the selection of appropriate thyroid function tests Provides expert advice on when to test when to treat and when to refer ensuring rapid initiation of appropriate therapy Highlights the particular challenges posed by thyroid disease during pregnancy Covers the management of thyroid eye conditions Sound dependable advice for the healthcare team and patient in coping with these common conditions Contents Glossary Introduction Thyroid physiology and function tests Hyperthyroidism etiology and presentation Hyperthyroidism diagnosis and management Hypothyroidism etiology and presentation Hypothyroidism diagnosis and management Pregnancy and the thyroid Thyroid nodules and thyroid

Fast Facts: Osteoarthritis Philip G. Conaghan, Amanda E. Nelson, 2017-10-16 Worldwide osteoarthritis is one of cancer the most rapidly rising conditions associated with disability For most people it is a syndrome of joint pain and stiffness with associated functional problems that have a substantial effect on quality of life As well as expert advice on well established diagnostic criteria and the latest practical treatment information this comprehensive handbook provides updates on the genetics of the disease novel concepts of the association between structural changes and pain recent recommendations for the use of modern imaging modalities the latest on intra articular therapies an insight into current developments in the field For all healthcare professionals who have ever felt unable to provide effective therapy for this disease or who have encountered negative patient and community attitudes to joint pain Fast Facts Osteoarthritis is essential reading Something can be done to help every person with osteoarthritis Fast Facts: Biosimilars Paul Cornes, David J. Bennett, 2018-04-09 Biosimilars have been in clinical use for more than 10 years and evidence from more than 700 million patient days exposure shows that approved biosimilars can be used as safely and effectively as their originator biologics And yet concerns about these drugs persist particularly in therapy areas where they are recent additions to the formulary It is vital to address these concerns so that clinicians can prescribe biosimilars with confidence realizing substantial cost savings and improving patient access to effective treatments Fast Facts Biosimilars provides a comprehensive yet concise explanation of biosimilars what they are how they are regulated and how they are used in clinical practice It is ideal for healthcare professionals and decision makers who want to understand biosimilars and the key concerns and controversies around these valuable products Contents 1 An introduction to biologics and biosimilars 2 Why do we need biosimilars 3 How is the quality of biosimilars assured 4 How is the efficacy and safety of biosimilars ensured 5 What has been the experience with biosimilars to date 6 The future of biosimilar medicines 7 How do I use biosimilar medicines Fast Facts: Acne Alison M. Layton, Diane Thiboutot, Vincenzo Bettoli, 2016-01-04 Acne is one of the ten most common diseases worldwide and is the inflammatory skin disease seen most frequently by community physicians and dermatologists Over the last decade knowledge of acne pathophysiology and etiologic factors has expanded resulting in the development of novel treatments that target clinical lesions and improve patient outcomes However the vast number of therapeutic options that are now available can pose a challenge to the prescribing clinician selecting the preferred treatment Fast Facts Acne is primarily aimed at family practitioners nurse prescribers pharmacists and dermatology trainees This fully updated edition provides a concise overview of the clinical features of acne reviews available treatments including their respective modes of action and potential adverse events and advises on treatment selection with the implicit goal of minimizing the physical and emotional scarring associated with this challenging disease It also discusses the use of antibiotics and given current concerns regarding overprescribing and antibiotic resistance this highly readable resource is a timely addition to the Fast Facts series Contents Epidemiology Pathophysiology etiology and modifying factors Diagnosis Psychosocial aspects Topical therapy Oral Therapy Physical

treatments for acne and scarring Acne care pathway Future trends and areas of need Acknowledgements and useful Fast Facts: Multiple Sclerosis Mary Rensel, Orla Gray, 2016-08-29 Since the last edition of this book no resources evidence of disease activity NEDA has been proposed as a new treatment target early data on the first pharmacological treatments for progressive MS have emerged and the first remyelination trial has shown positive effects on nerve repair It is with this sense of optimism that the authors of Fast Facts Multiple Sclerosis have detailed the latest developments for use in clinical practice by all members of the multidisciplinary team including a concise overview of investigations and modern diagnostic criteria a holistic approach to all signs and symptoms and proactive relapse management the latest disease modifying drugs including when to treat choice of drug and risk versus benefit With case histories that will help to guide treatment decisions discussion of the special considerations for MS during pregnancy and in children and the elderly and a detailed outline of emerging therapies this book will benefit all healthcare professionals involved in the care of patients with this complex disease Fast Facts: Bipolar Disorder Guy Goodwin, Gary Sachs, 2010-01-01 Fast Facts Bipolar Disorder is a highly accessible synopsis of current understanding of and strategies for bipolar disorder Written by two experts of international renown this fully updated second edition of the book describes the diagnosis etiology and short and long term treatment strategies for this historically neglected condition Bipolar disorder is no longer a rare disorder seen only by psychiatrists working with psychotic inpatients and this handbook provides an invaluable update on the topic to all those involved in the care of people with the condition primary care physicians psychiatrists therapists and specialist nurses The information may also prove useful to people with bipolar disorder and their families Contents Definitions diagnosis and comorbidity Etiology Epidemiology The patient's perspective Enhanced care Short term treatments Long term treatments The future Useful resources Fast Facts: Skin Cancer Karen L. Agnew, Christopher B. Bunker, Sarah T. Arron, 2015-09-16 Skin cancer is both preventable and treatable yet it is becoming alarmingly common The key to successful treatment other than education and prevention is early recognition and swift referral Fast Facts Skin Cancer has been written by three international experts to equip healthcare professionals with the necessary skills to save lives Highlights include Expert presentation of the basic facts on epidemiology causation presentation and management Over 100 color illustrations to assist with the identification of at risk individuals and early lesions Pull out tables of cancer staging for cutaneous squamous cell carcinoma and melanoma Advice to give patients on self examination A thorough overview of all treatment options topical therapies cryotherapy curettage and electrosurgery photodynamic therapy and lasers radiotherapy surgical excision and Mohs micrographic surgery Discussion of preventive measures This fully updated second edition is a practical evidence based resource written from an international perspective to reflect national and international guidelines It will assist clinical practice education training audit and research and is essential reading for generalists and specialists alike Contents Epidemiology Pathogenesis Clinical features and diagnosis Management Prognosis Prevention Future trends Fast Facts:

