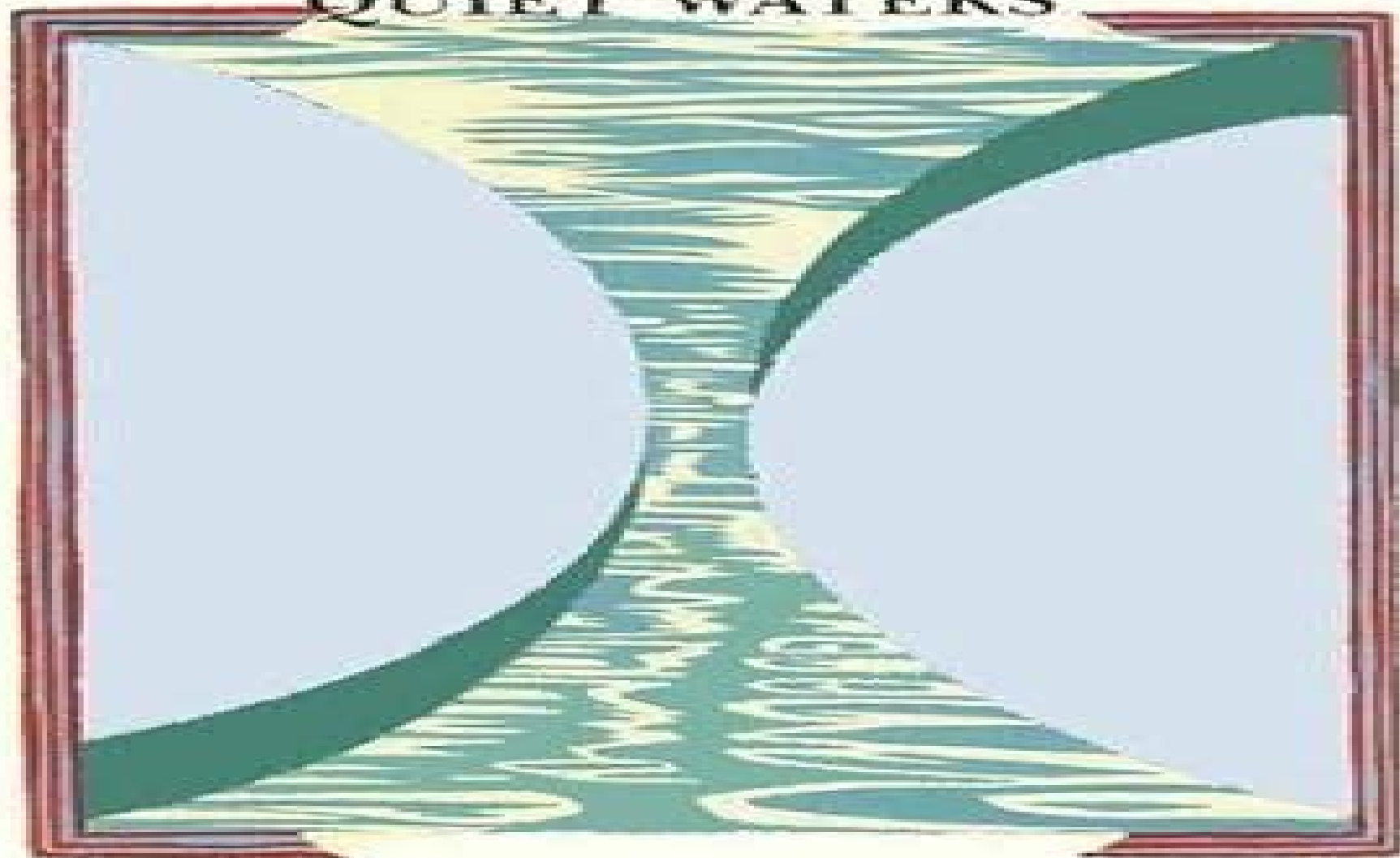


FLOWING BRIDGES, QUIET WATERS



Japanese Psychotherapies,
Morita and Naikan

DAVID K. REYNOLDS

Flowing Bridges Quiet Water Japanese Psychotherapies

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Water Bears No Scars David K. Reynolds, 1987 David K Reynolds third volume of instruction in the Japanese way to a happier life *Water Bears No Scars* is a positive pragmatic approach to overcoming neuroses through a focus on the here and now and the acceptance that we are responsible for our actions but not our feelings

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