

# “The Adolescent Brain VS. the Adult”

Frontal Lobe is the part of our brain that controls impulse, emotion, judgment and empathy in an adult like fashion. Limbic system controls impulse, sexual behavior, emotion and risk/reward. There is a temporary imbalance in the rate of development of the two systems in the adolescent brain which causes a challenge when it comes to making the right decision. Teens and adults possess the same capacity to see between right and wrong, but teens have trouble making the correct decision in the moment.

Teens think with the amygdala,  
the emotional part of the limbic system

The emotional center of the brain and decision-making  
part are developing at different rates, leading to more  
emotions and less thinking when making decisions

Teens are more likely to

Be impulsive,  
quick-tempered,  
unpredictable, flaky,  
emotional, self-destructive,  
mischievous, irritable,  
troublesome



Adults think  
with the  
prefrontal  
cortex

Leading to rational  
decision making and being  
aware of consequences



# From Adolescent To Adult

**David Dean Brockman**



**From Adolescent To Adult:**

## Decoding **From Adolescent To Adult**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**From Adolescent To Adult**," a mesmerizing literary creation penned by a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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