Cutaneous T-cell Lymphoma Paul L. Haun, Julia J. Scarisbrick, 2025-07-14 This fully updated second edition of Fast Facts Cutaneous T cell Lymphoma has been written to help primary care providers pathologists and general dermatologists recognize the wide range of clinical presentations histopathological patterns and work up needed for the diagnosis of CTCL

Fast Facts for Health Promotion in Nursing Carol A. Miller, 2013-03-27 This addition to the Fast Facts series provides a succinct guide for nurses in adult health clinical settings and fills the need for an easy to use clinical reference that delivers a quick access reference on ways to incorporate wellness into their work helping to improve patient outcomes and throughout their daily lives helping to reduce personal and professional stress and improve their overall wellness There currently is no clinical reference book that nurses can use for health promotion in general and health promotion for wellness in particular Having such a reference is especially pertinent to nurses who learned about health promotion in academic nursing programs but did not learn about health promotion in the broader context of promoting wellness Since Florence Nightingale nurses have considered health promotion interventions particularly patient education as an essential component of nursing care Historically these interventions traditionally focused on physical health concerns such as nutrition exercise and fresh air and more recently on immunizations and screening for disease e.g. cancer diabetes hypertension and cardiovascular disease Because health promotion has expanded to include wellness nurses now address issues related to broader aspects such as stress reduction body mind connectedness and self responsibility At the same time that wellness has become an important focus of care health care providers increasingly are emphasizing cost effectiveness and use of advanced technology As a result of these concurrent trends nurses experience high levels of job related stress and have less time to promote patient wellness as an integral part of their care even though they recognize its importance In addition nurses increasingly recognize that job related pressures negatively affect them personally and they are looking for ways to incorporate wellness in their work and personal experiences Fast Facts for Health Promotion for Wellness FF HP fills the need for an easy to use clinical reference that delivers a guick access reference on ways to incorporate wellness into their work and throughout their daily lives This book Helps nurses understand wellness in the context of health promotion Clearly defines wellness as it applies to the practice of nursing Describes evidence based techniques that nurses can readily incorporate into their usual care to promote wellness for their patients Provides easy to use assessment tools for identifying wellness related needs of patients Provides easy easy to use tools for teaching patients about interventions to promote wellness Provides evidence based information about complementary and alternative practices that nurses often address in patient care situations Provides information about reliable resources for patient teaching and additional information about topics Discusses ways in which nurses can achieve self wellness Fast Facts: Dermatoses in Skin of Color Paul Devakar Yesudian. Patrick Yesudian, Rohan Isaac Yesudian, 2025-01-31 This dermatology book is different it brings to the fore the number of variables in morphology in skin of color resulting in a long shopping list of differential diagnoses which will serve as a ready reckoner for

students registrars postgraduates nurses and general practitioners who are likely to encounter patients of color Drawing on the latest scientific research and clinical expertise the authors shed light on the incidence presentation and treatment of dermatoses in skin of color for a patient population who have historically been underserved by the medical community

NIH MedlinePlus ,2013 Medical Disorders in Pregnancy S. Elizabeth Robson, Jason Waugh, 2013-02-04 Praise for the 1st edition This book is a must have for any midwife particularly those working in the community clinics and in high risk areas This book is an extremely useful reference tool MIDIRS Midwifery Digest The important facts are laid out concisely primarily focusing on management using evidence based guidelines for best midwifery practice RCGP Journal Medical Disorders in Pregnancy A Guide for Midwives 2nd edition clearly outlines existing and pre existing conditions which women can experience during pregnancy This comprehensive and practical handbook identifies issues for pre conception care defines the condition explores possible complications outlines recommended treatment and emphasizes specific midwifery care This fully revised and updated edition of Medical Disorders in Pregnancy A Guide for Midwives builds on the success of the first edition by covering more subjects It includes physiology more illustrations and algorithms and its accessible reference style text enables information to be quickly and easily found Special Features A practical guide on medical disorders written specifically for midwives Jointly written by medical and midwifery experts in the field Accessible reference style format makes information easy and quick to find Emphasis on inter professional working

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